

Holistic Wellness Programming

HWP July:

Chair Yoga: 3rd Friday of each month @ 10:30am (Attendance: 4)

Yarborough Library

A gentle form of yoga that can be done while seated in a chair. These modifications make yoga accessible to people with various physical abilities.

Cooking Demo: Healthy Snacks (15+): Wednesday, July 17 @ 6-7:30pm (Attendance: 14)

Central Library - Demo Area/Kitchen

Learn how to make delicious and nutritious sweet n' salty snacks - Chili Lime Popcorn, Sweet Plantain Chips and Watermelon Agua Fresca - using products found at your local grocery store. Tastings included!



Rock Climbing w/ Latino Outdoors: Saturday, July 20 @ 12-2pm (Attendance: 15)

Mesa Rim Climbing Center

Join us for beginner friendly indoor rock climbing at Mesa Rim. All gear provided. Pre-registration required.



Si Se Puede: Road to Leadville Film Screening: Sunday, July 21 @ 2-4:30pm (Attendance: 34)

Dougherty Arts Center

Join us to view the story of Daniel's Journey as a Mexican Immigrant preparing for one of the most difficult ultra-marathons in the world. Film in English. Screening will be followed by a bilingual (SPN/ENG) talk-back with Daniel Flores and the film's director, Ramon Morales.

Learn to Kayak/Paddleboard (18+): 4th Thursday of each month @ 6-7:30pm (Attendance: 16)

Austin Rowing Club

Join us on Lady Bird Lake and paddle through the heart of Downtown Austin. Choose a single or double kayak or paddleboard. Pre-registration required.

Rowing Race Team Training (18+): Every Tuesday @ 6-7:30am, July thru October (Attendance: 8)

Austin Rowing Club

Our *gente* loved rowing so much that Austin Rowing Club sponsored a full team of 8 rowers entry fee to participate in Head of the Regatta in October!

HWP Upcoming:



Community Conversation
with Exhibiting Artists

Thursday, August 8th, 2024
5:30 - 7:30pm
Ruiz Library 1600 Grove Blvd, Austin, TX 78741

Community Conversation with Exhibiting Artists: Thursday, August 8 @ 5:30-7:30pm
Ruiz Branch Library, 1600 Grove Blvd, Austin, TX 78741

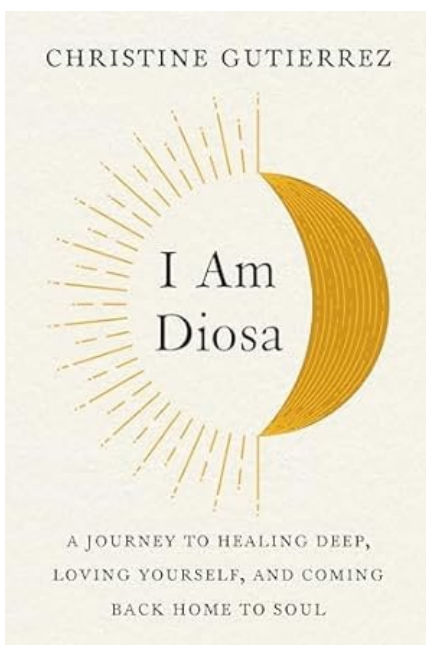
Join us in discussion with artists from our Community Exhibit: The Diosa Energy Within. They will share insight about their work and experiences, and you are invited to participate in the roundtable! We will reflect about the Diosas in our lives who have made an impact. Facilitated by Maribel Falcon, Librarian at Benson Latin American Collection- UT Austin.

Learn to Kayak/Paddleboard (18+): Thursday, Aug 22 @ 6-7:30pm
Austin Rowing Club

Join us on Lady Bird Lake and paddle through the heart of Downtown Austin. Choose a single or double kayak or paddleboard. Pre-registration required.

Free Day of Bilingual Yoga at Castle Hill Fitness: Monday, Sept 4
Yin and Sound with Aneika Perez @ 10:45am
Slow Flow+ Sound Healing with Isabel @ 12:30pm

Both classes will focus on healing and deep relaxation. Gentle movement, breath and sound will guide us to reach the deepest layers of the physical and subtle body.



Book Club: Leemos y Plática: Tuesdays @ 6-7:30pm

Sept 10: Ruiz Branch Library, 78741

Sept 17: Menchaca Branch Library, 78745

Sept 24: Cepeda Branch Library, 78702

Join our *comunidad* of readers to discuss “I Am Diosa: A Journey to Healing Deep, Loving Yourself, and Coming Back Home to Soul.” This book was the inspiration for our “The Diosa Energy Within” Exhibit held at Ruiz Library. We’ll share our thoughts and discuss the themes that resonate with us. Book is available in both English and Spanish.



Cepeda, Ruiz, and Menchaca Libraries

Youth and Family Education

Cosecha Summer Camp

The Education team is wrapping up Cosecha Summer Camp. We have enjoyed hosting all our participants at the Asian American Resource Center. Our participants explored themes such as Social Justice and performing arts!



During Cosecha Session 8 (7/22-7/26) which was themed “La Estrella - Latin Artists”, the students explored music. Students learned local musical history with Delia Perez Meyer.



During Cosecha Session 9 (7/29-8/2) the theme was “El Luchador”, so our participants created luchador masks, promo pictures, and performed stage fights. They took inspiration from luchadores such as El Santo and Las Cholitas from Peru. As we reach the end of summer and send our campers back to school, we look back and reflect on the experiences and enrichment activities we provided to educate young people in Mexican American and Latino cultural arts.

Academia Cuauhtli Bilingual Education Program

Summer Camp: Aztech Kidz Code



Aztech Kidz Code bilingual STEM and arts focused summer camp is nearing wrap up of its last session with the last cohort of children. Here's a peek of some recent activities incorporated into the camp. Youth participated in their own reenactment of the 2024 Olympics redesigned to be culturally inclusive. Participants created artistic emblems and insignias representative of cultural ancestry and then cheered each other on in sporting activities on the school site's outdoor track.

Participants have also gone on field trips. The most recent was to the LLILAS Benson Latin American Studies and Collections at UT where children were able to see an actual Aztec codex manuscript book.



Aztech Kidz Code is nearing wrap up of its last session with the last cohort of children. A graduation ceremony is set for Saturday, August 10th at Mendez Middle School from 9:00 - 12 PM. It will include a gallery showing of the children's art work, demos of the STEM coding curriculum, and a special performance in the auditorium by all the youth.

Caminos Teen Leadership Program



Caminos Mentors have been helping with Hillside event providing activities to families. Hillside activities included kite making, bubbles, coloring sheets, mini paintings, and temporary tattoos!



The Caminos documentary short is available to watch on [Youtube!](#) This video was created by Jana Birchum, who recorded the teens as they led their annual "Breaking Barriers" workshop in April 2024. The documentary examines the ways that the Caminos program brings teens together through community outreach and connecting to Latino/a/e culture through music and dance. The film features interviews with participants and coordinators of the program.

Our Caminos graduates have gone on to be graphic designers, event producers, activity specialists, Summer camp leaders, and more! We are excited to have Caminos grads Juliana and Melaney joining us as "senderistas" who are graduates of the program who stay on to mentor the future class.

Get ready to welcome the new class of Caminos! Caminos has completed their final rounds of interviews for the 24-25 Caminos Class at the end of July. We have extended offers to the top candidates to join Caminos and we are excited to onboard them soon!

Outreach and Marketing

Outreach Events (Past):



Outreach tabling at the Long Center on Thursday evenings has been a great way to promote our upcoming programs. We promoted the Guelaguetza which is the annual end-of-year performance by Ballet Folklórico of Austin at the Long Center on July 27. Join the free Long Center "Drop In" on the final concert of the series on Thursday, August 15th to see Bidi Bidi Banda! The MACC will be offering Selena-themed children's activities. Then catch the MACC's outreach table on Sept 7 and Sept 21!



Rainey Street Trailhead

On July 13, the MACC joined the Trail Foundation for the Rainey Street Trailhead opening. The newly renovated trailhead at 36 East Avenue includes a 10,250 square-foot main lawn, Nature-based playscape, Multi-use floating dock, Shaded seating areas, and enhanced lighting.



Radio & News

On July 25, Olivia and Florentino did a KOOP Radio interview about Austin Museum Day, which is on September 22, 2024.

On July 23, Olivia did a KOYE Radio promo with Joe Morales to announce Pan Am Hillside.

On July 18, Olivia did a [live interview with CBS- We Are Austin](#) about the Hillside Summer Concer Series with Janie Balderas, who is performing on August 6th

On July 27, Olivia did an interview with [Fox 7- Good Day Austin](#) about the Guelaguetza!





Formal Introduction to the Mexican Consulate

Macc staff met with the new Mexican Consulate Humberto Hernández Haddad on July 17th.

Michelle, Estrella and Olivia were able to make introductions and tell the Consul and his staff about the MACC. They discussed the possibility of future collaborations and make a formal invitation for the Consul to present the Grito de Independencia at Viva Mexico on September 14th. We are excited to welcome the new Consul!

Outreach Events (Upcoming):

Lowrider Event, Palmer Event Center - Sunday, September 1, 2024

Community Day, Long Center - Saturday, September 7, 2024

Javier Jara's Concert, Long Center Sunday, September 8, 2024

"Grito" in Republic Square Park with Austin Sister Cities & the Mexican Consulate - Sunday, September 15, 2024

Roy Lozano's Ballet Folklorico at the Long Center - Saturday, September 21, 2024

APL Hispanic Heritage Month Celebrations- Saturday, Sept 21 and Sunday, September 22, 2024

Signature Events & Collaborations

Pan Am Hillside

Location: [Oswaldo A.B. Cantu Pan American Recreation Center](#)

Tuesdays: July 9, July 16, July 30, Aug 6, 6:00pm-9:00pm

We've had excellent attendance at the Hillside concerts! Thank you's go out to the Pan Am staff, MC Senator Gonzalo Barrientos, community member and volunteer support and the MACC staff. This long lasting community event is a testament to the strong cultural ties of Tejano/Conjunto/Cumbia music and the families and residents of East Austin.





LINEUP:

<p>Tuesday, July 9</p> <p>🎵 DJ Pete Guerra 🎵 John Michael Colunga 🎵 Joe Arias Jr & the Starlights 🎵 Willie "The Kid" Cantu & The Starlight Band</p> <p>Tuesday, July 16th</p> <p>🎵 DJ Robert Lignes 🎵 JJ Barrera & The Bronze Band 🎵 Baraja de Oro 🎵 George Mercado</p>	<p>Tuesday, July 30th</p> <p>🎵 DJ Rich de LaRosa 🎵 Fuzion 🎵 The Tiarras 🎵 Ruben Ramos & The Mexican Revolution</p> <p>Tuesday, August 6th (rescheduled date!)</p> <p>🎵 DJ Old School 🎵 Janie Balderas 🎵 Conjunto Cats 🎵 David Marez</p>
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Bronze Band



The Bronze Band Summer Music Workshop series launched with great appreciation from the community. The workshop series focuses upon advancing music literacy reading skills as well as individual self-expression in the genre of Mexican American music.

Participants learn about the roots and rhythms present in the great expanse of what makes up Mexican American music today - including orquesta, conjunto, cumbia, mariachi, and much more! Most importantly, the Bronze Band teaches the inherent power in the act of simply picking up an instrument. To play the music grounded in one's diverse cultural heritage is an act of empowerment, no matter one's skill level in their journey as a musician. It is an art form for all to claim as their own. Participants will get to enjoy 4 more upcoming sessions (out of a total of 6 for the summer).

Tribute to Manuel Cowboy Donley

September 28, 6:00 PM - 9:00 PM

Location: Parque Zaragoza, East Austin

This tribute is a collaboration between The Donley Family, the ESB-MACC, the Austin Tejano Music Coalition, and is produced by Christopher Mares. This project has been financed in whole or in part by the City of Austin's Live Music Fund Event Program. Join us for a heartfelt tribute to the legendary Manuel "Cowboy" Donley, featuring performances by musicians, including family members, honoring his remarkable musical arrangements. We invite the public to come and celebrate the memory and music of Manuel "Cowboy" Donley. Bring coolers, chairs, and shade tents!



Event Highlights

- Performance: A two-hour set with a short intermission.
- Family Memories: Sylvia, Phillip, and Lupe Donley will share memories and perform songs they performed with their father, along with the orchestra featuring Donley's own arrangements for horns. There will be a special appearance by Trio Los Vigilantes and Kim Simpson. There will be a 12-Piece Orchestra featuring various horn musicians who played with Donley, including: Felipe "Tiburón" Borrero: Heading up the horn section, Jerry Silva: Special appearance from one of Donley's Estrellas. Horn Section: Featuring Donley's traditional lineup of an alto sax, tenor sax, and two trumpets.

Parks & Recreation News



Welcome Marjorie Flanagan as the new Division Manager of Museums and Cultural Programs. Marjorie joined PARD from the Texas State University System as the first Director of Public Art, prior to that role she spent nearly six years with the City of Austin's Art in Public Places Program in the Economic Development Department. She managed the largest public art piece in the City's collection to date from project inception through installation. The piece, entitled Meander Wings, by NY based artist THEVERMANY, installed during the pandemic at AUS. Ask her about it!

Marjorie will oversee PARD's Museums and Cultural Programs as Division Manager. With experience in both public and private sectors, her passion remains in delivering quality arts and culture experiences to the community.

Her background includes degrees from LSU (Geaux Tigers) and UT Austin so she looks forward to college football season. Marjorie spends most of her "free" time with her two amazing children, dog Goldie Locks and working in her vegetable garden.