

# Lorraine “Grandma” Camacho Activity Center

35 Robert T. Martinez Jr. St.  
Austin TX, 78702  
Phone: (512) 391-1863

## *Active Adult Cycling Club*

Join us for a leisurely bike ride around  
Lady Bird Lake’s Hike and Bike Trail.

- FREE
- Improve your balance and strength
- Increase your mobility
- Low impact
- Learn proper riding technique
- Bikes and helmets are provided
- Thursdays 9 a.m.—12 noon  
Ages 18 and up
- For more information contact:  
Theron Sweet  
[theron.sweet@austintexas.gov](mailto:theron.sweet@austintexas.gov)



The City of Austin is proud to comply with the Americans with Disabilities Act. If you require special assistance for participation in our programs, please call (512)391-1863.

