

Helpful Information to give when calling 911:

- Your name
- Subject's name
- Address for police to respond to
- Age, height, weight and clothing of subject
- Medications subject may take
- Subject's diagnosis
- Any current or prior violent behavior
- Current or past drug use
- Triggers
- Current or past history of psychosis
- Current or past delusions/hallucinations
- Possible weapons subject may have (real or fake)
- What has helped de-escalate past situations

Mental Health Authorities

Austin/Travis County—Integral Care

<http://www.integralcare.org>

Main phone: (512) 447-4141

Crisis phone: (512) 472-4357

Williamson County—Bluebonnet Trails Community Services

www.bbtrails.org

Main phone: (512) 255-1720

Crisis phone: (800) 841-1255

Hays County—Hill Country Mental Health & Developmental Disabilities Centers

www.hillcountry.org

Main phone: (830) 792-3300

Crisis phone: (877) 466-0660



Austin Police Department

Crisis Intervention Team

(512) 854-3450

In the event of an emergency, or if you need immediate assistance, call 911.

Hospital Emergency Departments

In the event of a medical concern in conjunction with a mental health crisis, any local hospital emergency department can provide treatment and mental health referrals.

Contact APD Crisis Intervention Team with any questions.... (512) 854-3450

Important Numbers

Emergency.....911

Austin Police CIT Office
512-854-3450

Psychiatric Emergency Services (PES)
512-472-HELP (4357)

National Suicide Hotline

Dial 988 Or
1-800-273-TALK (8255)
Veterans press 1

Suicide Hotline
512-472-HELP (4357)

General Resources:

Adult/Child Protective Services

<http://www.dfps.state.tx.us/>

1-800-252-5400

Austin Travis County Integral Care (ATCIC)/Psychiatric Emergency Services

www.integralcare.org

(512) 472-HELP (4357)

Bluebonnet Trails Community Services

<http://bbtrails.org/services/crisis-services/>

1-800-841-1255

Dell Seton Emergency Behavioral Health Unit

<https://www.seton.net/behavioral-health-care/emergent-psychiatric-treatment/>

(512) 324-2039

Mental Health TX

<https://mentalhealthtx.org/>

NAMI Central Texas

(National Association on Mental Illness)

www.namicentraltx.org

(512) 420-9810

Mobile Crisis Outreach Team

<https://integralcare.org/program/mobile-crisis-outreach-team-mcot/>

(512) 472-HELP (4357)

Intellectual or Developmental Disabilities:

ARC of the Capital Area

<http://www.arcaustin.org/>

(512) 476-7044

Homeless Service:

PATH/ACCESS Homeless Services

<https://integralcare.org/program/pathaccess-homeless-services/>

(512) 472-HELP (4357)

Inpatient Services Adults:

Judge Guy Herman Center

<https://integralcare.org/en/judge-guy-herman-center-for-mental-health-crisis-care/>

(512) 804-3770

Rock Springs

<https://rockspringshealth.com/>

(512) 746-7345

Adults, Teens & Seniors:

Georgetown Behavioral Health

<https://www.georgetownbehavioral.com/>

(877) 500-9151

Children & Adults:

Austin Oaks Hospital

<https://austinoakshospital.com/>

(512) 440-4800

Cross Creek Hospital

<https://www.crosscreekhospital.com/>

(512) 549-8021

Austin State Hospital

<https://hhs.texas.gov/services/mental-health-substance-use/state-hospitals/austin-state-hospital>

[austin-state-hospital](https://hhs.texas.gov/services/mental-health-substance-use/state-hospitals/austin-state-hospital)

(512) 452-0381

Youth:

Scheib Mental Health Center

<http://www.scheibcenter.org/>

(512) 392-7151

Dell Seton Children's

<https://www.dellchildrens.net/behavioral-health/>

(512) 324-0029

Veteran Services:

Central Texas Veterans Health Care System—Austin/Central TX

<https://www.centraltexas.va.gov/locations/Austin.asp>

(512) 823-4000

Military Veteran Peer Network

<https://www.texvet.org/partners/mvnpn-military-veteran-peer-network>

(512) 527-4584

Veterans Administration (VA)

<https://www.centraltexas.va.gov/locations/Austin.asp>

(512) 823-4000