

# Seeking Care During COVID-19


 Are you just worried?

 Did you travel?

Do you think you came in contact with someone with COVID-19 but have no symptoms?

**Stay Home**

Do not overwhelm medical staff by going to the hospital without serious symptoms

 Fever, cough, headache, runny nose, loss of smell or taste, sore throat, diarrhea, chills, muscle pain?

**Call for Advice**

Use telehealth or call your primary physician

 Difficulty breathing, chest pain, confusion, or fever that doesn't respond to medication?

**Seek Care**

Call 911 or go to the emergency department

