

CURRENT SERVICES	REQUESTED SERVICES	PROPOSED SERVICES IN THE NEW CENTER	
<p><u>CURRENT RECREATION CENTER SERVICES</u></p> <p><u>Out of School Time Activities</u> After School Ages 5 – 12 Summer Camp Boredom Busters Winter Camp Spring Break Camp TCTA Teens 13 and up (attending high school)</p> <p><u>Youth Sports</u> Basketball Ages 5 – 12 Little Dribblers Basketball Ages 3 – 5 Soccer Ages 5 – 12 Indoor Soccer Ages 3 – 5 Volleyball Ages 9 – 12 Flag Football Ages 5 – 12</p> <p><u>Specialized Classes</u> Karate Ages 6 and up Boxing Ballet Ages 6 – 12 Folklorico Dance Ages 18 and up</p> <p><u>Health and Nutrition</u> Kids Café Up to Age 18</p> <p><u>Exercise and Fitness</u> Weight Room Membership Ages 18 and up Boxing Room Membership All Ages Zumba Ages 18 and up</p> <p><u>Senior Activities</u> Zumba Gold Arts and Crafts Excursions</p> <p><u>CURRENT SERVICES FOR HHSD</u></p> <p><u>The Neighborhood Center</u> <i>(1 day a week only)</i></p> <p>The neighborhood center on Montopolis provides variety of social services to low-and-moderate-income families in need.</p> <p><u>*Women, Infant and Children (WIC)</u> <i>(Limited services to estimated 2,200 participants)</i></p> <p>WIC is the special supplemental nutrition program for pregnant women, new mothers and young children. Participants learn about nutrition and how to stay healthy, and receive benefits to purchase healthy foods.</p> <p><u>Fruit and Vegetable Fairs</u> Food Demonstrations Nutrition Education Stress Buster classes Walking classes Cooking classes Breastfeeding classes Food safety SNAP Farmer's Market Nutrition Program</p> <p>All current services will be provided in the new facility.</p>	<p><u>Heath & Wellness</u> Gym/Exercise Classes Senior Lunch Program Swimming Classes Nutritional Cooking Classes Activities Dance Classes</p> <p><u>Sports</u> Softball/Baseball Soccer Basketball Football Karate Boxing Table Games</p> <p><u>Educational Programs</u></p> <p>Computer Classes GED Classes Reading Classes Tutoring Music Lab Parenting Classes Leadership Classes</p> <p><u>Community Needs</u> Food Pantry Inside/Outside Swimming Pool Elderly Day Care Indoor Track Meeting Room Theater Room Special Events Room</p>	<p><u>Out of School Time Activities</u> Year Round Teen Program Ages 13 and up</p> <p><u>Specialized Classes</u> Oil Painting Drawing Ceramics Photography Musical Instruments such as Drums; Piano Specialized Dances such as Salsa; Line Dancing; Country Western; Ballroom Cooking</p> <p><u>Continuing Education</u> GED Classes Computer Education ESL Parenting Classes Reading Classes Other Languages Tutoring</p> <p><u>Sports</u> T-Ball Adult Sports such as Dodge ball; Kickball Swimming Classes</p> <p><u>Early Childhood</u> Little Mathematicians Little Readers Little Explorers Tiny Tot Exercise Parent and Me Exercise Parent and Me Nutrition Parent and Me Arts and Crafts</p> <p><u>Senior Activities</u> Congregate Meal Site, Service Lunch Computer Classes Exercise Classes Arts and Crafts Classes Nutrition Classes Table Games</p> <p><u>Exercise and Fitness</u> Weight Training Tai Chi Spin Yoga Jazzercise Kickboxing Aerobics</p> <p><u>Women, Infants, and Children (WIC),</u> Health & Wellness Fruit and Vegetable Fairs Food Demonstrations Nutrition Education Stress Buster Classes Walking Classes Cooking Classes Breastfeeding Classes Food safety SNAP Farmer's Market Nutrition Program</p>	<p><u>*Basic Services</u> Food pantry Bread distribution Clothes closet Child safety seats Notary services Form/application assistance Employment/case management information and referrals</p> <p><u>*Seasonal Services</u> Christmas Bureau applications Income tax assistance Coats for Kids vouchers Thanksgiving baskets</p> <p><u>*Social Services</u> Home visits Crisis intervention Grief counseling Case management</p> <p><u>* Public Health Nurse Services</u> Blood sugar and blood pressure checks Women's health referrals (obstetrical care, family planning) Referrals to doctors or clinics as needed Referrals to Women, Infants and Children Program Other public health preventative events (e.g. flu shot event, health education and awareness activities)</p> <p>IMMUNIZATIONS</p> <p><u>Shots for Tots for Children</u> Child Care immunization requirements for children under the age of five School immunization requirements for students K-12</p> <p><u>Big Shots for Adults</u> Hepatitis B Measles Mumps, and Rubella (MMR) Tdap, and Td</p> <p><u>Flu Shots</u> Children six months of age or older who are uninsured Medicaid recipients Uninsured adults</p> <p><u>Shot Records</u> Available at clinic locations for anyone who received their immunizations at public health clinics in Austin and Travis County, including Shots for Tots and Big Shots</p> <p>ADDITIONAL SERVICES</p> <p>Meeting Rooms Commercial Kitchen Special Events Space</p>

Highlighted Services are collaboratively done by PARD & HHSD. *Full time service provision is proposed instead of current one day a week