Montopolis Weight Room Schedule Updated 03/26 (Subject To Change Without Notice)

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 AM	CLOSED						CLOSED
9:30 AM	CLOSED	VARSITY GEN. OPEN HOURS	CLOSED				
10:00 AM							
10:30 AM		9am - 12pm					
11:00 AM							
11:30 AM							OPEN HOURS
12:00 PM							10am - 2pm
12:30 PM	OPEN HOURS						
1:00 PM	10am - 4pm						
1:30 PM							
2:00 PM		OPEN HOURS 12pm - 5pm		OPEN HOURS 12pm - 5pm			
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM			OPEN HOURS		OPEN HOURS	OPEN HOURS	
4:30 PM			12pm - 9pm		12pm - 9pm	12pm - 9pm	
5:00 PM		BOXING CLINIC		BOXING CLINIC			
5:30 PM		5pm - 6pm		5pm - 6pm			CLOSED
6:00 PM		ADVANCED BOXING		ADVANCED BOXING			
6:30 PM	CLOSED	CLASSES		CLASSES			
7:00 PM		6pm - 8pm		6pm - 8pm			
7:30 PM							
8:00 PM		OPEN HOURS		OPEN HOURS			
8:30 PM		8pm - 9pm		8pm - 9pm			
9:00 PM							





