

2013 National Public Health Week

Activities Calendar – April 1st-5th



Monday April 1 st	Tuesday April 2 nd	Wednesday April 3 rd	Thursday April 4 th	Friday April 5 th	Saturday April 6 th	Sunday April 7 th
<p>8-10am South Austin Neighborhood Center (508 Durwood St): cholesterol screening (requires fasting)</p>	<p>9-11:30am St. John's Community Center (7500 Blessing Ave): blood pressure screening</p> <p>9am-noon Rosewood Zaragosa Neighborhood Center (2800 Webberville Rd): blood pressure, blood sugar, and cholesterol Screening</p> <p>1-5pm Wal-Mart Community Event (1030 Norwood Park Blvd): Health screenings, infant car seat demos, WIC, etc</p>	<p>8-11am East Austin Neighborhood Center (211 Comal St): blood pressure, blood sugar, and cholesterol screening</p>	<p>9-11:30am Blackland Neighborhood Center (2005 Salina St): blood pressure, blood sugar, and cholesterol screening</p> <p>3-4pm Community Health Improvement Plan (CHIP) Press Release at City Hall</p>	<p>8-11am Dove Springs Recreation Center (5801 Ainez Dr): cholesterol screening (requires fasting)</p>		<p>All Day World Health Day and Implementation of Travis County's Tobacco-Free Workplace Policy</p>



Throughout the week, we are hosting an [Instagram Campaign](#) to help raise awareness about public health! So please take a picture of what public health means to you – exercising, eating right, getting a vaccine, etc. – then upload to Instagram and use the hashtag [#austinpublichealth](#).

We look forward to seeing your photos!