



# Tobacco Cessation 101

## Schedule of Classes Sept - Dec 2015



Spouses and retirees are not required to register for a class; they can just attend. See schedule, below.

**IMPORTANT: You must sign in and complete both parts to receive credit for the class.**

If you live outside the seven-county area (Bastrop, Blanco, Burnet, Caldwell, Hays, Travis and Williamson counties), an alternative option is available. Contact HealthyConnections for details. Send an email to: [HealthyConnections@austintexas.gov](mailto:HealthyConnections@austintexas.gov) or call 512-974-3284 and ask for a Wellness Consultant.

Part 1: Sept 16 - Wed	2 to 4 pm	Town Lake Center, Assembly Room
Part 2: Sept 30 - Wed	2 to 3 pm	(721 Barton Springs Road)
Part 1: Sept 23 - Wed	2 to 4 pm	St Elmo, Conference Room
Part 2: Oct 7 - Wed	2 to 3 pm	(4411 Meinardus)
Part 1: Oct 7 - Wed	2 to 4 pm	Town Lake Center, Assembly Room
Part 2: Oct 22 - Thurs	2 to 3 pm	(721 Barton Springs Road)
Part 1: Oct 13 - Tues	9 to 11 am	Learning & Research Center, Auditorium
Part 2: Oct 27 - Tues	9 to 10 am	(2800 Spirit of Texas Drive)
Part 1: Nov 4 - Wed	Noon to 2 pm	Techni Center, Hook & Ladder Room
Part 2: Nov 18 - Wed	Noon to 1 pm	(4201 Ed Bluestein)
Part 1: Nov 6 - Fri	8:30 to 10:30 am	Learning & Research Center, Auditorium
Part 2: Nov 20 - Fri	9:30 to 10:30 am	(2800 Spirit of Texas Drive)
Part 1: Nov 10 - Tues	1:30 to 3:30 pm	Street-Jones Bldg, Room 400A
Part 2: Nov 24 - Tues	1:30 to 2:30 pm	(1000 E. 11th Street)
Part 1: Nov 19 - Thurs	2 to 4 pm	Rutherford Campus, Ground Fl Conf Rm
Part 2: Dec 3 - Thurs	2 to 3 pm	(1520 Rutherford Lane, Bldg 1)
Part 1: Nov 30 - Mon	2 to 4 pm	One Texas Center, Room 325
Part 2: Dec 14 - Mon	2 to 3 pm	(505 Barton Springs Road)
Part 1: Dec 1 - Tues	8:30 to 10:30 am	Rutherford Campus, Auditorium
Part 2: Dec 15 - Tues	9:30 to 10:30 am	(1520 Rutherford Lane, Bldg. 1)
Part 1: Dec 3 - Thurs	10 am to Noon	Learning & Research Center, Auditorium
Part 2: Dec 17 - Thurs	10 to 11 am	(2800 Spirit of Texas Drive)
Part 1: Dec 7 - Mon	1:30 to 3:30 am	Rutherford Campus, Auditorium
Part 2: Dec 21 - Mon	1:30 to 2:30 pm	(1520 Rutherford Lane, Bldg. 1)
Part 1: Dec 15 - Tues	2 to 4 pm	Learning & Research Center, Auditorium
Part 2: Dec 29 - Tues	2 to 3 pm	(2800 Spirit of Texas Drive)