

BREASTFEEDING TRAININGS FOR HEALTH CARE PROFESSIONALS

Title	Description	Cost; Credit offered?	Notes
<p>Breastfeeding Basics www.breastfeedingbasics.org</p>	<p><i>Breastfeeding Basics</i> is an academic, non-commercial, short course on the fundamentals of breastfeeding. It is geared primarily for the medical practitioner. Online, self-paced course with the following modules: Breastfeeding benefits & barriers, Anatomy & physiology, Growth & development, Breastfeeding around the world, The breastfeeding couple, The term infant with problems, and Breast Milk & drugs.</p>	<p>Free; Credits not currently offered</p>	<p>The content of the course is based upon lectures and short courses given by Mary O'Connor MD, Linda Lewin MD and their associates at CWRU, University Hospitals of Cleveland. A study of MCH providers using the website found that the program improved their knowledge based on pre and post-test scores (O'Connor, M., Brown, E., & Lewin, L., 2011. An Internet-based education program improves breastfeeding knowledge of maternal-child healthcare providers. <i>Breastfeeding Medicine</i>, 6(6), 421-427.)</p>
<p>Breastfeeding Friendly Performance Improvement Project www.breastfeedingpi.org</p>	<p>Geared toward family physicians, pediatricians, and obstetricians/gynecologists. Promotes quality self-assessment and peer-to-peer interaction and empowers healthcare providers to increase their knowledge of lactation management. It is composed of three (3) phases:</p> <p>Identify phase -Identify opportunities for performance improvement through a needs assessment completed in the form of a chart review and use it to formulate a performance improvement (PI) plan.</p> <p>Implement phase- Complete activities based upon your performance improvement plan. Implement the lessons learned into your practice.</p> <p>Integrate phase- Assess your progress and determine the degree to which you have integrated your learning experiences through a second chart review.</p>	<p>Completion of each phase entitles you to receive 5 <i>AMA PRA Category 1 Credits™</i>. However, you are eligible to receive 20 <i>AMA PRA Category 1 Credits™</i> for the completion of the <i>Identify</i>, <i>Implement</i>, and <i>Integrate</i> phases. Use the data from this PI-CME Project to earn ABP Part 2 and Part 4 Maintenance of Certification points. This activity has been approved by the American Board of Family Medicine for Maintenance of Certification for Family Physicians Part IV credit.</p>	<p>Funded by the University of Virginia Health System and the Virginia Department of Health.</p>

<p>Breastfeeding Promotion in Physicians' Office Practices Programs https://www2.aap.org/breastfeeding/curriculum/index.html</p>	<p>American Academy of Pediatrics' breastfeeding residency curriculum available online for to Pediatric, Family Medicine, Preventive Medicine, Internal Medicine, and Obstetric/Gynecologic Residency Programs. Includes:</p> <ul style="list-style-type: none"> - Objective Structured Clinical Examination Case Study: <i>Set Up</i> - <i>Clinical case studies</i> - <i>Cultural case studies</i> <p>And the following presentations:</p> <ul style="list-style-type: none"> - Basic Breastfeeding Assessment - Management of Common Breastfeeding Situations - Management of Common Breastfeeding Problems 	<p>Free; No credits provided by AAP. The curriculum has been organized based on the Accreditation Council for Graduate Medical Education Core Competencies.</p>	<p>A multi-specialty team of experts in graduate medical education and breastfeeding developed this curriculum, which was piloted at 14 residency programs across the country.</p>
<p>Breastmilk Solutions http://www.breastmilk-solutions.com/</p>	<p>Four videos geared toward mothers and health professionals</p> <ul style="list-style-type: none"> - <u>Breastfeeding, A Guide to Getting Started video and companion booklet, The ABCs of Breastfeeding</u> (Prepares mothers for breastfeeding and teaches health professionals how to counsel and care for breastfeeding mothers.) - <u>Breastfeeding Management, Educational Tools for Physicians and Other Professionals</u> (Training on how to care for breastfeeding mothers, assess breastfeeding, and ensure proper breastfeeding technique.) - <u>Making Enough Milk, The Key to Successful Breastfeeding . . . Planning for Day One</u> - <u>A Premie Needs His Mother. First Steps to Breastfeeding Your Premature Baby</u> 	<p>\$125 for "A Premie Needs His Mother." \$65 each for the other three videos. Package of all 4 DVDs is \$225.00. Bulk rates available.</p>	<p>Videos produced by pediatrician Dr. Jane Morton, former Director of the Breastfeeding Medicine Program at Stanford University, executive board member of the American Academy of Pediatrics' Section on Breastfeeding and Fellow of the Academy of Breastfeeding Medicine. "Breastfeeding, A Guide to Getting Started video and companion booklet, The ABCs of Breastfeeding" was listed as one of the top 5 materials on breastfeeding by residents on the website of American Academy of Pediatrics' Breastfeeding Residency Curriculum.</p> <p>All DVDs include content in English and Spanish except "Breastfeeding Management."</p>

<p>Supporting and Promoting Breastfeeding in Health Care Settings http://www.albany.edu/sph/cphce/preventionagenda_breastfeeding.shtml</p>	<p>Four 1-hour video presentations with slides geared toward prenatal, hospital, and postpartum care providers. The available modules are:</p> <ul style="list-style-type: none"> - Prenatal care - Hospital Care part 1 - Hospital Care part 2 - Early Postpartum/Postnatal Care 	<p>Free; Continuing education credits available</p>	<p>Offered by the School of Public Health at the University at Albany, State University of New York. Presenters are: Module 1: Wendy Wilcox, MD, MPH, Vice Chairperson, Department of Obstetrics & Gynecology, Jacobi Medical Center & North Central Bronx Hospital Modules 2 & 3: Susan Vierczhalek, MD, IBCLC, Associate Professor, NYU School of Medicine, Attending Physician, Bellevue Hospital Center Module 4: Lorelei Michels, DO, IBCLC, Founder and Director, Dr. Lorelei's Healthy Beginnings, Breastfeeding Medicine, PLLC</p>
<p>Texas Department of State Health Services breastfeeding courses https://www.dshs.state.tx.us/wichd/lactate/courses.shtm</p>	<p>In-person classes offered at sites throughout Texas: <u>2-day classes</u></p> <ul style="list-style-type: none"> - Principles of Lactation Management - Lactation Counseling and Problem Solving - Peer Counselor Trainer Workshop <p><u>1-day classes</u></p> <ul style="list-style-type: none"> - Breastfeeding Management (7.5 hrs) - Breastfeeding the Compromised Infant (5 hrs.) - Physician's Breastfeeding Course: Supporting Breastfeeding When Challenges Occur (1.5 hrs) <p><u>3-day class:</u> Clinical Lactation Practicum</p>	<p>\$60 registration fee for 2-day classes, other classes are free; Continuing education credits offered</p>	<p>Check website for scheduled classes in your area. The Clinical Lactation Practicum in Austin takes place at Mom's Place, the WIC Breastfeeding Clinic. The 1-day classes are offered quarterly in Austin and this year are hosted by Seton at Brackenridge Hospital.</p>
<p>Texas Health Steps http://www.txhealthsteps.com/cms/?q=catalog/course/1961</p>	<p>Online training module with a goal of introducing health care professionals to best practices in providing support to mothers who want to breastfeed their infants.</p>	<p>Free; 1.5 continuing education contact hours available</p>	<p>Training provided by the Texas Department of State Health Services (DSHS) and the Texas Health and Human Services Commission (HHSC).</p>

<p>Wellstart's Lactation Management Self-Study Modules http://www.wellstart.org/</p>	<p>151 page study book of evidence-based self-study modules, for nurses, physicians, and other health care professionals.</p>	<p>Free; Does not offer CEUS. Certificate of completion available to those who take a final exam and score 80% or higher. Meets the criteria for evidence-based self-study modules that can be taken to meet breastfeeding training required by physicians, nurses, and maternity care staff involved in perinatal care of mothers or babies in hospitals seeking a Baby Friendly®* Hospital designation by Baby-Friendly USA, Inc. (BFUSA)</p>	<p>The modules were listed as one of the top 5 materials on breastfeeding by residents on the website of American Academy of Pediatrics' Breastfeeding Residency Curriculum. Wellstart has over 30 years' experience working on breastfeeding and has collaborated with the World Health Organization and UNICEF.</p>
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