



SOUTH AUSTIN SENIOR ACTIVITY CENTER

3911 Manchaca Road Austin, TX, 78704

512-448-0787 Monday-Friday 8a-5p

www.austintexas.gov/department/south-austin-senior-activity-center

 Austin Parks and Recreation Department - Seniors



MARCH 2016



The City of Austin is proud to comply with the Americans with Disabilities Act. If you require assistance for participation in our programs or use of our facilities, please call (512) 974-3914.

The South Austin Senior Activity Center (SASAC) is located at 3911 Manchaca Road, just north of Ben White Blvd. SASAC's hours are Monday through Friday from 8a to 5p, with special evening and weekend rentals. Some of the many services we provide include: gardening, games, arts and crafts, health and fitness, group socials, excursions, organizational meetings and private rentals. Friendly staff and volunteers are happy to answer any questions and to guide interested parties through the registration process. A calendar year donation (January-December) of \$10 is appreciated, and an additional \$10 is required if you would like a newsletter mailed to your home. Donations go to the SASAC Advisory Board, directly enhancing the center's offerings. A SASAC volunteer is available at the front desk to collect donations and newsletter payment Monday through Friday from 9a to 1p, or you may register and pay by mail. We thank you for your support and look forward to seeing you here soon.

austintexas.gov/department/south-austin-senior-activity-center
f Austin Parks and Recreation Department - Seniors

SPECIAL PROGRAMS AND EVENTS



AARP TAX AIDE
 Mondays & Tuesdays
 February 2nd - April 18th
 8:30a-12p
 Sign up at front desk begins at 8a
 First come, first served
 Cost: Free

SPECIAL PROGRAMS AND EVENTS

Caring for someone with Alzheimer's or Dementia?

Tuesdays, April 19th - June 21st

Come learn ways to manage stress through problem solving and relaxation.

90-minues, once a week for 9 weeks



Sponsored by CAPCOG Area Agency on Agency

Search for the Golden Ticket

Friday, March 25th

Throughout the morning, join in all the fun searching for the lucky eggs containing golden tickets. Turn in the golden tickets for prizes.

Cost: Free



Donations Needed to Lifeworks

SASAC Advisory Board will be collecting the following items for Lifeworks beginning March 1st-June 3rd

- New or Gently used/Clean Household items - dishware, cookware, small kitchen appliances, high chairs, changing tables, strollers, gently used linens, small rugs, shower curtains, towels.
- Unopened/Hygiene supplies — Toothbrushes, soap, toothpaste, deodorant
- New or Gently used/Clean — boots, jeans, backpacks

Lifeworks is a nonprofit focused on helping youth and young adults who have endured abuse and neglect through counseling, providing emergency shelter, and education.

PUBLIC MEETINGS

TRAVIS COUNTY DEAF ASSOCIATION

Wednesday, March 2nd 1-4p

SASAC ADVISORY BOARD MEETING

Wednesday, March 9th 12-1p

SOUTH AUSTIN AARP #2426

Wednesday, March 16th 1-4p

NATIONAL ACTIVE/ RETIRED FEDERAL EMPLOYEES

Thursday, March 17th 10a-1p

AARP Smart Driver

Thursday, March 31st

12:30-4:30p

This class is designed for the mature driver & it **will not dismiss traffic violations.**

** For insurance discount only **

Fee: \$15 for AARP Members
\$20 for non-AARP Members

Sign up in advance at the front desk.

Payment due on the day of class:

**CHECKS ONLY
payable to AARP**

COMMUNITY GARDEN OF EATIN'

Join our group on Mondays, as we start prepping our garden and starting seed tables for spring.

Whether you have a green thumb to lend, or want to develop one, stop by our community garden.

Every Monday at 10am



*See West for water scheduling.

CARD GAMES

Free Play Bridge

Mondays, Wednesdays & Fridays

11:30a-1p

FREE

Progressive Bridge

Mondays, Wednesdays & Fridays

1-3p

FREE

Advanced Free Play

Monday 11a-2p &

Thursdays 9-11:30a

This group focuses on:

- Competitive Bidding
- Chicago Style Scoring
- Duplicate Practice
- Peer Coaching

FREE



Gentle Duplicate Bridge

Tuesdays 12:30-3:30p

Led by Larry Davis,
Contract Instructor

\$5.00

Friday Morning Free Play

Fridays 9-11am

Beginner's welcome

FREE

Hand and Foot Canasta

Thursdays,

March 10th, 24th, & 31st

12-4p

A challenging game that's good for the brain.

Friendly social group willing to teach you how to play.

Contact Cathy: (512) 282-8320

FREE

Pinochle

Tuesdays & Thursdays 8a-2p

FREE

FITNESS

BE SURE TO CHECK OUT
OUR
TREADMILLS, RECUMBENT
BIKES, WEIGHT SYSTEM AND
ELLIPTICAL TRAINERS

IF YOU NEED ASSISTANCE USING THE
EQUIPMENT, SASAC STAFF IS AVAILABLE
TO ANSWER QUESTIONS.

YOGA

**Mondays, Wednesdays
and Fridays 9-10a**

Increase your strength and balance
while gaining flexibility. Feel better
physically & spiritually.

Contact Instructor:

Charlie Pivert

**Fee: \$10 drop-in class
\$25 for 3 classes**

No class February 15th

SENIORCIZE

Wednesdays 10:30-11a

Join Kade for a workout geared
towards adults 50 and older.

Seniorcize is a great way to stay
active and get back into shape.

Instructor: Kade Green

FREE

SENIOR HEALTH AND FITNESS

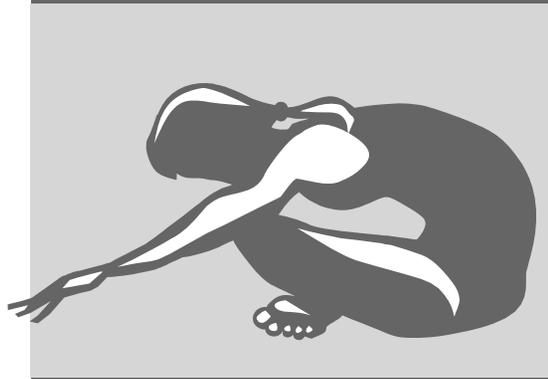
Tuesdays 9-10a

Thursdays 8:30-9:30a

Total body cardiovascular workout
taught in a FUN class format.

Four sets of activities
(15 minutes each).

**Instructed by video tape
FREE**



T'AI CHI

Tuesdays 10-11a

Fridays 10:15-11:15a

Tuesdays, Feb 16th - March 22nd

Fridays, Feb 19th - March 25th

T'ai Chi has many proven health benefits for
seniors, from increased balance and bone
strength, to greater strength and
flexibility. T'ai Chi is also very safe and
practiced slowly; it is zero impact.

Instructor: Kade Green, Sifu

Fee: 6 Sessions Tuesdays OR Fridays only

Residents: \$30

Non-Residents: \$36

12 Sessions Tuesdays AND Fridays

Residents: \$50

Non-Residents: \$62

Drop in - per class

Resident: \$5

Non Resident: \$6

DANCE

BEGINNER LINE DANCE

Mondays 1-2p

Socialize & learn the basic
steps to fun line dances.

**Instructor: Joan Cox
(512)288-4135**

FREE

No class February 15th

ADVANCED BEGINNER LINE DANCE

Mondays 2-3:30p

Scout your boots for a healthy body
and mind. Have fun, make friends,
and learn a variety of dances.

**Instructor: Joan Cox
(512)288-4135**

FREE

INTERMEDIATE LINE DANCE

Thursdays 1:30-3p

This is a great way to exercise your
body and your brain while having fun!

We have all levels of dancers in the
class and practice all levels of dance
including: beginner, intermediate, and
advanced. Give it a try!

Instructor: Joleen Tucker

FREE

ZUMBA GOLD VIDEO FOR BEGINNERS

Mondays 10:15-11:15a

Improve your muscle strength,
coordination, posture and mobility.
Come on out and shake it! This is a
drop in class. **FREE**

No class February 15th



Austin Rockin' Line Dancers Thursdays

9:30-11a

Rocking Chairettes is a line dance
group that performs at various
locations around Austin and has
been honored with several awards.

Instructor: Sonja Hemmes

(512)531-9122

FREE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting 9-11 *Tai Chi 10-11* Mexican Train 12:15-3:15 Mahjong 1:15-4 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3	2 Yoga 9-10 Ceramics 9-11 *Writing the Stories of Life 9:45-11:15* Seniorcize 10:30-11 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Painters 1-3:30 Deaf Association 1-4	3 Pinochle 8-2 Oil Painting 8-4 Sr. Health & Fitness 8:30-9:30 Advanced Bridge 9-11:30 Honey Bee Quilters 9-2 Austin Rockin' Line Dancers 9:30-11 Int Line Dancing 1:30-3	4 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11:30-1 Mahjong 12:30-3 Bingo 1-3 Progressive Bridge 1-3
7 Yoga 9-10 Spanish 9-10:30 Garden Meeting 10-11 Chess Play 10-12 Zumba 10:15-11:15 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. 2-3:30	8 Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting 9-11 *Tai Chi 10-11* Mexican Train 12:15-3:15 Mahjong 1:15-4 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3	9 Yoga 9-10 Ceramics 9-11 *Seniorcize 10:30-11 Free Play Bridge 11:30-1 Let's Sing 12:15-1:30 Bingo 1-3 Progressive Bridge 1-3 Painters 1-3:30 Readin', Ritin' & Rectin' 2-3	10 Pinochle 8-2 Oil Painting 8-4 Sr. Health & Fitness 8:30-9:30 Advanced Bridge 9-11:30 Austin Rockin' Line Dancers 9:30-11 Hand and Foot Canasta 12-4 Int Line Dancing 1:30-3	11 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11:30-1 Mahjong 12:30-3 Bingo 1-3 Progressive Bridge 1-3
14 Yoga 9-10 Spanish 9-10:30 Garden Meeting 10-11 Chess Play 10-12 Zumba 10:15-11:15 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. 2-3:30	15 Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting 9-11 *Tai Chi 10-11* Blood Pressure Screening 10-11 Mexican Train 12:15-3:15 Mahjong 1:15 - 4 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3	16 Yoga 9-10 Technology Class 9-10 Ceramics 9-11 *Writing the Stories of Life 9:45-11:15* Seniorcize 10:30-11 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Painters 1-3:30 AARP 1-4	17 Pinochle 8-2 Oil Painting 8-4 Sr. Health & Fitness 8:30-9:30 Advanced Bridge 9-11:30 Honey Bee Quilters 9-2 NARFE 10-1 Austin Rockin' Line Dancers 9:30-11 Int Line Dancing 1:30-3	18 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11:30-1 Mahjong 12:30-3 Bingo 1-3 Progressive Bridge 1-3
21 Yoga 9-10 Spanish 9-10:30 Garden Meeting 10-11 Chess Play 10-12 Zumba 10:15-11:15 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. 2-3:30	22 Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting 9-11 *Tai Chi 10-11* Mexican Train 12:15-3:15 Mahjong 1:15- 4 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3	23 Yoga 9-10 Ceramics 9-11 *Writing the Stories of Life 9:45-11:15* Seniorcize 10:30-11 Free Play Bridge 11:30-1 Let's Sing 12:15-1:30 Bingo 1-3 Progressive Bridge 1-3 Painters 1-3:30	24 Pinochle 8-2 Oil Painting 8-4 Sr. Health & Fitness 8:30-9:30 Advanced Bridge 9-11:30 Austin Rockin' Line Dancers 9:30-11 Hand and Foot Canasta 12-4 Int Line Dancing 1:30-3	25 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11:30-1 Mahjong 12:30-3 Bingo 1-3 Progressive Bridge 1-3
28 Yoga 9-10 Spanish 9-10:30 Garden Meeting 10-11 Chess Play 10-12 Zumba 10:15-11:15 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. 2-3:30	29 Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting 9-11 *Tai Chi 10-11* Mexican Train 12:15-3:15 Mahjong 1:15- 4 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3	30 Yoga 9-10 Ceramics 9-11 *Writing the Stories of Life 9:45-11:15* Seniorcize 10:30-11 Free Play Bridge 11:30-1 Let's Sing 12:15-1:30 Bingo 1-3 Progressive Bridge 1-3 Painters 1-3:30	31 Pinochle 8-2 Oil Painting 8-4 Sr. Health & Fitness 8:30-9:30 Advanced Bridge 9-11:30 Austin Rockin' Line Dancers 9:30-11 Birthday Party 12 AARP Smart Driver 12:30-4:30 Hand and Foot Canasta 12-4 Int Line Dancing 1:30-3	*Requires advance registration*

MARCH 2016

TRIPS

LOTTERY REGISTRATION:

Thursday, February 24th at 8:30a thru at Wednesday, March 2nd at 5p

LOTTERY RESULTS AVAILABLE:

Thursday, March 3rd at 12p

REGISTRATION FEES DUE: Friday, March 11th at 5p

You may sign up one other person in addition to yourself by calling or by stopping by the center. You may contact the center anytime after Thursday, March 3rd at 12p to find out if you were selected for a trip. Staff will call you ONLY if you were selected for a trip. All trips are subject to change due to weather, PARD director approval, or registration numbers.

Kayaking Lady Bird Lake (Austin, Texas) Tuesday, March 22nd

Kayaking is back! Come tour Lady Bird Lake with us.

Departure Time: 8:30a

Returning Time: 2p

Fee: Free

Additional Expenses: Purchase of Lunch

Activity Level: High



Camping at Colorado Bend Park (Lampasas, Texas) Thursday, March 31st – Friday, April 1th

Join SASAC and the Camacho Activity Center staff for our first campout at the beautiful Colorado Bend State Park. On this trip you will have an option to camp with a provided tent and blowup mattress or use your own gear. While camping there are options to hike, repel of cliffs, or enjoy nature at the site.



Departure Time: 8a –Thursday, March 31st

Returning Time: 4p – Friday, April 1st

Fee: Resident TBA / Non-Resident TBA

Additional Expenses: 6 Meals and Snacks

Activity Level: High—Trail hikes - Must be able to walk over 5 miles on unlevel terrain. Repelling— Must be able to participate on heights ranging 30ft to 50ft. For Repelling and Hiking - not recommended for those with previous joint and heart problems.

TRIPS

Dick's Classic Garage, Car Museum (San Marcos, Texas) Wednesday, April 6th

Interested in classic cars? Join SASAC as we spend time down memory lane at Dick's Classic Garage in San Marcos, Texas.



Departure Time: 9a

Returning Time: 2p

Fee: \$11 Residents / \$12 Non-Residents

Additional Expenses: Purchase of Lunch

Activity Level: Low

State Capital Segway Tour (Austin, Texas) Thursday, April 14th

Ride in style on the Segway Adventure Tour through downtown Austin to the Capital. Learn historical information and see Austin's famous landmarks.



Departure Time: 11a

Returning Time: 4p

Fee: \$40 Residents / \$41 Non-Residents

Additional Expenses: Purchase of Lunch

Activity Level: Mild

Wimberley Zipline Adventure (Wimberley, Texas) Thursday, April 28th

Prepare for highflying fun as you harness up and glide ten ziplines through the air on this thrilling, action packed zipline adventure. Experience a rush as you soar over the canyons and creeks with breathtaking 15-mile views of Wimberley Valley.



Departure Time: 9a

Returning Time: 5p

Fee: \$91 Resident / \$92 Non-Resident:

Additional Expenses: Purchase of Lunch

Activity Level: High - Trip requires 2 hours of outside activity. Must be able to ambulate over 2 miles of unlevel terrain and stairs.

VISUAL, LITERARY & PERFORMING ARTS



Let's Sing-a-Long Wednesdays March 9th, 23rd, & 30th 12:15-1:30p

Bring your instrument and your singing voice. Celebrate the gift of song!

Oil Painters Thursdays 8a-4p

Come in and share your creativity with other painters!

Wednesday Painters Wednesdays 1-3:30p

If you use pastels, oils, acrylics, etc., bring your supplies and enjoy the fun.

Ceramics Circle Wednesdays 9-11a

Bring your ceramic project and join other ceramics enthusiasts as you work.

Honey Bee Quilters Thursdays, March 3rd & 17th 9a-2p

The Honey Bees invite anyone interested in quilting to join their monthly meetings.

Contact: Amelia Greene
(512) 282-5507

Knitting & Crocheting Tuesdays 9-11a

Bring what you are working on. Share ideas, skills and learn. Participants are willing to teach beginners wanting to learn!

Writing the Stories of Your Life

Next Session: Wednesdays, February 24th – March 30th
9:45-11:15a

Your memories are your real family treasures! Have fun learning techniques for retrieving, writing and polishing your memories, so that you can assemble them into your life story.

Contact instructor in advance for information & availability.

Fee: \$45 (6 sessions)

Contract Instructor: Rosalind Bond (512) 441-3014

RECREATION AND GAMES

Bingo Wednesdays, March 9th, 23rd, & 30th **AND** Fridays 1-3p
25¢ per card - 8 card limit

Chess Club

Mondays and Fridays 10a-12p
New players and all levels welcome!

Mahjong

Tuesdays and Fridays 12:30-3p
Join in on the classic game!

Mexican Train Dominoes

Tuesdays 12:15-3:15p

Ping Pong

Tuesdays 12:30-3p

If you are interested in playing at a different time, please call ahead for room availability and to assure staff is available to set up the table.

Recreation Room

Complete with treadmills, recumbent bikes, elliptical machines, a weight system and pool tables. If you need assistance with using the exercise equipment, please let a staff member know. Available for daily use unless posted.

AND MORE

BIBLE STUDY

Mondays 1-3p

Join us for reflection and study with Rev. David Dukes. All are welcome.

FREE

TECHNOLOGY CLASS

**Wednesday, March 13th
9-11a**

Having trouble operating your computer, tablet, or smart phone? Have a general curiosity about current technology? We are here to help you connect.

Please bring your equipment with you for us to assist you.

FREE

INTRODUCTION TO SPANISH CONVERSATION

Mondays 9-10:30a

Want to know more about the Spanish language? This program will introduce to you the alphabet and basic phrases.

Bring: notebook, pen/pencil, and a Spanish dictionary (optional).

FREE

**Volunteer Instructors:
Domingo Herrera**

Meet new friends while eating a hot, nutritious lunch every day at SASAC. A \$1 donation for those over 60 is greatly appreciated to offset the cost of staff, meal-related expenses, dietary supplies, and delivery.

LUNCH MENU

CONGREGATE MEAL REGISTRATION REQUIRED

Meal tickets are distributed on a **FIRST COME-FIRST SERVE** basis beginning at **9:30a** each morning.

Tickets distributed equal the number of meals ordered for that day.

Lunch is served daily 11:30a-12p with milk and water.

For ineligible guests **OVER 60** (not registered) and guest **UNDER 60**, the cost of the meal is \$5.39.

Due to the unavailability of certain items, substitutions are occasionally made.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Turkey Ham Macaroni and Cheese Broccoli Stewed Tomatoes Wheat Bread Banana Pudding	2 Ron Lant'z Meatloaf with Tomato Gravy Black Eyed Peas Country Vegetables Cornbread Fresh Fruit Margarine	3 Apricot Pork Roast Cheesy Parslied Potatoes Mixed Greens Dinner Roll Fruited Strawberry Gelatin	4 <i>Lent</i> Potato Crusted Fish Lima Beans Baby Carrots Wheat Bread Apple Juice
7 Suellen's Baked Chicken with Gravy Whipped Potatoes Green Beans with Onions Wheat Bread Fresh Fruit	8 Beef Stroganoff Green Peas Dilled Carrots Dinner Roll Fresh Fruit	9 Thai Chili Chicken Breast Brown Rice Florentine Thai Style Vegetables Wheat Bread Butterscotch Swirl Pudding	10 Ham Salad Vegetable Couscous Salad Cold Picked Beets Saltine Crackers Fresh Fruit	11 <i>Lent</i> Barley Chili Roasted Sweet Potatoes Spinach Biscuit Orange Juice
14 John Yocum's Lemon Pepper Fish Confetti Brown Rice Squash Medley Dinner Roll Fresh Fruit	15 Beef Spaghetti Casserole Broccoli Sliced Carrots Wheat Bread Lemon Pudding	16 Turkey Breast with Gravy Mashed Sweet Potatoes Green Beans with Onions Cornbread Fresh Fruit Margarine	17 <i>St. Patrick's Day</i> Tim Andrew's BBQ Pork Rib Parslied Potatoes Country Tomatoes Wheat Bread Fruited Lime Gelatin	18 <i>Lent</i> Bean and Cheese Burrito Enchilada Sauce Mexican Brown Rice Fiesta Vegetables Wheat Bread Orange Pineapple Juice
21 Bruschetta Chicken Meatballs Macaroni and Cheese Dilled Carrots Wheat Bread Fresh Fruit	22 Herbed Pork Loin Polenta Catalina Vegetables Wheat Bread Butterscotch Pudding	23 Sausage and Red Beans Okra and Tomatoes Turnip Greens Cornbread Fresh Banana Margarine	24 Apple Glazed Turkey Ham Mashed Sweet Potatoes Italian Green Beans Wheat Roll Rice Crispy Bar Margarine	25 TBA
28 Cajun Meatloaf Oven Roasted Sweet Potatoes Spring Vegetables Dinner Roll Fresh Fruit Margarine	29 Turkey Rice Casserole Broccoli Stewed Tomatoes Wheat Bread Chocolate Pudding	30 Hamburger Patty Lettuce and Tomato Baked Beans Hamburger Bun Apple Crisp Mustard and Catsup	31 Lemon Caper Chicken Brown Rice Florentine Mixed Vegetables Wheat Bread Fresh Fruit	

Austin City Council Mayor and City Council

Steve Adler, Mayor
Kathie Tovo, Mayor Pro Tem, District 9
Ora Houston, District 1
Delia Garza, District 2
Sabino "Pio" Renteria, District 3
Gregorio "Greg" Casar, District 4
Ann Kitchen, District 5
Don Zimmerman, District 6
Leslie Pool, District 7
Ellen Troxclair, District 8
Sheri Gallo, District 10

Austin Parks and Recreation

Sara L. Hensley, CPRP, Director
Kimberly A. McNeeley, CPRP, Assistant Director
Marty Stump, Assistant Director
Cora D. Wright, Assistant Director
Lucas Massie, Division Manager
Tiffany M. Cabin, Seniors Program Manager

SASAC Advisory Board 2016

Shirley Masterson, President
Willie Williams, Vice President
Joan Cox, Secretary
Kitti Greenough, Treasurer
Elaine Benton
Iola Canady
Carolyn Drake
Raisa Edelman
Margaret Hughes
Margie Mendez



City Manager

Marc Ott, City Manager
Ray Baray, Chief of Staff
Rey Arellano, Assistant City Manager
Sue Edwards, Assistant City Manager
Robert Goode, Assistant City Manager
Bert Lumbreras, Assistant City Manager
Mark Washington, Acting Assistant City Manager

Parks Board

Jane Rivera, Chair
Richard DePalma, Vice Chair
Alison Alter, Board Member
Michael Casias, Board Member
Rick Cofer, Board Member
Tom Donovan, Board Member
Alesha Larkins, Board Member
Francoise Luca, Board Member
Alex Schmitz, Board Member
Mark Vane, Board Member
Pat Wimberly, Board Member

SASAC Staff

Lynnette Lara, Recreation Programs Specialist
West Baxter, MSRLS, Recreation Programs Specialist
Kaitie Hilburn, Administrative Associate
Datron Plummer, Building & Grounds Assistant

MISSION The purpose of the Parks and Recreation Department is to provide, protect and preserve a park system that promotes quality recreational, cultural and outdoor experiences for the Austin community.

REC PRINCIPLES: RECREATIONAL, ENVIRONMENTAL, CULTURAL

The Austin Parks and Recreation Department uses a professional, systematic and studied approach in determining the programs and services we offer our community. This strategy is reflected in our Recreational, Environmental, and Cultural Program Principles. These principles are used in determining programs and services:

- Provide programs and services that help fulfill the organizational mission, vision, goals and objectives adopted by the Austin City Council and the Austin Parks and Recreation Department.
- Provide programs that follow all applicable laws, ordinances, resolutions and standard operating procedures.
- Develop programs that have a stated purpose, goals and objectives which specify benefits and outcomes that the program will offer participants and the community.
- Offer accessible, affordable recreational, environmental and cultural program opportunities in a safe environment for all ages, abilities, interests and socio-economic levels, highlighting Austin's diversity.
- Encourage and respond to community input in program planning, development and evaluation.
- Programs will balance community needs with financial viability providing an overall financially sound recreation program to the Austin community.