




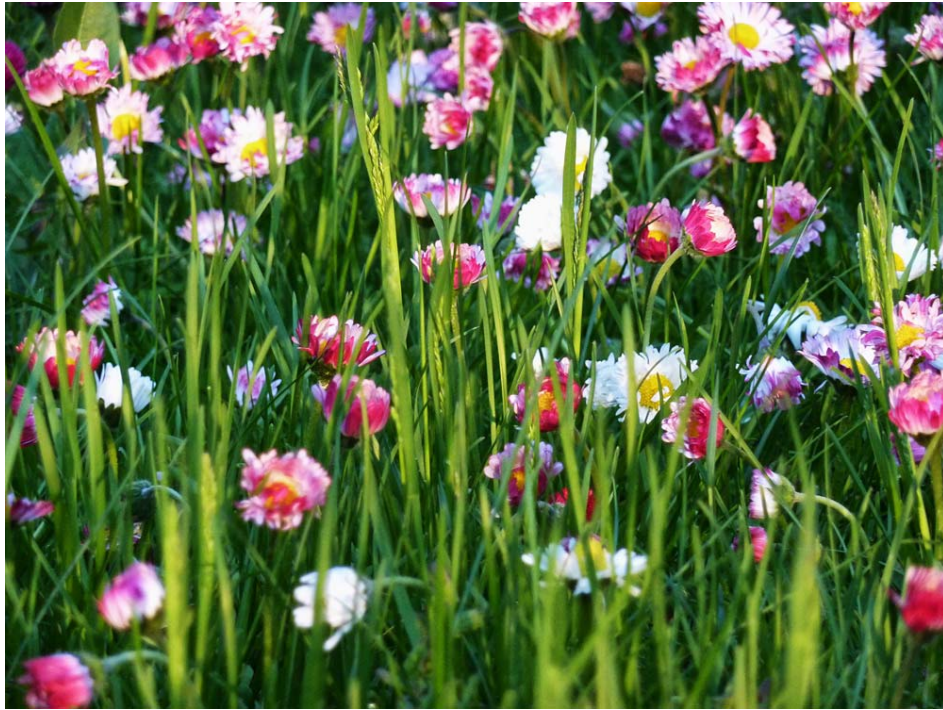
SOUTH AUSTIN SENIOR ACTIVITY CENTER

3911 Manchaca Road Austin, TX, 78704

512-448-0787 Monday-Friday 8a-5p

www.austintexas.gov/department/south-austin-senior-activity-center

 Austin Parks and Recreation Department - Seniors



MAY 2017



The City of Austin is proud to comply with the Americans with Disabilities Act. If you require assistance for participation in our programs or use of our facilities, please call (512) 974-3914.

2017 REGISTRATION HAS NOW BEGUN!

2017 PARD Waivers and South Austin Senior Activity Center Advisory Board Registration

ALL participants must have a completed 2017 waiver on file to participate in ALL classes, trips, drop-in, work out room use etc. at South Austin Senior Activity Center.

Stop by the SASAC Reception Desk to complete the form TODAY!!!

NEW Daily Check-in Procedure

Starting January 3, 2017 SASAC will use a new automated check-in procedure

ALL participants will be asked to scan in daily on the computer. To ensure you are ready, please complete a 2017 waiver and have your picture taken and a card printed for your account.

Stop by the SASAC Reception Desk to complete the process TODAY!!!

The South Austin Senior Activity Center (SASAC) is located at 3911 Manchaca Road, just north of Ben White Blvd. SASAC's hours are Monday through Friday from 8a to 5p, with special evening and weekend rentals. Some of the many services we provide include: gardening, games, arts and crafts, health and fitness, group socials, excursions, organizational meetings and private rentals. Friendly staff and volunteers are happy to answer any questions and to guide interested parties through the registration process. A calendar year donation (January-December) of \$10 is appreciated, and an additional \$10 is required if you would like a newsletter mailed to your home. Donations go to the SASAC Advisory Board, directly enhancing the center's offerings. A SASAC volunteer is available at the front desk to collect donations and newsletter payment Monday through Friday from 9a to 1p, or you may register and pay by mail. We thank you for your support and look forward to seeing you here soon.

austintexas.gov/department/south-austin-senior-activity-center

UPCOMING EVENTS



TEE TIME: Learn to Golf

Wanting to learn more or how to play golf, you are in luck! Learn from a professional on the fundamentals of golf for FREE!

Registration Still Available

Tuesday and Thursday 1pm - 3pm

South Lamar Activity Senior Center May 2 - 11

(512) 474-5921



ZUMBA®

Zumba - NEW CLASS

Thursdays 1:30 - 2:30pm

Have fun and move to the music. Come join us for our new Zumba class on Thursdays!

Cost: Free



Free Movie Screening

Wednesday, May 10 3:30-5p

Join Austin free-Net for a movie screening of Cyber Senior. Learn new computer and Internet skills from trainers.

Cost: Free



NEW PHONE NUMBER

Thursday, May 11 8:00 - 5:00pm

We will be upgrading our current phone system. The center will be open but we will not be assessable by phone.

Our new number will be (512)978-2400.

PUBLIC MEETINGS

TRAVIS COUNTY DEAF ASSOCIATION

NO MEETING IN MAY

SASAC ADVISORY BOARD MEETING

Wednesday, May 10th 12 - 1pm

SOUTH AUSTIN AARP #2426

Wednesday, May 17th 1 - 4p

NATIONAL ACTIVE/ RETIRED FEDERAL EMPLOYEES

Thursday, May 18th 9-12:30p

AARP Smart Driver

Thursday, May 25th
12:30 - 4:30p

This class is designed for the mature driver & it **will not dismiss traffic violations.**

* For insurance discount only *

Fee: \$15 for AARP Members
\$20 for non-AARP Members

Sign up in advance at the front desk.

Payment due on the day of class:

**CASH OR CHECKS ONLY
payable to AARP**

COMMUNITY GARDEN OF EATIN'

Join our group on Mondays to help with our Spring garden maintenance and harvesting. Whether you have a green thumb to lend, or want to develop one, stop by our community garden.

Every Monday at 9a



CARD GAMES

Free Play Bridge

Mondays, Wednesdays & Fridays
11:30a - 1p
FREE

Progressive Bridge

Mondays, Wednesdays & Fridays
1 - 3p
FREE

Advanced Free Play

Monday 11a - 2p & Thursdays 9 - 11:30a

This group focuses on:

- Competitive Bidding
- Chicago Style Scoring
- Duplicate Practice
- Peer Coaching

FREE



Gentle Duplicate Bridge

Tuesdays 12:30 - 3:30p
Led by Larry Davis,
Contract Instructor
\$5.00

Friday Morning Free Play

Fridays 9 - 11am

Beginner's welcome
FREE

Hand and Foot Canasta

Thursdays,
11th and 25th
12-4p

A challenging game that's good for the brain.
Friendly social group willing to teach you how to play.
FREE

Pinochle

Tuesdays & Thursdays 8a - 2p
FREE

FITNESS

BE SURE TO CHECK OUT OUR TREADMILLS, RECUMBENT BIKES, WEIGHT SYSTEM AND ELLIPTICAL TRAINERS

IF YOU NEED ASSISTANCE USING THE
EQUIPMENT, SASAC STAFF IS AVAILABLE
TO ANSWER QUESTIONS.

*You should consult your physician
or other health care professional
before starting any fitness program
to determine if it is
right for you and your needs.*

YOGA

**Mondays, Wednesdays
and Fridays 9 - 10a**

Increase your strength and balance
while gaining flexibility. Feel better
physically & spiritually.

Contact Instructor:

Charlie Pivert

**Fee: \$10 drop-in class
\$25 for 3 classes**

SENIORCIZE

Wednesdays 10:30 - 11a

Join Kade for a workout geared
towards adults 50 and older.

Seniorcize is a great way to stay
active and get back into shape.

Instructor: Kade Green

FREE

SENIOR HEALTH AND FITNESS

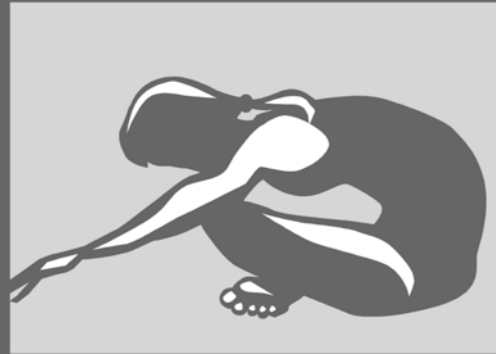
Tuesdays 9 - 10a

Thursdays 8:30 - 9:30a

Total body cardiovascular workout
taught in a FUN class format.

Four sets of activities
(15 minutes each).

**Instructed by video tape
FREE**



T'AI CHI

Tuesdays 10-11a

Fridays 10:15-11:15a

Tuesdays, May 9th – June 13th

Fridays, May 12th - June 16th

T'ai Chi has many proven health benefits
for seniors, from increased balance and
bone strength, to greater strength and
flexibility. T'ai Chi is also very safe and
practiced slowly; it is zero impact.

Instructor: Kade Green, Sifu

Fee: 6 Sessions Tuesdays OR Fridays only

Residents: \$30

Non-Residents: \$36

12 Sessions Tuesdays AND Fridays

Residents: \$50

Non-Residents: \$62

Drop in - per class

Resident: \$5

Non Resident: \$6

DANCE

BEGINNER LINE DANCE

Mondays 1- 2p

Socialize & learn the basic
steps to fun line dances.

**Instructor: Joan Cox
(512)288-4135**

FREE

ADVANCED BEGINNER LINE DANCE

Mondays 2 - 3:30p

Scout your boots for a healthy body
and mind. Have fun, make friends,
and learn a variety of dances.

**Instructor: Joan Cox
(512)288-4135**

FREE

Austin Rockin' Line Dancers Thursdays

9:30 - 11a

Rocking Chairettes is a line dance
group that performs at various
locations around Austin and has
been honored with several awards.

**Instructor: Sonja Hemmes
(512)531-9122**

FREE



ZUMBA GOLD VIDEO FOR BEGINNERS

Mondays 10:15-11:15a

Improve your muscle strength,
coordination, posture and mobility.
Come on out and shake it! This is a
drop in class. **FREE**



Follow us on Facebook at:

**Austin Parks and Recreation
Department - Seniors**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1 Yoga 9-10 Spanish 9-10:30 Garden Meeting 9-10 Chess Play 10-12 Zumba 10:15-11:15 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. Line Dance 2-3:30</p>	<p>2 Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting 9-11 *Tai Chi 10-11* Mexican Train 12:15-3:15 Mahjong 1:15 - 4 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3</p>	<p>3 Yoga 9-10 Ceramics 9-11 Seniorcize 10:30-11 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Painters 1-3:30</p>	<p>4 Pinochle 8-2 Oil Painting 8-4 Club 5K 8:30-9:45 Sr. Health & Fitness 8:30-9:30 Advanced Bridge 9-11:30 Honey Bee Quilters 9-2 Austin Rockin' Line Dancers 9:30-11 Zumba 1-2:30</p>	<p>5 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11:30-1 Bingo 1-3 Progressive Bridge 1-3</p>
<p>8 Yoga 9-10 Spanish 9-10:30 Garden Meeting 9-10 Chess Play 10-12 Zumba 10:15-11:15 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. Line Dance 2-3:30</p>	<p>9 Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting 9-11 *Tai Chi 10-11* Mexican Train 12:15-3:15 Mahjong 1:15 - 4 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3</p>	<p>10 Yoga 9-10 Ceramics 9-11 Seniorcize 10:30-11 Free Play Bridge 11:30-1 Let's Sing 12:15-1:30 Bingo 1-3 Progressive Bridge 1-3 Painters 1-3:30</p>	<p>11 Pinochle 8-2 Oil Painting 8-4 Club 5K 8:30-9:45 Sr. Health & Fitness 8:30-9:30 Advanced Bridge 9-11:30 Austin Rockin' Line Dancers 9:30-11 Hand and Foot Canasta 12-4 Zumba 1-2:30</p>	<p>12 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11:30-1 Bingo 1-3 Progressive Bridge 1-3</p>
<p>15 Yoga 9-10 Spanish 9-10:30 Garden Meeting 9-10 Chess Play 10-12 Zumba 10:15-11:15 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. Line Dance 2-3:30</p>	<p>16 Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting 9-11 *Tai Chi 10-11 Mexican Train 12:15-3:15 Mahjong 1:15 - 4 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3</p>	<p>17 Yoga 9-10 Ceramics 9-11 Technology Class 9-11 Seniorcize 10:30-11 Free Play Bridge 11:30-1 AARP 1-4 Progressive Bridge 1-3 Painters 1-3:30</p>	<p>18 Pinochle 8-2 Oil Painting 8-4 Club 5K 8:30-9:45 Sr. Health & Fitness 8:30-9:30 Advanced Bridge 9-11:30 Honey Bee Quilters 9-2 Austin Rockin' Line Dancers 9:30-11 Zumba 1-2:30 NARFE 1-4</p>	<p>19 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11:30-1 Bingo 1-3 Progressive Bridge 1-3</p>
<p>24 Yoga 9-10 Spanish 9-10:30 Garden Meeting 9-10 Chess Play 10-12 Zumba 10:15-11:15 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. Line Dance 2-3:30</p>	<p>25 Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting 9-11 *Tai Chi 10-11* Mexican Train 12:15-3:15 Mahjong 1:15- 4 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3</p>	<p>26 Yoga 9-10 Ceramics 9-11 Seniorcize 10:30-11 Free Play Bridge 11:30-1 Let's Sing 12:15-1:30 Progressive Bridge 1-3 Bingo 1-3 Painters 1-3:30</p>	<p>27 Pinochle 8-2 Oil Painting 8-4 Club 5K 8:30-9:45 Sr. Health & Fitness 8:30-9:30 Advanced Bridge 9-11:30 Austin Rockin' Line Dancers 9:30-11 Hand and Foot Canasta 12-4 AARP Smart Driver 12:30-4:30 Zumba 1-2:30</p>	<p>28 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11:30-1 Bingo 1-3 Progressive Bridge 1-3</p>
<p>29 CLOSED</p>	<p>30 Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting 9-11 *Tai Chi 10-11* Mexican Train 12:15-3:15 Mahjong 1:15- 4 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3</p>	<p>31 Yoga 9-10 Ceramics 9-11 Seniorcize 10:30-11 Free Play Bridge 11:30-1 Let's Sing 12:15-1:30 Progressive Bridge 1-3 Bingo 1-3 Painters 1-3:30</p>		

MAY 2017

TRIPS

LOTTERY REGISTRATION Due: Friday, May 5th

LOTTERY RESULTS AVAILABLE: Monday, May 8th

REGISTRATION FEES DUE: Friday, May 12th

You may sign up one other person in addition to yourself by calling or by stopping by the center. You may contact the center anytime after Monday, May 8th at 12pm to find out if you were selected for a trip. Staff will call you ONLY if you were selected for a trip. All trips are subject to change due to weather, PARD director approval, or registration numbers.



SAC Lamar Art Show (Austin, Texas) Friday, May 19th

Come join us on a trip to the Senior Activity Center Lamar Art Show to celebrate the unique, creative perspective of these gifted Austin 50+ artists.

Departure Time: 10a
Returning Time: 3p
Fee: Free
Additional Expenses: Purchase of Lunch
Activity Level: Low



Hiking at Mayfield Trail (Austin, Texas) Tuesday, May 23rd

Come join SASAC as we hike on trails that you would not expect to be right in the middle of our city. The destination we are hiking this trip is Mayfield Trail with our City's Park Rangers.

Departure Time: 8:30a
Returning Time: 11:15a
Fee: Free
Activity Level: High-Unleveled terrain

TRIPS

San Antonio Art Museum (San Antonio, Texas) Tuesday, May 30th



Tour the uniquely remodeled old brewery on the River Walk, which is now the San Antonio Art Museum. This Museum has the largest and most comprehensive collection of ancient Egyptian, Greek, Roman, and Asian art in the southern United States.

Departure Time: 8:30a
Returning Time: 4p
Fee: Resident \$15
Non-Resident \$16
Additional Expenses: Purchase of Lunch
Activity Level: Low

Joseph and the Amazing Technicolor Dream Coat At Georgetown Palace Theater (Georgetown, Texas) Friday, June 6th



The Biblical saga of Joseph and his coat of many colors comes to vibrant life in this delightful musical parable. Joseph, his father's favorite son, is a boy blessed with prophetic dreams. When he is sold into slavery by his jealous brothers and taken to Egypt, Joseph endures a series of adventures in which his spirit and humanity are continually challenged.

Departure Time: 4:30p
Returning Time: 11p
Fee: Resident \$36
Non-Resident \$37
Additional Expenses: Purchase of Dinner
Activity Level: Low

iFLY (Austin, Texas) Tuesday, June 13th



Ever dreamed of flying? This could be your trip. Come with SASAC and take our second flight at iFLY!

Departure Time: 8:30p
Returning Time: 3p
Fee: Resident \$52
Non-Resident \$53
Additional Expenses: Purchase of Lunch
Activity Level: High—Not recommend with back issues

VISUAL, LITERARY & PERFORMING ARTS



Let's Sing-a-Long Wednesday May 10th, 24th & 31st 12:15 - 1:30p

Bring your instrument and your singing voice. Celebrate the gift of song!

Oil Painters Thursdays 8a - 4p

Come in and share your creativity with other painters!

Wednesday Painters Wednesdays 1 - 3:30p

If you use pastels, oils, acrylics, etc., bring your supplies and enjoy the fun.

Ceramics Circle Wednesdays 9 - 11a

Bring your ceramic project and join other ceramics enthusiasts as you work.

Honey Bee Quilters Thursday, May 4th & 18th 9a - 2p

The Honey Bees invite anyone interested in quilting to join their monthly meetings.

Contact: Amelia Greene
(512) 282-5507

Knitting & Crocheting Tuesdays 9 - 11a

Bring what you are working on. Share ideas, skills and learn. Participants are willing to teach beginners wanting to learn!

Writing the Stories of Your Life

Next Session: Wednesdays, April 12th– May 17th
9:45-11:15a

Your memories are your real family treasures! Have fun learning techniques for retrieving, writing and polishing your memories, so that you can assemble them into your life story.

Contact instructor in advance for information & availability.

Fee: \$48 (6 sessions)

Contract Instructor: Rosalind Bond (512) 441-3014

RECREATION AND GAMES

Bingo Wednesdays, May 10th, 24th & 31st **AND** Fridays 1-3p
25¢ per card - 8 card limit

Chess Club

Mondays and Fridays 10a-12p
New players and all levels welcome!

Mahjong

Tuesdays 1:15-3p
Join in on the classic game!

Mexican Train Dominoes

Tuesdays 12:15-3:15p

Ping Pong

Tuesdays 12:30-3p

If you are interested in playing at a different time, please call ahead for room availability and to assure staff is available to set up the table.

Recreation Room

Complete with treadmills, recumbent bikes, elliptical machines, a weight system and pool tables. If you need assistance with using the exercise equipment, please let a staff member know. Available for daily use unless posted.

AND MORE

BIBLE STUDY

Mondays 1-3p

Join us for reflection and study with Rev. David Dukes. All are welcome.

FREE

TECHNOLOGY CLASS

**Wednesday, May 17th
9-11a**

Having trouble operating your computer, tablet, or smart phone? Have a general curiosity about current technology? We are here to help you connect.

Please bring your equipment with you for us to assist you.

FREE

INTRODUCTION TO SPANISH CONVERSATION

Mondays 9-10:30a

Want to know more about the Spanish language? This program will introduce you to the alphabet and basic phrases. Bring: notebook, pen/pencil, and a

Spanish dictionary (optional).

FREE

**Volunteer Instructors:
Domingo Herrera**

LUNCH MENU

Meet new friends while eating a hot, nutritious lunch every day at SASAC. A \$1 donation for those over 60 is greatly appreciated to offset the cost of staff, meal-related expenses, dietary supplies, and delivery.

CONGREGATE MEAL REGISTRATION REQUIRED

Meal tickets are distributed on a **FIRST COME-FIRST SERVE** basis beginning at **9:30a** each morning.

Tickets distributed equal the number of meals ordered for that day.

Lunch is served daily **11:30a-12p** with milk and water.

For ineligible guests **OVER 60** (not registered) and guest **UNDER 60**, the cost of the meal is **\$5.39**.

Due to the unavailability of certain items, substitutions are occasionally made.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Beef Spaghetti Brussels Sprouts Glazed Beets Wheat Bread Fresh Fruit	2 Country Captain Chicken Orzo Pilaf Scalloped Cabbage Dinner Roll Tropical Fruit	3 Turkey Taco Meat Lettuce and Tomato Pinto Beans Wheat Tortilla Apple Crisp Taco Sauce	4 Mary's Chicken Salad Pasta Salad Three Bean Salad Saltine Crackers Fruited Lemon Gelatin	5 Country Fried Steak Country Gravy Whipped Potatoes Italian Vegetables Dinner Roll Fresh Fruit
8 Beef Pepper Steak Brown Gravy Whipped Potatoes Mixed Greens Wheat Bread Fresh Fruit	9 Vegetable Lasagna Black-Eyed Peas Garden Vegetables Wheat Bread Lemon Pudding	10 Sliced Turkey and Swiss Cheese Lettuce and Tomato Pasta Salad Wheat Bread (2) Fresh Banana Mustard	11 Roast Beef with Gravy Corn and Lima Beans Sliced Carrots Dinner Roll Fruited Cherry Gelatin	12 Alfredo Dill Chicken Macaroni and Cheese Squash/Zucchini/ Tomatoes Wheat Roll Nutty Buddy Bar Margarine
15 Buffalo Chicken Pasta Tuscany Vegetables Squash Medley Dinner Roll Fresh Fruit	16 Swiss Steak Parslied Potatoes Mixed Vegetables Wheat Bread Vanilla Pudding	17 Judith's Smoked Sausage Confetti Coleslaw Ranch Beans Hot Dog Bun Hot Pineapple Tidbits Mustard	18 Chilaquiles Casserole Brown Rice Brussels Sprouts Wheat Bread Fresh Fruit	19 Cajun Chicken Whole Kernel Corn Mixed Greens Cornbread Fresh Fruit Margarine
22 Piccadillo Beef Spanish Brown Rice Fiesta Vegetables Wheat Tortilla Fresh Fruit	23 Creamy Garlic Cheese Ravioli Tossed Salad Italian Vegetables Whole Wheat Breadstick Hot Pineapple Tidbits Lite Italian Dressing	24 BBQ Honey Mustard Turkey Meatballs Whipped Potatoes Spinach Cornbread Fresh Fruit Margarine	25 Cranberry Dijon Chicken Creamed Peas Glazed Carrots Wheat Bread Fresh Fruit	26 Veracruz Chicken Couscous Pilaf Broccoli Texas Bread Fresh Fruit
29 <i>Closed for Holiday</i>	30 Salisbury Beef with Onion Gravy Parslied Potatoes Brussels Sprouts Wheat Bread Ambrosia Pudding	31 Charlene's Tuna Macaroni Salad Three Bean Salad Cucumber Onion Salad Saltine Crackers Banana Pudding	*Due to unavailability of certain items, appropriate substitutions may need to be made. **Milk is served every meal.	

Austin City Council Mayor and City Council

Steve Adler, Mayor
Kathie Tovo, Mayor Pro Tem, District 9
Ora Houston, District 1
Delia Garza, District 2
Sabino "Pio" Renteria, District 3
Gregorio "Greg" Casar, District 4
Ann Kitchen, District 5
Don Zimmerman, District 6
Leslie Pool, District 7
Ellen Troxclair, District 8
Sheri Gallo, District 10

Austin Parks and Recreation

Sara L. Hensley, CPRP, Director
Kimberly A. McNeeley, CPRP, Assistant Director
Aliana Kallivoka Interim Assistant Director
Angela Means, Interim Assistant Director
Lucas Massie, Division Manager
David Crabb, Seniors Program Manager

SASAC Advisory Board 2016

Shirley Masterson, President
Willie Williams, Vice President
Joan Cox, Secretary
Kitti Greenough, Treasurer
Elaine Benton
Iola Canady
Carolyn Drake
Raisa Edelman
Margaret Hughes
Margie Mendez



City Manager

Elaine Hart, Interim City Manager
Ray Baray, Chief of Staff
Rey Arellano, Assistant City Manager
Sue Edwards, Assistant City Manager
Robert Goode, Assistant City Manager
Bert Lumbreras, Assistant City Manager
Mark Washington, Acting Assistant City Manager

Parks Board

Jane Rivera, Chair
Richard DePalma, Vice Chair
Alison Alter, Board Member
Michael Casias, Board Member
Rick Cofer, Board Member
Tom Donovan, Board Member
Alesha Larkins, Board Member
Francoise Luca, Board Member
Alex Schmitz, Board Member
Mark Vane, Board Member
Pat Wimberly, Board Member

SASAC Staff

Kelly Maltzberger, Recreation Program Supervisor
Maria Reyes, Recreation Program Coordinator
Lynnette Lara, Recreation Programs Specialist
West Baxter, MSRLS, Recreation Programs Specialist
Kaitie Hilburn, Administrative Associate

MISSION The purpose of the Parks and Recreation Department is to provide, protect and preserve a park system that promotes quality recreational, cultural and outdoor experiences for the Austin community.

REC PRINCIPLES: RECREATIONAL, ENVIRONMENTAL, CULTURAL

The Austin Parks and Recreation Department uses a professional, systematic and studied approach in determining the programs and services we offer our community. This strategy is reflected in our Recreational, Environmental, and Cultural Program Principles. These principles are used in determining programs and services:

- Provide programs and services that help fulfill the organizational mission, vision, goals and objectives adopted by the Austin City Council and the Austin Parks and Recreation Department.
- Provide programs that follow all applicable laws, ordinances, resolutions and standard operating procedures.
- Develop programs that have a stated purpose, goals and objectives which specify benefits and outcomes that the program will offer participants and the community.
- Offer accessible, affordable recreational, environmental and cultural program opportunities in a safe environment for all ages, abilities, interests and socio-economic levels, highlighting Austin's diversity.
- Encourage and respond to community input in program planning, development and evaluation.
- Programs will balance community needs with financial viability providing an overall financially sound recreation program to the Austin community.