



CONLEY GUERRERO SENIOR ACTIVITY CENTER

808 Nile Street Austin, Texas 78702
512-978-2660

Monday/Wednesday/Friday 8:00a - 5:00p
Tuesday/Thursday 8:00a - 6:00p

<http://www.austintexas.gov/department/conley-guerrero-senior-activity-center>

Austin Parks and Recreation Department - Seniors



JULY 2019

*Celebrating 30 Years
Uplifting 50+ Adults since 1988*



The City of Austin is proud to comply with the Americans with Disabilities Act. If you require assistance for participation in our programs or use of our facilities, please call (512) 974-3914.



General Information

Austin Parks and Recreation Department Mission Statement

Inspire Austin to learn, play, protect and connect by creating diverse programs and experiences in sustainable natural spaces and public places.

Conley-Guerrero Senior Activity Center Mission Statement

The purpose of the Conley-Guerrero Senior Activity Center is to provide quality recreational and cultural activities and programs to seniors in order to enhance their quality of life.

Austin Parks and Recreation Department Refund Policy

The activity/program fee is refunded in full only if the class is cancelled by the Austin Parks and Recreation Department. In the event you need to withdraw from a class due to personal reasons, personal injury/illness, etc., the prorated activity fee minus a \$35 processing charge will be refunded. A medical verification may be required. Please allow 4-6 weeks for refunds to be processed and mailed - **no cash** refunds will be given. If the refund amount is less than \$35, no refund will be issued but you may receive a class credit form to be used within 90 days.

Resident/Non-Resident Fee Structure

The City of Austin Parks and Recreation Department (PARC) is implementing a resident and non-resident fee structure approved by Austin City Council beginning Fiscal Year 2014-2015 as of October 1, 2014. Residents (**R**) of Austin property taxes contribute directly to support the operations of the City of Austin. The non-resident (**NR**) rate ensures that individuals living outside of Austin contribute to the funding of the City of Austin on an equal basis with residents.

Conley-Guerrero SAC Annual Enrollment Form and Donation

Please stop by the front desk and renew your enrollment form for 2018-2019.

Only Conley-Guerrero Advisory Board members can receive the annual donations of \$5.00.

GIFTS AND MEMORIAL FUNDS

Honor a relative or a friend with a gift to the Conley-Guerrero Senior Activity Center in his/her memory. Acknowledgments will be mailed promptly to the family or individual indicated by the donor. Your gift will be dedicated to the activities of the participant.

Enclosed is my gift of \$ _____

In memory of _____

Please mail to: Gifts and Memorial Fund

Conley-Guerrero Senior Activity Center (Attention: CGSAC Advisory Board)

808 Nile Street Austin, Texas 78702

UPCOMING EVENTS

Celebrating Independence Day

4th of July

Wednesday, July 3

10:00am - 11:45am



Prize Bingo

Hot Dogs

Chips

Tea

Sponsored by the Assurance group

New Classes



Ritmos Latinos! (*Latino Rhythms!*) Martes (*Tuesdays*) 10a-11:30a

This class uses Latino dance rhythms like salsa, mambo, and cumbia to give physical fitness a fun and cultural twist! Ms. Jenny leads a slow warm-up with strengthening exercises, coordination, and balance exploration and finishes with short dance sequences using iconic Latino rhythms. Get healthier by dancing!

**Presentada en español e inglés (Presented in Spanish and English)*

Instructor: Ms. Jenny Ramos
Cost: Free

Costura (*Sewing*) Martes (*Tuesdays*) 12:30p-3p

This class is open to all levels of sewers, beginners or advanced! Ms. Luisa will guide everyone through individual projects (*Your choice or hers!*) that will teach and improve hand and machine sewing techniques. From altering or fixing clothes, to craft projects that showcase your creativity, come and express yourself with a needle and thread!

**Presentada en español e inglés (Presented in Spanish and English)*

Instructor: Ms. Luisa Gutierrez
Cost: Free

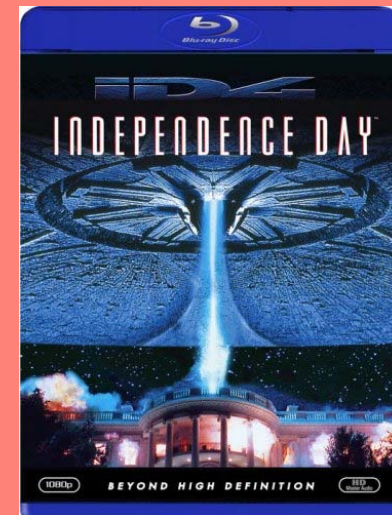


Movie

Come in out of
the weather for a
free movie

Thursday, July 11th @ 1pm
Independence Day I

Thursday, July 25th @ 1pm
Independence Day II



PG-13
Sponsored by

Guerrero Guild
Light Refreshment

Conley-

Presentation



Stepping On Workshop
Building Confidence, Reducing Falls
 Wednesdays, July 10th and 17th
 10:00a-12:00p

Take a Stepping On workshop!
 Stepping On can help you avoid a dangerous and costly fall so you can keep doing the things you love to do. In just seven weeks, you'll learn:

- ▶ To identify and remove or avoid fall hazards in your home and outside
- ▶ How vision, hearing, medication, and footwear affect your risk of falling
- ▶ Strength and balance exercises you can adapt to your individual level
- ▶ To get back on your feet the right way if you do fall

Stepping On has been researched and proven to reduce falls by 30%!

A fall could change everything

 **Dell Seton Medical Center**
 at The University of Texas

Special Classes

Ageing is Cool
 July 29th-August 2nd
 10a-11a



Stay Smart

Brain health is as important as physical health as you age.

- ◆ Travel series - Aborigines of Australia, Egypt and Its Wonders, Italy
- ◆ Pop Culture - Let's All Go To the Movies (Oscar Winners), I Watched it all on my Radio (old radio shows), The Boob Tube (The Golden Age of Television)
- ◆ Science series- NASA, The Moon Landing, Robots
- ◆ Stay Smart Brain Training



Do you own your home?

Need FREE home repairs?

You could be next!


Since 1989, **Hands on Housing** has repaired over 1,400 homes in Austin.

Visit us at Conley-Guerrero on

- Monday, June 10, 11-1pm
- Wednesday, June 19, 11-1pm
- Thursday, July 18, 10-12pm

Contact us for more information!

Email | hoh@interfaithtexas.org
 Phone | 512-386-9145



PRIZES!


SAFETY TIPS

WHAT: A fun senior driver bingo game with opportunities to win prizes. As well as an interactive discussion on senior driver road safety concerns, and recommendations to be safer on Texas roads.

WHEN: Monday, July 29, 11 a.m. – Noon

WHERE: Conley-Guerrero Senior Activity Center
 808 Nile St.
 Austin, TX 78702

CONTACT: Amber Trueblood
 Texas A&M Transportation Institute
 A-Trueblood@tti.tamu.edu
 or (979) 317-2542



PUBLIC MEETINGS

GUILD MEETING
Thursday, Sept 19
9a

ADVISORY BOARD MEETING
Tuesday, Sept 24
1:15p

Birthday Celebration

Friday, July 26 at 12p
Join us for cake and ice cream to celebrate all friends' birthdays!!!



**Blood Pressure Checks
with Wesley Nurse
Health Ministries**

**Tuesday
July 23
10:30a-11:30a**
Game Room II

**Nurse: Sharon
Cost: Free**



COMMUNITY GARDEN

Join our group on Wednesdays to help with our summer garden maintenance and harvesting. Whether you have a green thumb to lend, or want to develop one, stop by our community garden.

Every Wednesdays at 9:30a



GAMES

Domino Group
Mondays, Wednesdays & Fridays
8a-4:45p
Tuesdays and Thursdays
8a-5:45p
The group plays regular dominoes.

Bridge

All Levels
Tuesdays and Thursdays
2p-5:45p

Coordinator: Mrs. Maery L. Street
Contact Front Desk for more information

Billiards Room
Monday - Friday
8a-4:45p

Bingo
Mondays, Wednesdays and Fridays
1p-2:30p

Socialize and play bingo
\$1.00 per card
(Volunteer Callers needed)
Contact Front Desk for more information



Open Puzzle Table

Mondays, Wednesdays & Fridays
8a-4:45p
Tuesdays and Thursdays
8a-5:45p

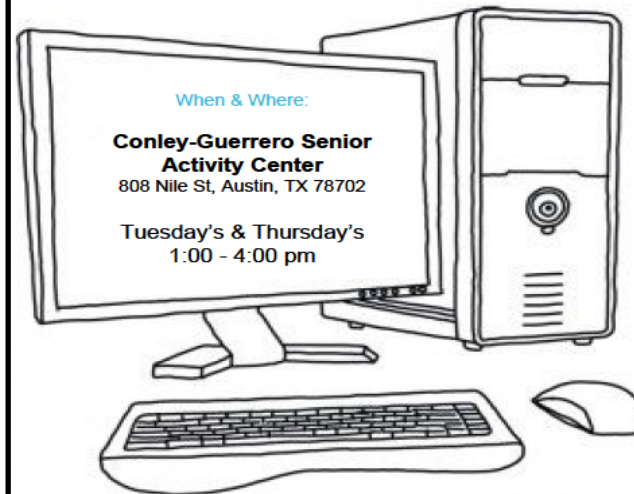
TECHNOLOGY

Free Computer Classes

WE TEACH THE SKILLS YOU WANT TO LEARN



sustinfree.net



When & Where:
**Conley-Guerrero Senior
Activity Center**
808 Nile St, Austin, TX 78702
Tuesday's & Thursday's
1:00 - 4:00 pm

**Drop in during
class hours or call
(512) 236-8225 to
register for classes**

**Instructor:
Alix Potter**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 Ceramics 9a Exercise 1&2 9:30a Bible Study 10a-11a Bingo 1p Floor Yoga 1p-2p Spanish Class 1p-3:30p</p>	<p>2 Ballet Folklorico 9a Zumba Dance 9a Trip: Water Exercising 9:30a Free Computer Class 1p-4p Pickleball 1p-5:45p (No Class)</p> <p>City Meeting 4p-8p</p>	<p>3 Exercise 1&2 9:30a Independence Day 10a Quilting 10:30a & 1p Bingo 1p Spanish Class 1p-3:30p</p>	<p>4 Closed For Holiday</p>	<p>5 Exercise 1&2 9:30a Bingo 1p Chair Yoga 2p-3p</p>
<p>8 Ceramics 9a Exercise 1&2 9:30a Bible Study 10a-11a Trip: Dart Bowl 9:30a Bingo 1p Floor Yoga 1p-2p Spanish Class 1p-3:30p</p>	<p>9 Ballet Folklorico 9a Zumba Dance 9a Trip: Water Exercising 9:30a NEW Latino Rhythms 10a NEW Sewing 12:30pm Free Computer Class 1p-4p Pickleball 1p-5:45p (No Class)</p>	<p>10 Exercise 1&2 9:30a Stepping On 10a-12p Quilting 10:30a & 1p Bingo 1p Spanish Class 1p-3:30p</p>	<p>11 Bible Study 10a-11a R&B Line Dance 10a-11a Ceramics 1p Free Movie 1-3p Free Computer Class 1p-4p T'ai Chi 1p-2p Pickleball 1p-5:45p Bridge 2p</p>	<p>12 "Terrarum" 8:30a Exercise 1&2 9:30a Bingo 1p Chair Yoga 2p-3p</p>
<p>15 Ceramics 9a Exercise 1&2 9:30a Bible Study 10a-11a Bingo 1p Floor Yoga 1p-2p Spanish Class 1p-3:30p</p>	<p>16 Ballet Folklorico 9a Zumba Dance 9a Trip: Water Exercising 9:30a NEW Latino Rhythms 10a NEW Sewing 12:30pm Free Computer Class 1p-4p Pickleball 1p-5:45p</p>	<p>17 Exercise 1&2 9:30a Age of Central Texas 10a Stepping On 10a-12p Quilting 10:30a & 1p Texas Food Bank 12:30p Bingo 1p Spanish Class 1p-3:30p</p>	<p>18 Bible Study 10a-11a Book Club 11a R&B Line Dance 10a-11a Interfaith of Central Texas 11a Ceramics 1p Free Computer Class 1p-4p T'ai Chi 1p-2p Pickleball 1p-5:45p Bridge 2p</p>	<p>19 Exercise 1&2 9:30a Fun with Spoonerisms 11a Bingo 1p Chair Yoga 2p-3p</p> <p>July 20th Trip: Blanco Market 8:30a</p>
<p>22 Ceramics 9a Exercise 1&2 9:30a Bible Study 10a-11a Bingo 1p Floor Yoga 1p-2p Spanish Class 1p-3:30p</p>	<p>23 Ballet Folklorico 9a Zumba Dance 9a Trip: Water Exercising 9:30a NEW Latino Rhythms 10a NEW Sewing 12:30pm Free Computer Class 1p-4p Pickleball 1p-5:45p</p>	<p>24 Exercise 1&2 9:30a Quilting 10:30a & 1p Trip: Outback Steak 10:30a Bingo 1p Spanish Class 1p-3:30p</p>	<p>25 Bible Study 10a-11a R&B Line Dance 10a-11a Ceramics 1p Free Movie 1-3p Free Computer Class 1p-4p T'ai Chi 1p-2p Pickleball 1p-5:45p Bridge 2p</p>	<p>26 Exercise 1&2 9:30a Trip: Joy's Ceramics 8:30a Bingo 1p Chair Yoga 2p-3p</p>
<p>29 Ceramics 9a Exercise 1&2 9:30a Bible Study 10a-11a Aging is Cool 10a Senior Driver Educational 11a Bingo 1p Floor Yoga 1p-2p Spanish Class 1p-3:30p</p>	<p>30 Ballet Folklorico 9a Zumba Dance 9a Trip: Water Exercising 9:30a Aging is Cool 10a NEW Latino Rhythms 10a NEW Sewing 12:30pm Free Computer Class 1p-4p Pickleball 1p-5:45p</p>	<p>31 Exercise 1&2 9:30a Aging is Cool 10a Quilting 10:30a & 1p Bingo 1p Spanish Class 1p-3:30p</p>		

JULY 2019

FITNESS

BE SURE TO CHECK OUT
OUR
TREADMILLS, RECUMBENT
BIKES, WEIGHT SYSTEM AND
ELLIPTICAL TRAINERS

IF YOU NEED ASSISTANCE USING THE
EQUIPMENT, CGSAC STAFF IS
AVAILABLE TO ANSWER QUESTIONS.

Mondays, Wednesdays &
Fridays
8:30a-4:45p
Tuesdays and Thursdays
8:30a-5:45p

*You should consult your physician
or other health care professional
before starting any fitness
program to determine if it is
right for you and your needs.*

Exercise 1 *Beginner*

Mondays, Wednesdays & Fridays
9:30a-10:15a

Strengthen your body using sticks, bands, breathing exercises and traditional chair aerobics.

Volunteer Instructors: Eleanor and Martha
Cost: Free

Exercise 2 *Intermediate*

Mondays, Wednesdays & Fridays
10:30a-11:00a

Advance Strengthen your body using sticks, bands, breathing exercises and traditional chair aerobics.

Volunteer Instructors: Eleanor and Martha
Cost: Free

Yoga 101 Mondays 1p-2p

This is a sequence based hatha (Iyengar) yoga class that uses mats, blankets, blocks, and straps.

Cost: Free for July

Chair Yoga Fridays 2p-3p

This is a sequence based hatha yoga class that uses chairs as props.

Cost: Free for July

FITNESS

T'AI CHI Thursdays 1p-2p

T'ai Chi has many proven health benefits for seniors, from increased balance and bone strength, to greater strength and flexibility. T'ai Chi is also very safe and practiced slowly; it is zero impact.

Instructor: Kade Green, Sifu



Zumba Dance Tuesdays 9a-10a

Zumba is another national folkloric dance. Have fun while you lose weight. Zumba Dance Workout with one of the best Dance instructor! Keep on doing Zumba dance non stop to lose weight.



Pickleball

Tuesdays & Thursdays
1p-5:45p
(No Class July 9th)

The fastest growing senior sport in the nation. Pickleball is a paddle sport that combines elements of badminton, tennis, and table tennis. This is a two to four player's game.

Come join the fun!!!

Cost: Free

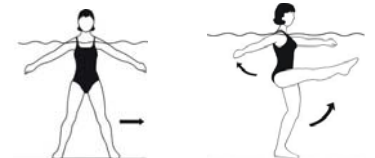
Water Exercising and Swimming at Mabel Davis Pool



Tuesdays
July 2, 9, 16, 23 and 30

Participants will be able to exercise and swim in 4 to 5 feet water. Please bring hat, sun screen, dry clothes to shower off after swimming

Depart: 9:30a
Return: 12:00p
Cost: Free
Additional Ex-



TRIPS

LOTTERY REGISTRATION DUE: Wednesday, July 3 @ 12p
REGISTRATION FEES DUE: Monday 8th @ 4p

You may sign up one other person in addition to yourself by calling or by stopping by the center. You may contact the center anytime after at Friday, July, 5th @ 12p, to find out if you were selected for a trip. Staff will call you ONLY if you were selected for a trip. All trips are subject to change due to weather, PARD director approval, or registration numbers.



Bowling and Lunch at Dart Bowl Austin, Texas Monday, July 8th

Enjoy two games of bowling and lunch at the Café.

Departure Time: 9:30a
Return Time: 1:30p
Cost: \$8.50-R/\$9.50-NR
Additional Expenses: Lunch and Purchases
Activity Level: Moderate to High



Blanco Market Days Blanco, TX Saturday, July 20th

Blanco Market Days features: arts and crafts, antiques, beautiful rugs, artistic pots, custom scents, and jewelry, etc. Plus an open air farmer's market at Yett Park

Departure Time: 8:30a
Return Time: 3:00p
Cost: \$7.00-R/\$8.25-NR
Additional Expenses: Lunch and Purchases
Activity Level: Moderate to High

TRIPS



LDO: Outback Steakhouse Austin, TX Wednesday, July 24th

Outback Steakhouse. The home of juicy steaks, spirited drinks and Aussie hospitality. Enjoy steak, chicken, ribs, fresh seafood & our famous Bloomin' Onion.

Departure Time: 10:30a
Return Time: 1:30p
Cost: \$3.00-R/\$4.00-NR
Additional Expenses: Lunch
Activity Level: Moderate



Joy's Ceramics Marion, TX Friday, July 26th

Ceramic class and participants will visit Joy's Ceramics in Marion, Texas to shop for pottery, hand poured decorative ceramic products.

Lunch at Montana Mikes in New Braunfels, Texas.



Departure Time: 8:30a
Return Time: 3:30p
Fee: \$7.00-R/\$8.25-NR
Additional Expenses: Lunch and Purchases
Activity Level: Moderate

VISUAL, LITERARY & PERFORMING ARTS

“Terrarium”

Friday, July 12th
8:30a-11a

Cost: \$5.00-R/\$6.00-NR

We will assemble a lovely glass terrarium filled with easy care succulents.



Ceramics

Beginner to Advanced
Mondays
8:30a –11a
Thursdays
1p-3p

Students will be introduced to different painting and glazing techniques. Class includes group projects and kiln firings.

Instructor: CG Staff
Cost: \$10.00-R/\$11.00-NR per month.
Addition Firing \$5.00 per item up to 12”

Ballet Folklorico Dance

All Levels Are Welcome.
Tuesdays
9a–11a

The group practices traditional Mexican folkloric ballet. This class is an excellent enhancement to your regular exercise program.

Volunteer Instructor: Debi Ramos
Cost: Free

“Golden Ace” R&B Line Dance

Thursdays
10a–11a

Get your blood pumping and feet moving to Rhythm & Blues, Hip Hop music and steps!

Volunteer Instructor: L.M. Rivers
Cost: Free

Quilting Classes Wednesdays

Beginners: 10:30a-11:45a
Intermediate: 1p-3p

This class teaches new quilters the basic concept of quilting.

Volunteer Instructor:
Margarine Beaman
Cost: Free



VISUAL, LITERARY & PERFORMING ARTS

Austin Public Library Coloring Book Club

Second Tuesdays, July 9
12:30p-1:30p
Cost: Free



Forget about the idea that coloring is for children. In a busy world, grown ups are turning to the soothing art of coloring.

Austin Public Library Book Club

Third Thursdays, July 18
11:00a–12:00p
Cost: Free



Want to join a book club but don't know where to start? Join the new book club starting at Conley Guerrero Senior Activity Center. Plus, you get to meet like-minded readers, and discover new and exciting reads.



Fun With Spoonerisms Friday, July 19th

11a - 11:45a
Cost: Free

Spoonerisms began with one Reverend W. A. Spooner of England. He often mixed the consonants of words in a sentence creating a play on words. For example, he might say “shoving leopard” when he meant to say “loving shepherd”. Try your hand at unravelling some spoonerisms and reap your rewards. “Tee you shen!”

Free Spanish Class

Beginner to Advanced
Mondays and Wednesdays
1p–3:30p

Learn Spanish language basics in a relaxed atmosphere.

Instructor: Maestro Dotson
Cost: Free

Bible Study

Mondays and Thursdays
10a–11a

Study is taught from the King James Version of the Bible. Classes are conducted from lesson plans and “open formats”.

Instructors: Various
Cost: Free

LUNCH MENU

Meet new friends while eating a hot, nutritious lunch every day at CGSAC. A \$1 donation for those over 60 is greatly appreciated to offset the cost of staff, meal-related expenses, dietary supplies, and delivery.

CONGREGATE MEAL REGISTRATION REQUIRED









Meal tickets are distributed on a **FIRST COME-FIRST SERVE** basis beginning at **9:30a** each morning.

Tickets distributed equal the number of meals ordered for that day.

Lunch is served daily **12p-12:30p** with milk and water.

For ineligible guests **OVER 60** (not registered) and guest **UNDER 60**, the cost of the meal is **\$5.39**.

Due to the unavailability of certain items, substitutions are occasionally made.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Creole Meatloaf Whipped Potatoes w/Skins Okra and Tomatoes Wheat Bread Fudge Cream Cookie Margarine Cal: 690	2 Diced Caesar Chicken Lemon Herb Pasta Green Beans with Carrots Wheat Pita Bread Lemon Pudding Cal: 784	3 Tim Andrew's BBQ Pork Rib Patty Coleslaw Seasoned Cubed Potatoes Hamburger Bun Apple Crisp Cal: 805 	4 Closed For Holiday	5 Vegetable Beef Soup ✓ Dirty Brown Rice Orange Beets Saltine Crackers Fresh Fruit Cal: 657
8 Ham/Broccoli/ Rice Casserole Parslied Carrots Dinner Roll Fresh Fruit Margarine Cal: 612 	9 Sloppy Joe Ranch Beans Tangy Spinach Hamburger Bun Cinnamon Swirl Pudding Cal: 801 	10 Chicken Quesadilla Casserole Brown Rice Green Beans with Onions Saltine Crackers Fresh Banana Cal: 645	11 Roast Beef with Gravy Ranch Roasted Potatoes Catalina Vegetables Texas Bread Fruited Cherry Gelatin Cal: 657	12 Turkey Pot Pie Whole Kernel Corn Brussels Sprouts Cornbread Fresh Fruit Cal: 701
15 Beef with Peppered Gravy Mixed Vegetables Wheat Bread Fresh Fruit Cal: 627	16 Pork Chow Mein Brown Rice Kyoro Edamame Vegetables Wheat Bread Fresh Fruit Cal: 627	17 Country Fried Steak with Gravy Lima Beans Country Tomatoes Wheat Bread Caramel Vanilla Pudding Cal: 880 	18 Fajita Chicken Mexican Brown Rice Charro Beans Wheat Tortilla Fruited Orange Gelatin Taco Sauce Cal: 764	19 Three Cheese Ziti ✓ Sliced Carrots Squash Medley Whole Wheat Bread Fresh Fruit Cal: 645
22 Marsala Chicken Chuckwagon Corn Diced Beets Wheat Bread Fresh Fruit Cal: 611	23 Ginger Pork Patty Seasoned Lentils Spinach Wheat Bread Fresh Fruit Cal: 712	24 Sue Ellen's Baked Chicken with Gravy Macaroni and Cheese Mixed Vegetables Wheat Bread Chocolate Pie Parfait Cal: 778 	25 Beef Stir Fry Saffron Rice Broccoli Wheat Bread Fruited Lime Gelatin Cal: 724	26 Charlene's Tuna Salad Three Bean Salad Cucumber and Onion Salad Saltine Crackers Fresh Banana Cal: 625 
29 Ron Lantz's Meatloaf with Tomato Gravy Whipped Potatoes w/Skins Wheat Bread Fresh Fruit Cal: 612 	30 Turkey Tetrazzini Broccoli Parslied Carrots Dinner Roll Butterscotch Swirl Pudding Cal: 668	31 Dan Pruet's Hamburger Patty Lettuce and Tomato Ranch Beans Hamburger Bun Apple Raisin Compote Mustard and Ketchup Cal: 673	*Due to unavailability of certain items, appropriate substitutions may need to be made.	Every meal is served with low fat milk or buttermilk.  ≥ 1000mg Sodium ✓ - Vegetarian Entrée

Austin City Council Mayor and City Council

Steve Adler, Mayor
Delia Gara, Mayor Pro Tem, District 2
Natasha Harper-Madison, District 1
Sabino "Pio" Renteria, District 3
Gregorio "Greg" Casar, District 4
Ann Kitchen, District 5
Jimmy Flannigan, District 6
Leslie Pool, District 7
Paige Ellis, District 8
Kathie Tovo, District 9
Alison Alter, District 10

Austin Parks and Recreation

Liana Kallivoka, PhD, PE, Leed Fellow,
Acting Director
Anthony Segrua, Assistant Director
Lucas Massie, Acting Assistant Director
Suzanne Piper, Chief Administrative Officer
David Crabb, CPRP, Acting Division Manager
Benjamin Rustenhaven, Acting Seniors Program Manager

C-GSAC Advisory Board 2019

Margarine G. Beaman, President
Alice Houston, Vice President
Jesse L. Colunga, Treasurer
Bunnie Stark, Secretary
Olivia Ussery, Corr. Secretary
Janice Hardeman, Member
Shirley Jenson, Member
Eddie Pearl Rucker, Member
Connie Smith, Member

City Manager

Spencer Cronk, City Manager
Elaine Hart, Deputy City Manager
Rey Arellano, Assistant City Manager
Gina Fiandaca, Assistant City Manager
Rodney Gonzales, Assistant City Manager
Christopher J. Shorter, Assistant City Manager
Jim Smith, Interim Assistant City Manager

Parks Board

Jane Rivera, Chair
Rick Cofer, Vice Chair
Michael Casias, Board Member
Richard DePalma, Board Member
Tom Donovan, Board Member
Romteen Farasat, Board Member
Dawn Lewis, Board Member
Francoise Luca, Board Member
Fred Morgan, Board Member
Frank Ward, Board Member

C-GSAC Staff

West Baxter, MSRLS, Recreation Program Supervisor
Dina R. Cantú, Recreation Program Specialist
Carrolyn Vaterlaus, Recreation Programs Specialist
Sharon Bryant-Campbell, Administrative Associate
Estella Rodriguez, Administrative Assistant
Arthur Ramirez, Building and Grounds Assistant

C-GSAC Guild 2019

Ida M. Hunt, President
Dr. Beulah Agnes Jones, Vice President
Katherine Lamb, Secretary
Elridge Nelson, Treasurer
Jesse Carmona, Member
Julie Sahara, Member
Cora Sutton, Member

RECREATION PRINCIPLES: RECREATIONAL, ENVIRONMENTAL, CULTURAL

The Austin Parks and Recreation Department uses a professional, systematic and studied approach in determining the programs and services we offer our community. This strategy is reflected in our Recreational, Environmental, and Cultural Program Principles.

These principles are used in determining programs and services:

- Provide programs and services that help fulfill the organizational mission, vision, goals and objectives adopted by the Austin City Council and the Austin Parks and Recreation Department.
- Provide programs that follow all applicable laws, ordinances, resolutions and standard operating procedures.
- Develop programs that have a stated purpose, goals and objectives which specify benefits and outcomes that the program will offer participants and the community.
- Offer accessible, affordable recreational, environmental and cultural program opportunities in a safe environment for all ages, abilities, interests and socio-economic levels, highlighting Austin's diversity.
- Encourage and respond to community input in program planning, development and evaluation.
- Programs will balance community needs with financial viability providing an overall financially sound recreation program to the Austin community.