

Montopolis Weight Room Schedule

Updated 09/17 (Subject To Change Without Notice)

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 AM	CLOSED	VARSITY GEN. OPEN HOURS 9am - 12pm	VARSITY GEN. OPEN HOURS 9am - 12pm	VARSITY GEN. OPEN HOURS 9am - 12pm	VARSITY GEN. OPEN HOURS 9am - 12pm	VARSITY GEN. OPEN HOURS 9am - 12pm	CLOSED
9:30 AM							
10:00 AM	OPEN HOURS 10am - 4pm	SHOWERES 10am - 3pm	VARSITY GEN. OPEN HOURS 9am - 12pm	VARSITY GEN. OPEN HOURS 9am - 12pm	VARSITY GEN. OPEN HOURS 9am - 12pm	VARSITY GEN. OPEN HOURS 9am - 12pm	OPEN HOURS 10am - 2pm
10:30 AM							
11:00 AM							
11:30 AM							
12:00 PM							
12:30 PM							
1:00 PM							
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM	CLOSED	SHOWERES 12pm - 3pm	SHOWERES 12pm - 3pm	SHOWERES 12pm - 3pm	SHOWERES 12pm - 3pm	SHOWERES 12pm - 3pm	CLOSED
3:30 PM							
4:00 PM							
4:30 PM							
5:00 PM							
5:30 PM							
6:00 PM							
6:30 PM							
7:00 PM							
7:30 PM							
8:00 PM	CLOSED	BOXING ADVANCED CLASSES 6:30pm - 8:30pm	HeadStrong 6:30pm - 8pm	BOXING ADVANCED CLASSES 6:30pm - 8:30pm	HeadStrong 6:30pm - 8pm	BOXING ADVANCED CLASSES 6:30pm - 8:30pm	CLOSED
8:30 PM							
9:00 PM	CLOSED	OPEN HOURS 8pm - 9pm	OPEN HOURS 8pm - 9pm	OPEN HOURS 8pm - 9pm	OPEN HOURS 8pm - 9pm	OPEN HOURS 8pm - 9pm	CLOSED

The City of Austin is committed to compliance with the Americans with Disabilities Act. Reasonable modifications and equal access to communications will be provided upon request. For assistance please contact (512) 978-3914 or Relay Texas 7-1-1.

