

LESSON PLAN

Emma S. Barrientos Mexican American Cultural Center

Curriculum Title: Máscara de Lucha Libre/Luchador Mask

Time: 1.5 hours Ages/Group: 5-7 Lesson Number: One

Medium: Paper, markers/coloring pencils/crayons

GOALS/OBJECTIVES	To create and decorate a custom Lucha Libre (Mexican Professional Wrestling) mask. To learn about the history and meaning of masks in Mexican Lucha Libre.
How do these goals preserve, create, present or promote cultural arts of Mexican Americans or other Latin@ cultures? Is it socially relevant? Will your lesson address the 5 E's? (Engage, explore, explain, elaborate-extend, evaluate)	This lesson promotes the Mexican art form of Lucha Libre mask design and creation, and the significance of the mask in Mexican Wrestling culture.

AGENDA

TIME

<u>Check-In/Opening Ritual:</u> Each child says their name and their favorite animal	5 mins
<u>Warm-Up/Introductory Activity:</u> Worksheet – Follow through the text and complete the activity	20 mins
<u>Core Activity:</u> Creation of a Lucha Libre mask <u>Steps/Procedures:</u> <ul style="list-style-type: none"> • Each student selects a mask • Students cut out their mask (do this before coloring so that work is not wasted by cutting mistakes). Younger/less dexterous students will need help with this. • Students cut out the eye-holes by <ul style="list-style-type: none"> ○ Puncturing it with a pencil then using scissors to cut it out (better if using cardstock) OR ○ Folding on one of the dotted lines and making a cut with scissors, unfolding, then using the scissors to cut out the eye-hole • Students color the mask • Optional: Use glitter pens to create highlights by going over sections that are already colored. Works best if going over marker. • Optional: Place hole protectors or a piece of tape over each hole that will hold the string that secures the mask to the face. This should prevent tearing. In the case of tape, it is best to place one bit of tape on both sides of the paper. 	1 hour

LESSON PLAN

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- Punch holes in the two sides
- Cut a length of string (or yarn/twine/ribbon), roughly 25" long
- Thread one end of the string through each side of the mask and tie with a double knot
- Cut the center point of the string so that there are now two strings that can be tied together
- Cut off any excess string
- Put the mask on and tie the mask at the back. Students with long hair should be careful to not tie their hair in the knot.

Discussion Questions:

- Why did you choose the mask design you did?
- Did anyone else choose the same mask as you? If they did, what are the differences between how you decorated them?

Vocabulary:

Lucha Libre: In Mexico, this just means "wrestling" (literally "free fight" like "freestyle wrestling), and more specifically, professional wrestling. Outside Mexico, it is used to describe the Mexican style of professional wrestling.

Luchador: "Wrestler" in Spanish

Máscara: "Mask" in Spanish

Check-Out/Closing Ritual

Rose and Thorn: Each student answers the question: what was one thing you enjoyed about that activity (rose) and one thing that was challenging (thorn)? They each say "my rose was..." and "my thorn was..." giving their answer.

5 mins

PLANNING

REFLECTION

Special Supplies Needed/Things to Prepare Ahead of Time

No need to list supplies you bring every day (pencils, crayons, scissors, paper, etc.)

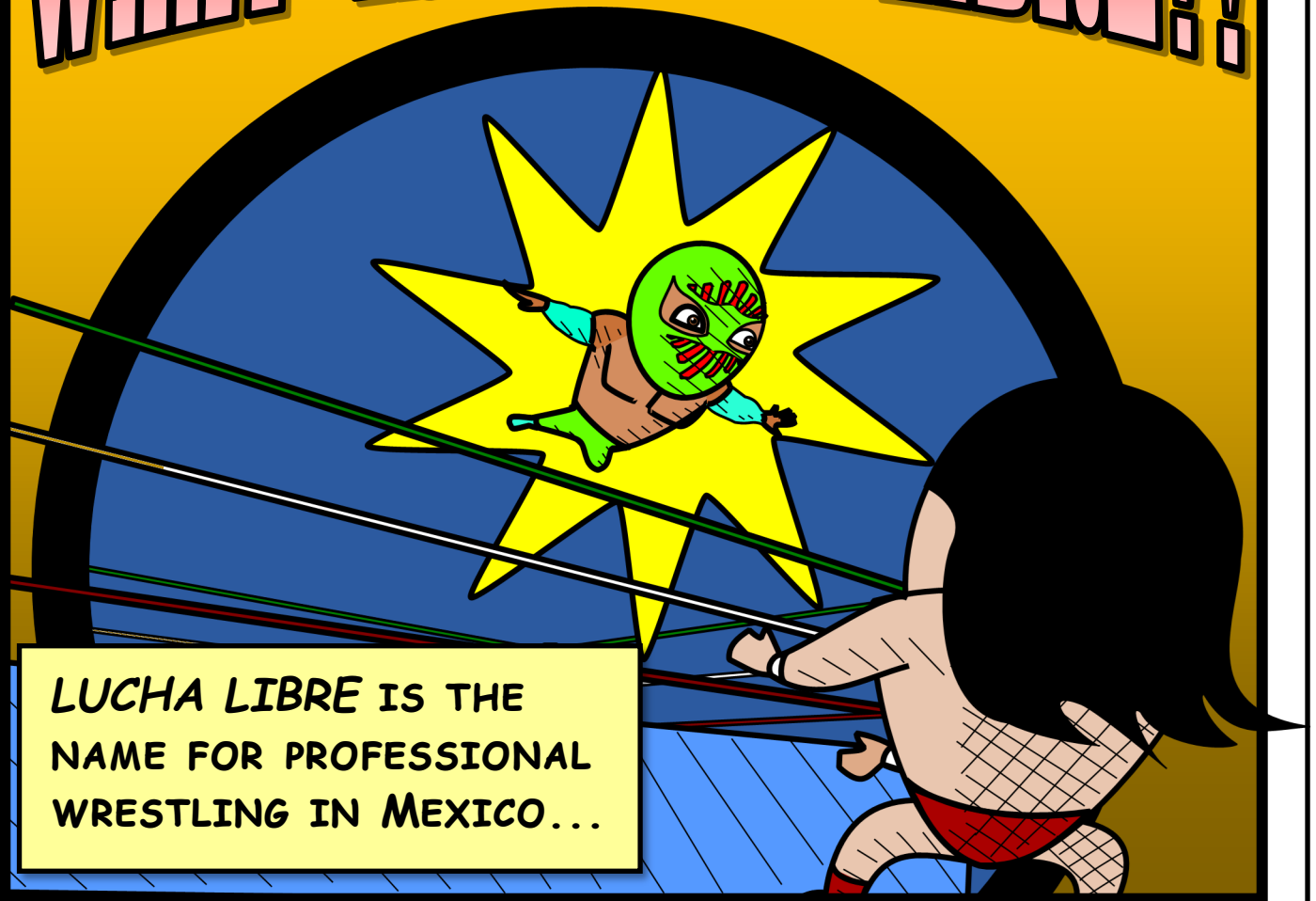
- Copies of the Lucha Libre Mask templates printed on paper or cardstock
- Holepunch
- Optional: Hole protectors or tape
- Length of string, twine, yarn or ribbon for each child in order to tie it on their head

For each student:

- One copy of the worksheet
- One set of markers, crayons or coloring pencils
- Scissors
- Glitter pens (if available)

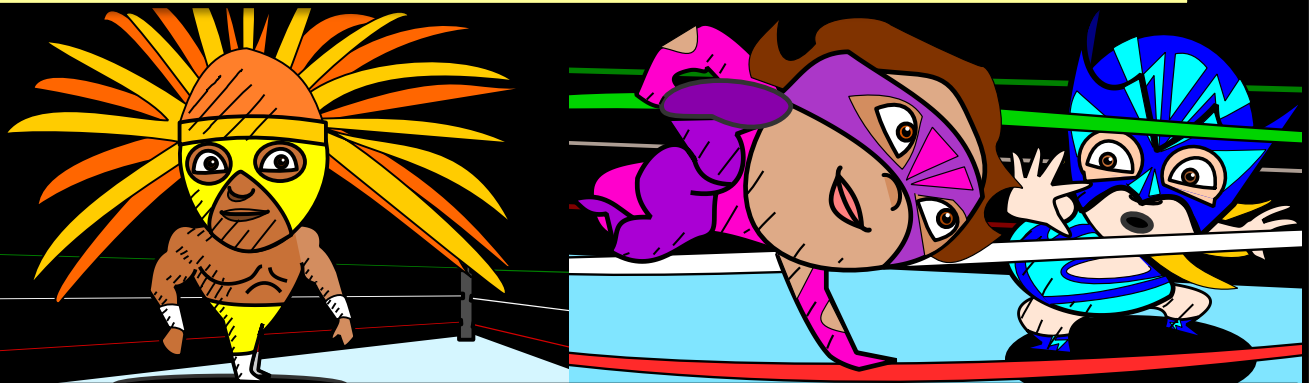
Challenges/Successes/Notes for Coordinator

WHAT IS LUCHA LIBRE?!



LUCHA LIBRE IS THE NAME FOR PROFESSIONAL WRESTLING IN MEXICO...

MEXICAN LUCHADORES (WRESTLERS) ARE KNOWN FOR AN EXCITING STYLE OF WRESTLING...



THAT OFTEN USES HIGH-FLYING & ACROBATIC MOVES.

LUCHADORES DO LOTS OF SPECIAL TRAINING SO THAT THEY DON'T GET HURT DOING ALL THESE AMAZING STUNTS



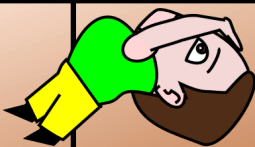
EL SANTO
(THE SAINT)

THEY ARE LIKE SUPERHEROES, AND THEY EVEN HAVE SUPERHERO-SOUNDING NAMES!

PRINCESA SUGEHIT
(PRINCESS SUGEHIT)

MIL MÁSCARAS
(ONE THOUSAND MASKS)

REY MYSTERIO
(MYSTERY KING)...



WHAT DO YOU THINK WOULD HAPPEN IF REGULAR PEOPLE TRIED TO DO LUCHA LIBRE AT HOME?

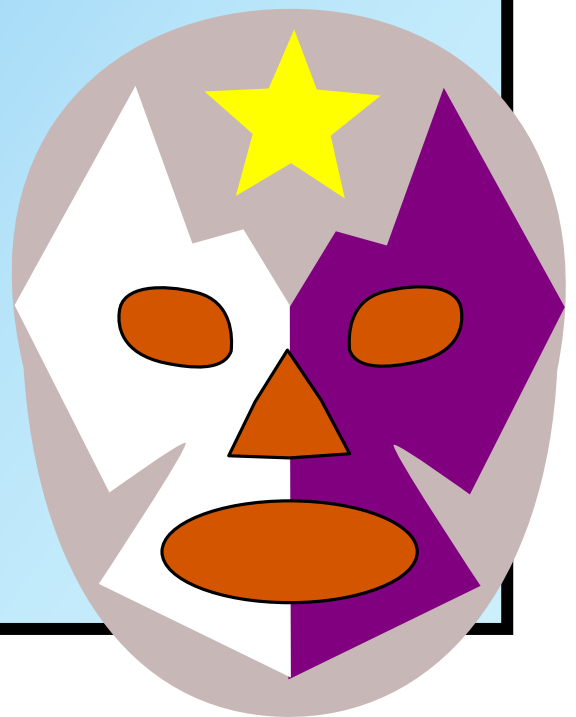


LUCHADORES WEAR ALL KINDS OF COSTUMES...





**THEY'RE ESPECIALLY FAMOUS
FOR THEIR AMAZING MASKS!**

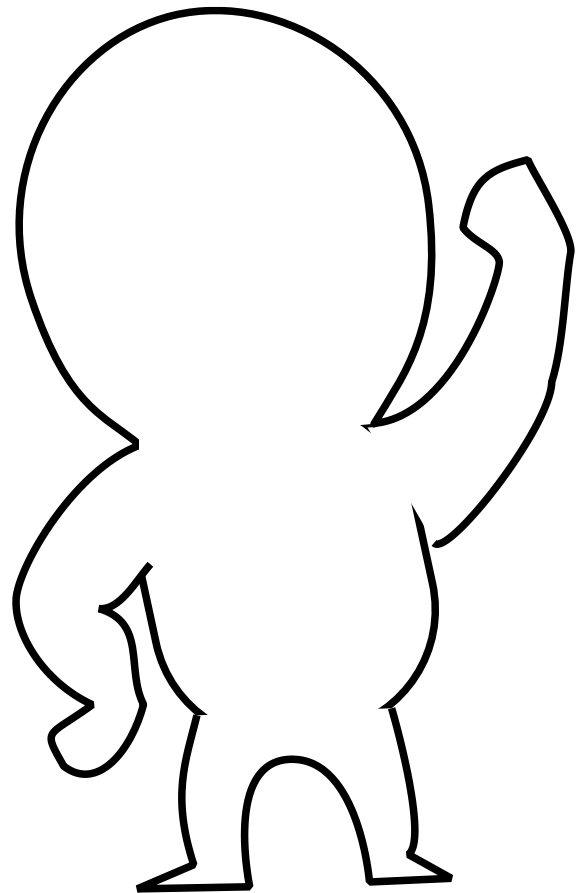


WHAT WOULD YOUR
LUCHADOR LOOK LIKE?

LUCHADOR NAME:

REAL NAME:

NICKNAMES:

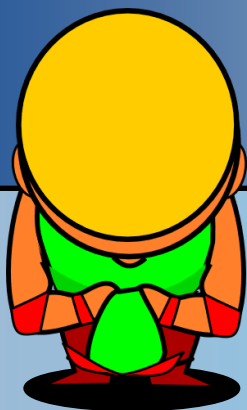


SIGNATURE MOVES:

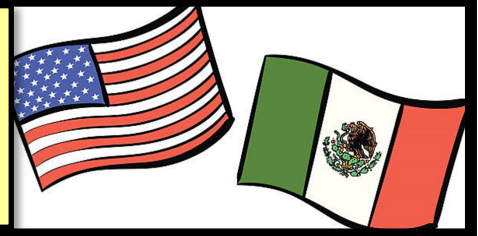
LUCHADOR MASKS ARE VERY SPECIAL AND MANY LUCHADORES SAY THEY ARE SACRED, WHICH MEANS THEY DESERVE LOTS OF RESPECT.



SOME LUCHADORES EVEN SAY THAT WHEN THEY PUT ON THEIR MASK, THEY FEEL AS IF THEY HAVE SPECIAL POWERS!



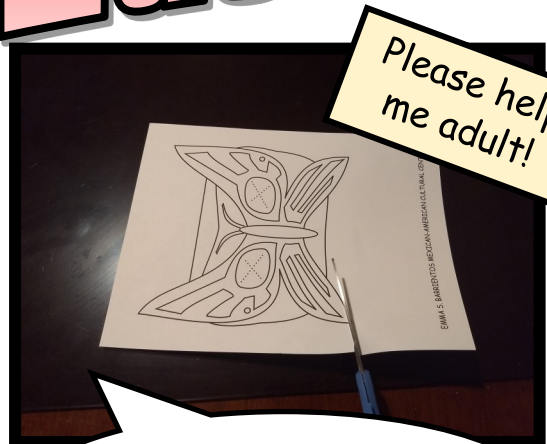
**LUCHADOR MASKS HAVE BECOME A
BIG PART OF MEXICAN AND MEXICAN
-AMERICAN POPULAR CULTURE**



**YOU MIGHT EVEN SEE
REGULAR PEOPLE
WEARING THEM AT
EVENTS LIKE
MEXAMERICAN AT
THE ESB-MACC!!!**

**NOW, ARE YOU READY
TO MAKE YOUR MASK?**

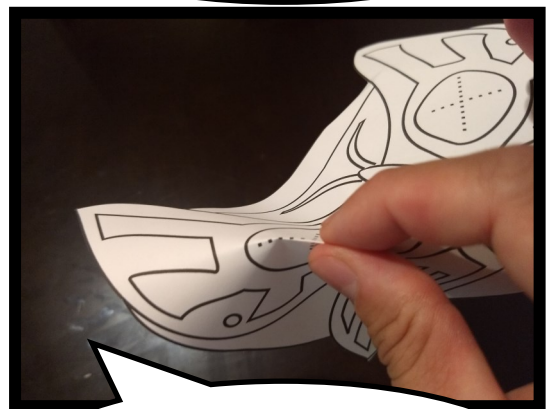
Luchador Mask



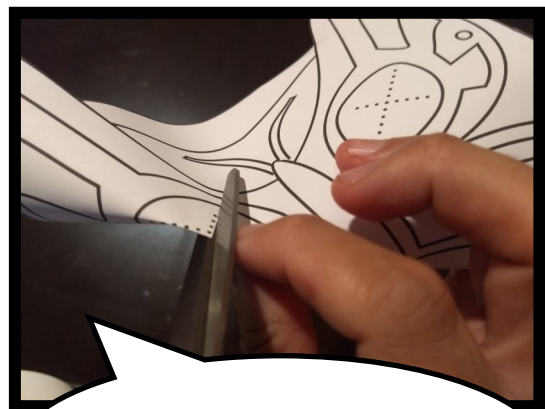
1. Cut out your mask



You now have a basic form



2. Fold where the eye-holes are



3. Make a cut with your scissors



4. Put your scissors in that cut and cut out the eye-holes



Time to color!

Luchador Mask



5. Color your mask with markers, crayons or coloring pencils



6. Take some sticky tape



7. Place tape over each of the string-holes so that it hangs over the side



8. Fold tape over to the other side, behind the string-hole



Please help me adult!

9. Fold where the string-hole is



Please help me adult!

10. Carefully cut out the string-hole

Luchador Mask



11. Take some string, yarn, ribbon, or even an old shoelace



12. Put one end through the back of the string-hole



OPTION 13A: Tie a double knot



Make sure the knot won't go through the hole if you pull on it



OPTION 13B: Tie the end at the front to the string at the back



Use two knots, but don't do it too tight, or it might rip the mask!

Luchador Mask



14. Cut off any extra string to make it tidier



15. Cut the string in the middle



16. Tie on the mask, you will probably need some help!

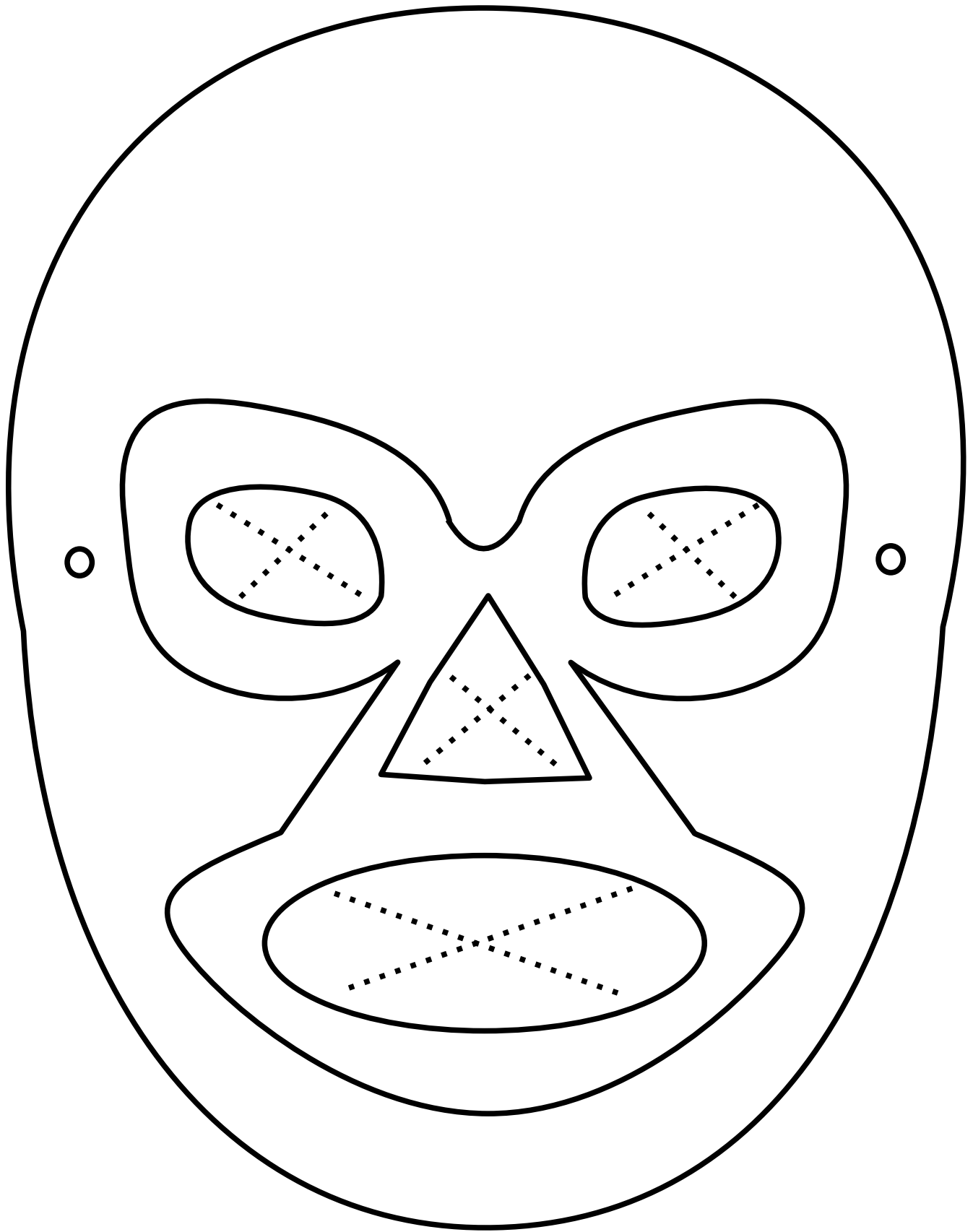


Now you have your luchador mask., I hope you had fun making it

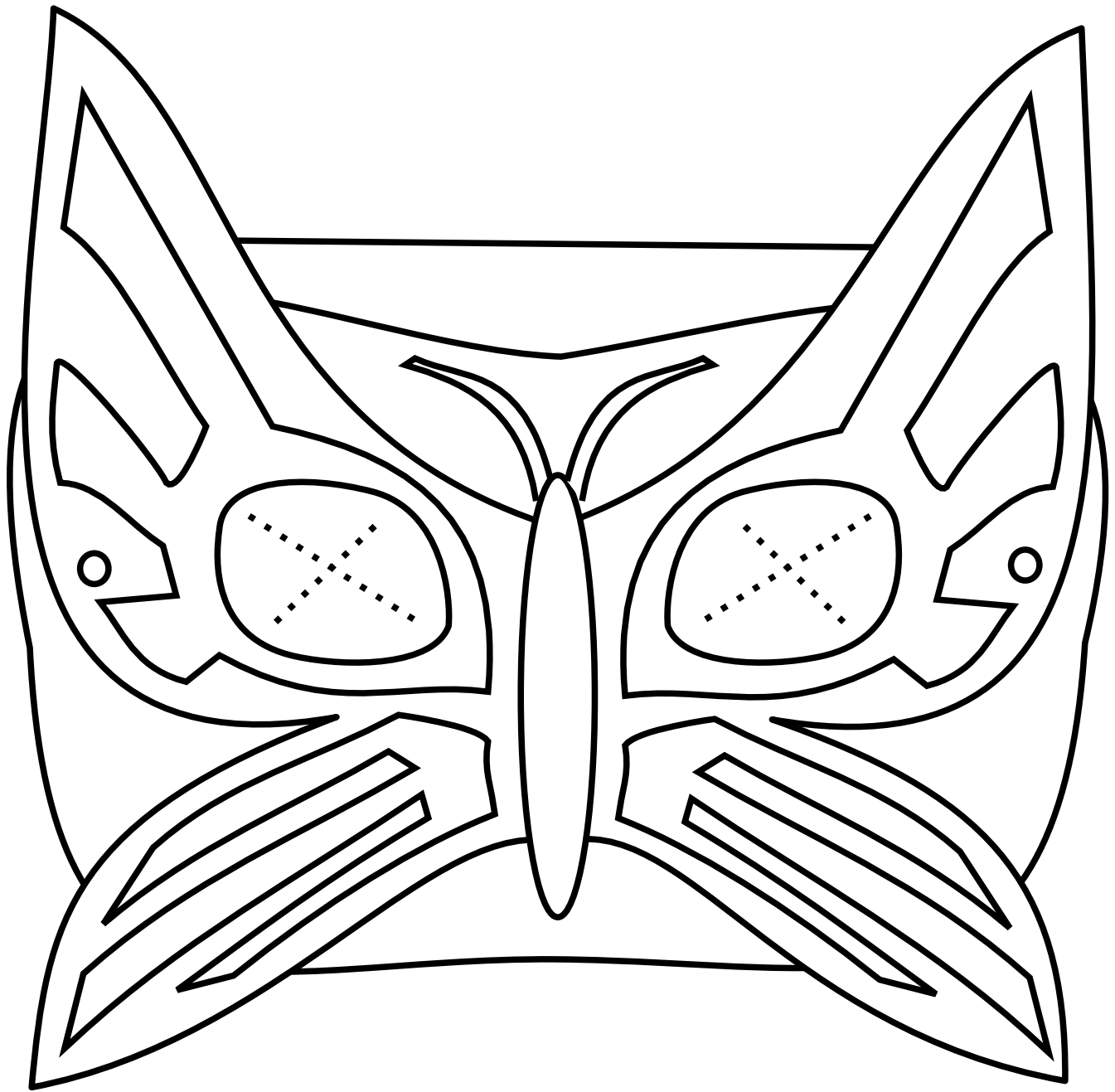


Maybe you can make more masks for the other people that you live with!





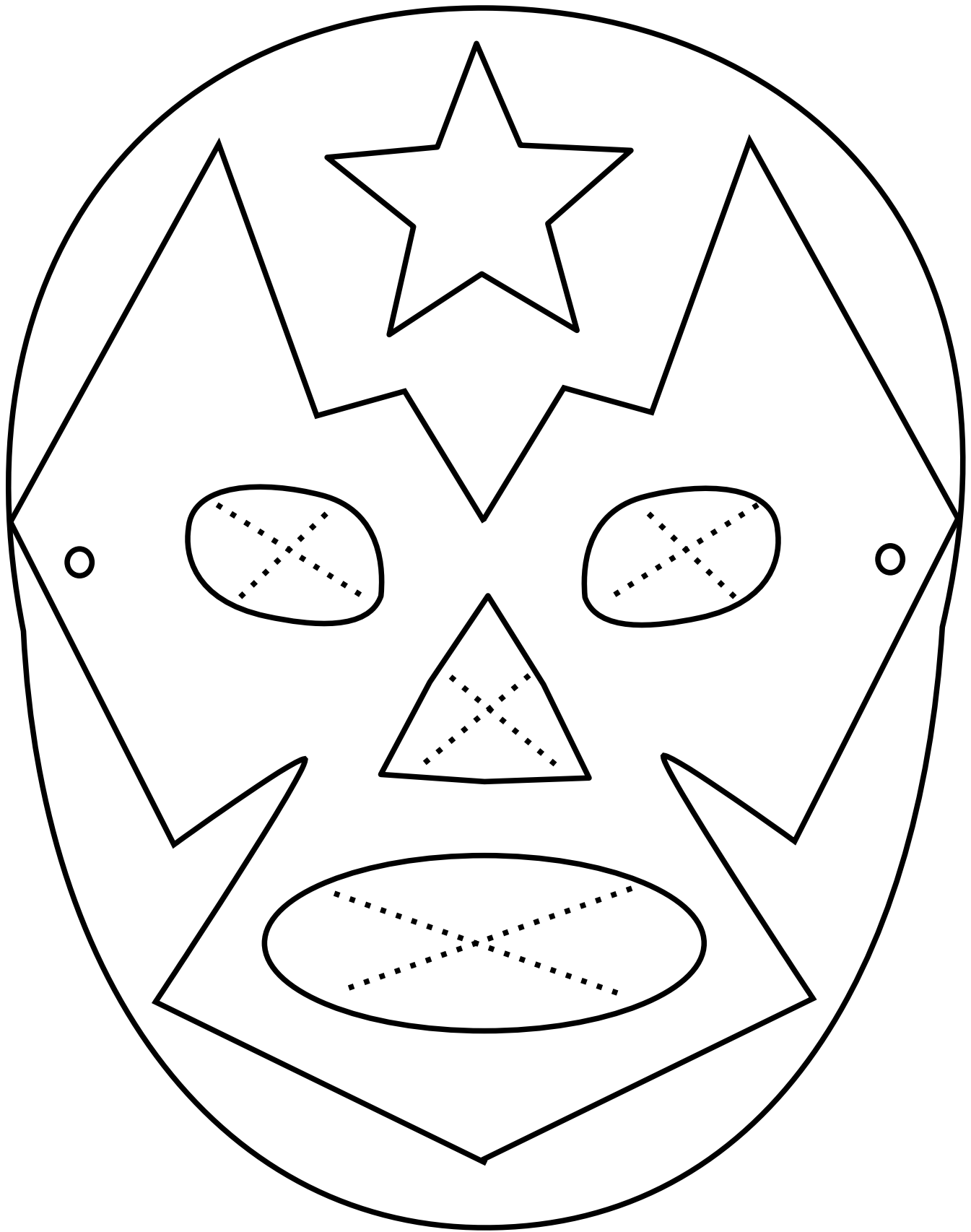
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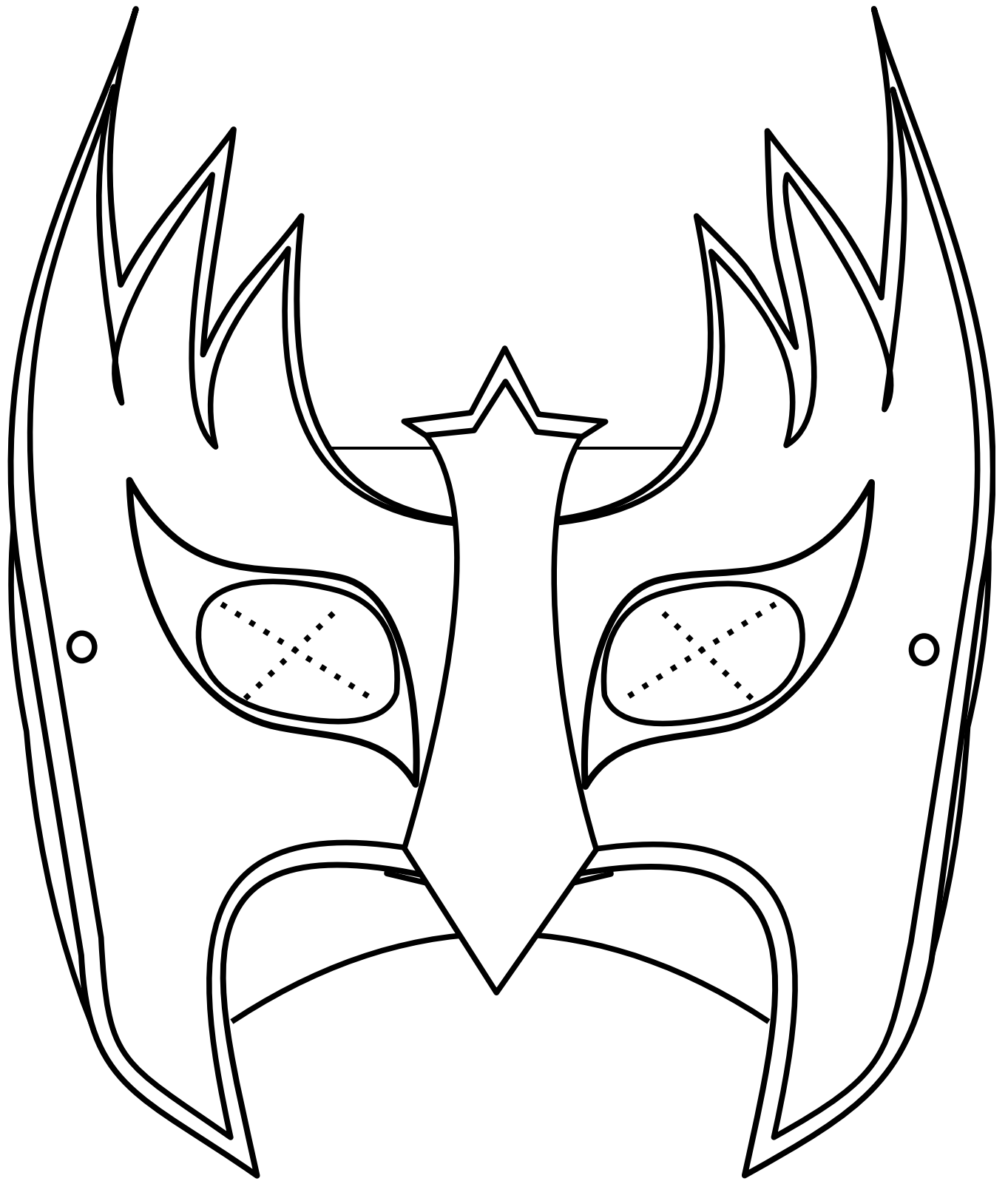
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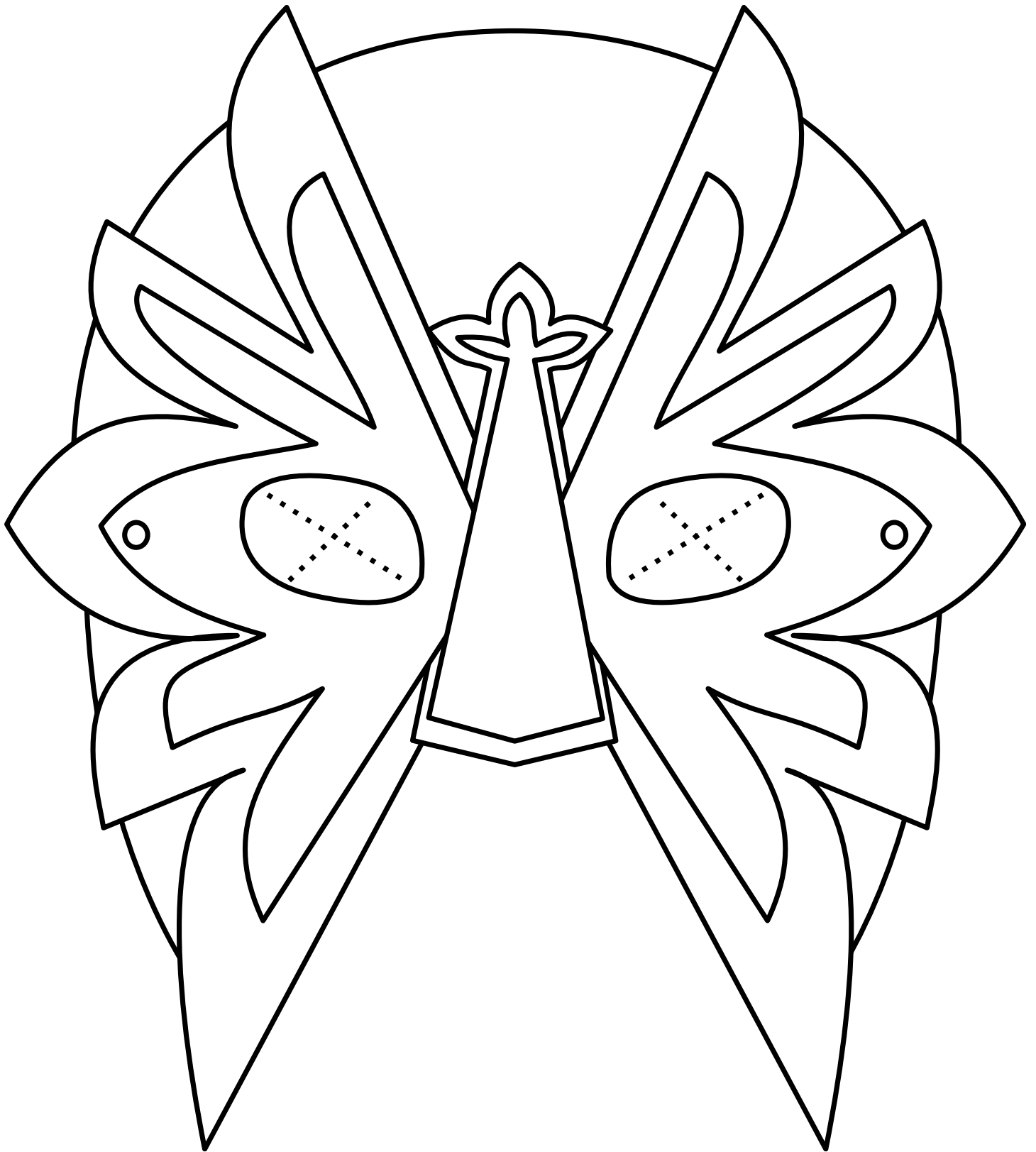
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