

Spring marks start of ozone season

Spring has arrived and, along with warmer weather, comes ozone season. Ground-level ozone levels often ramp up during the spring and summer months, when temperatures begin to climb and sunlight is more prevalent. Increased ozone levels can impact the health of sensitive groups of people such as children, seniors and people with breathing disorders such as asthma.

Ozone season officially started on March 1 this year. Stay informed and "Be Air Aware" by visiting the CLEAN AIR Force of Central Texas website, <u>cleanairforce.org</u>, and signing up to receive Ozone Action Day Alerts. You can also get daily air quality information via the AirNow app, available for download at <u>airnow.gov</u>.

In Central Texas, the biggest contributors to harmful ozone pollution are vehicle emissions from cars and trucks. Everyone can help keep the air healthy by taking a sustainable work commute such as carpooling, riding public transit or cycling. For external distribution include this sentence: Find out more about commute options at CommuteSolutions.com.