

COVID-19: Risk-Based Guidelines

	Practice Good Hygiene	Maintain Social Distancing	Wear Facial Coverings	Higher Risk Individuals Aged 65+, diabetes, high blood pressure, heart, lung and kidney disease, immunocompromised, obesity			Avoid Gatherings*	Avoid Non-Essential Travel	Avoid Dining/ Shopping	Recommended Business Capacity
	Stay Home If Sick			Avoid Gatherings*	Avoid Non-Essential Travel	Avoid Dining/ Shopping				
	Avoid Sick People			Avoid Gatherings*	Avoid Non-Essential Travel	Avoid Dining/ Shopping				
Stage 1	•			Greater than 25		Except with precautions	Gathering size TBD		100%	
Stage 2	•	•	•	Greater than 10		Except as essential	Greater than 25		75%	
Stage 3	•	•	•	Social groups greater than 10	•	Except as essential	Social groups greater than 10		50 - 75%	
Stage 4	•	•	•	Social groups greater than 10	•	Except as essential	Social groups greater than 10	•	25 - 50%	
Stage 5	•	•	•	Outside of household	•	Except as essential	Outside of household	•	Except as essential	Contactless options only (i.e. curbside, delivery)

* See CDC updated guidelines

Use this color-coded alert system to understand the stages of risk. This chart provides recommendations on what people should do to stay safe during the pandemic. Individual risk categories identified pertain to known risks of complication and death from COVID-19. This chart is subject to change as the situation evolves.

