



# SOUTH AUSTIN SENIOR ACTIVITY CENTER

3911 Manchaca Road Austin, TX, 78704

512-978-2400

Monday/Thursday/Friday 8:00am - 5:00pm

Tuesday 8:00am - 9:00pm

Wednesday 8:00am - 10:00pm

[www.austintexas.gov/department/south-austin-senior-activity-center](http://www.austintexas.gov/department/south-austin-senior-activity-center)



Austin Parks and Recreation Department - Seniors



## February 2018



The City of Austin is proud to comply with the Americans with Disabilities Act. If you require assistance for participation in our programs or use of our facilities, please call

## 2018 Registration Begins November 1st!!!

### 2018 PARD Waivers and South Austin Senior Activity Center Advisory Board Registration

ALL participants must have a completed 2018 waiver on file to participate in ALL classes, trips, drop-in, work out room use etc. at South Austin Senior Activity Center.

Stop by the SASAC Reception Desk to complete the form TODAY!!!

## NEW Daily Check-in Procedure

### Starting January 3, 2017 SASAC will use a new automated check-in procedure

ALL participants will be asked to scan in daily on the computer. To ensure you are ready, please complete a 2018 waiver and have your picture taken and a card printed for your account.

Stop by the SASAC Reception Desk to complete the process TODAY!!!

## 2018 Evening Hours

SASAC will be open Tuesdays until 9:00pm and Wednesdays until 10:00pm.

### Evening Dance Clubs

#### **Waterloo Squares**

Tuesday Nights - Square Dancing from 7 – 9 pm  
Square-dance the night away to a live caller!

#### **Wednesday Night Dance Club**

Wednesday Nights - Country & Western Dancing from 7 - 10pm  
Come dance the night away to a live band!

Feb 7th - Nite Shift

February 14th - 3 Chord Rodeo

February 21st - Stardusters

February 29th - Hired Guns

## UPCOMING EVENTS



### **First Tee Golf (12 Sessions)**

Tuesday & Thursday February 13 - March 29th 12:30p-3p

Want to learn how to play golf? You are in luck, SASAC is providing the opportunity to have a 12 session class with a golf pro at Harvey Pennick Golf Course.

**Limited signup**

**Fee: Free**



### **AARP TAX AIDE**

Mondays & Tuesdays February 5th - April 16th  
8:30a-12p

Sign up begins at 8a First-come, first-served. FREE



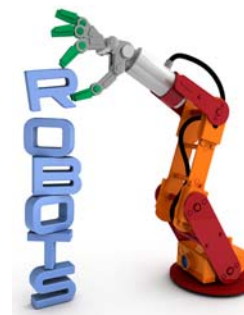
### **Medicare 101**

Wednesday, Feb. 28th 9-10

*Sponsored by Humana*



**SASAC will be closed Monday, February 19th in observance of President's Day**



### **STEM Robotics**

January 30th - Feb 15th 10-11:30a  
Tuesdays and Thursdays for three weeks

Each person works with their own kit at their own pace, working through visual instructions. Space is limited sign up at the front desk.

## PUBLIC MEETINGS

### SASAC ADVISORY BOARD MEETING

Wednesday, February 14th

### SOUTH AUSTIN AARP #2426

Wednesday, February 21st

### NATIONAL ACTIVE/ RETIRED FEDERAL EMPLOYEES

Thursday, February 15th

#### Birthday Celebration

Thursday, February 22  
12pm

Join us for cake and ice cream to celebrate all friend's December birthdays!!!

### AARP Smart Driver

**Thursday, April 26th**

This class is designed for the mature driver & it **will not dismiss traffic violations.**

*\* For insurance discount only \**  
**Fee:** \$15 for AARP Members  
\$20 for non-AARP Members  
**Sign up in advance at the front desk.**

**Payment due on the day of class:**

**CASH OR CHECKS ONLY**  
**payable to AARP**

## COMMUNITY GARDEN OF EATIN'

Join our group on Mondays to help with our Fall garden maintenance and harvesting. Whether you have a green thumb to lend, or want to develop one, stop by our community garden.

**Every Monday at 10a**



## CARD GAMES

### Free Play Bridge

*Mondays, Wednesdays & Fridays*  
11:30a - 1p  
**FREE**

### Progressive Bridge

*Mondays, Wednesdays & Fridays*  
1 - 3p  
**FREE**

### Advanced Free Play

*Monday 11a - 2p & Thursdays 9 - 11:30a*

*This group focuses on:*

- Competitive Bidding
- Chicago Style Scoring
- Duplicate Practice
- Peer Coaching

**FREE**



### Gentle Duplicate Bridge

*Tuesdays 12:30 - 3:30p*  
Led by Larry Davis,  
Contract Instructor  
**\$5.00**

### Friday Morning Free Play

*Fridays 9 - 11am*

*\*Beginner's welcome\**  
**FREE**

### Hand and Foot Canasta

*February 14th and 28th*  
12-4p

A challenging game that's good for the brain.  
Friendly social group willing to teach you how to play.  
**FREE**

### Pinochle

*Tuesdays & Thursdays 8a - 2p*  
**FREE**

# FITNESS

## BE SURE TO CHECK OUT OUR TREADMILLS, RECUMBENT BIKES, WEIGHT SYSTEM AND ELLIPTICAL TRAINERS

IF YOU NEED ASSISTANCE USING THE  
EQUIPMENT, SASAC STAFF IS AVAILABLE  
TO ANSWER QUESTIONS.

*You should consult your physician  
or other health care professional  
before starting any fitness program  
to determine if it is  
right for you and your needs.*

### Gym Hours

**Mondays 8a-9a & 3p-4:45p**  
**Tuesdays 8a-12p & 3:30-8:45p**  
**Wednesday 8a-10a & 3-9:45p**  
**Thursday 8-9a & 12-4:45p**  
**Friday 8-11:30a & 3-4:45p**

### YOGA

**Mondays, Wednesdays  
and Fridays 9 - 10a**

Increase your strength and balance  
while gaining flexibility. Feel better  
physically & spiritually.

**Contact Instructor:**  
**Charlie Pivert**

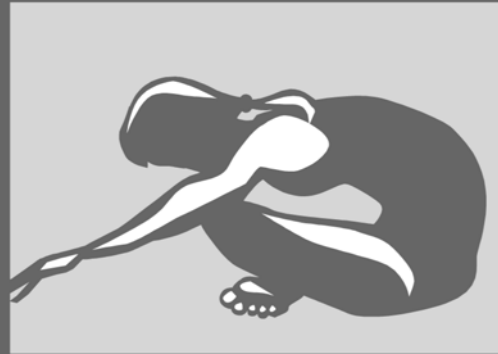
**Fee: \$10 drop-in class**  
**\$25 for 3 classes**

### SENIOR HEALTH AND FITNESS

**Tuesdays 9 - 10a**  
**Thursdays 8:30 - 9:30a**

Total body cardiovascular workout  
taught in a FUN class format.  
Four sets of activities  
(15 minutes each).

**Instructed by video tape**  
**FREE**



### T'AI CHI

**Tuesdays 10-11a**  
**Fridays 10:15-11:15a**  
**Tuesdays, Feb 13th- Mar 20th**  
**Fridays, Feb 16th - Mar 23rd**

T'ai Chi has many proven health benefits  
for seniors, from increased balance and  
bone strength, to greater strength and  
flexibility. T'ai Chi is also very safe and  
practiced slowly; it is zero impact.

**Instructor: Kade Green, Sifu**

**Fee: 6 Sessions Tuesdays OR Fridays only**  
Residents: \$30  
Non-Residents: \$36  
**12 Sessions Tuesdays AND Fridays**  
Residents: \$50  
Non-Residents: \$62  
**Drop in - per class**  
Resident: \$5  
Non Resident: \$6

# FITNESS

### BEGINNER LINE DANCE

**Mondays 1- 2p**  
Socialize & learn the basic  
steps to fun line dances.  
**Instructor: Joan Cox**  
**(512)288-4135**  
**FREE**

### ADVANCED BEGINNER LINE DANCE

**Mondays 2 - 3:30p**  
**\*Thursdays 2:30-3:30p\***

Scout your boots for a healthy body  
and mind. Have fun, make friends,  
and learn a variety of dances.

**Instructor: Joan Cox**  
**(512)288-4135**  
**FREE**

### Stretch and Strength

**Thursdays 1:15- 2:15 p**  
Join Patti Gagne as she teaches  
you how to balance the body's  
strength and flexibility.

**Instructor: Patti Gagne**  
**FREE**

### SENIORCIZE

**Wednesdays 10:30 - 11a**  
Join Kade for a workout geared  
towards adults 50 and older.  
Seniorcize is a great way to stay  
active and get back into shape.  
**Instructor: Kade Green**  
**FREE**

### Austin Rockin' Line Dancers Thursdays

**9:30 - 11a**

Rocking Chairettes is a line dance  
group that performs at various  
locations around Austin and has  
been honored with several awards.

**Instructor: Sonja Hemmes**  
**(512)531-9122**  
**FREE**



### ZUMBA GOLD VIDEO FOR BEGINNERS

**Mondays 10:15-11:15a**

Improve your muscle strength,  
coordination, posture and mobility.  
Come on out and shake it! This is a  
drop in class. **FREE**

### ZUMBA

**Fridays 1:30- 2:30 pm**

Improve your muscle strength,  
coordination, posture and mobility.  
Come on out and shake it! This is a  
drop in class. **FREE**



**Follow us on Facebook at:**

**Austin Parks and Recreation**  
**Department - Seniors**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b> Pinochle 8-2 Oil Painting 8-4 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 Austin Rockin' Line Dancers 9:30-11 Honey Bee Quilters 8-2 Stretch and Strength 1:15- 2:15 <b>Line Dance 2:30-3:30</b>	<b>2</b> Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 <b>*Tai Chi 10:15-11:15*</b> Free Play Bridge 11:30-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 1:30-2:30
<b>5</b> Yoga 9-10 Spanish 9-10:30 <b>Garden Meeting 10-11</b> Chess Play 10-12 Zumba 10:15-11:15 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. Line Dance 2-3:30	<b>6</b> Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting 9-11 <b>*Tai Chi 10-11</b> Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge12:30-3:30 Ping Pong 12:30-3 Waterloo Squares 7-9p	<b>7</b> Yoga 9-10 Ceramics 9-11 Seniorcize 10:30-11 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Painters 1-3:30 Wednesday Night Dance 7-10p	<b>8</b> Pinochle 8-2 Oil Painting 8-4 <b>Car Fit 9-11</b> Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 Austin Rockin' Line Dancers 9:30-11 Hand and Foot Canasta 12-4 Stretch and Strength 1:15-2:15 <b>Line Dance 2:30-3:30</b>	<b>9</b> Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 <b>*Tai Chi 10:15-11:15*</b> Free Play Bridge 11:30-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 1:30-2:30
<b>12</b> Yoga 9-10 Spanish 9-10:30 <b>Garden Meeting 10-11</b> Chess Play 10-12 Zumba 10:15-11:15 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. Line Dance 2-3:30	<b>13</b> Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting 9-11 <b>*Tai Chi 10-11</b> Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge12:30-3:30 Ping Pong 12:30-3 Waterloo Squares 7-9p	<b>14</b> Yoga 9-10 Ceramics 9-11 Seniorcize 10:30-11 Free Play Bridge 11:30-1 Let's Sing 12:15-1:30 Bingo 1-3 Progressive Bridge 1-3 Painters 1-3:30 Wednesday Night Dance 7-10p	<b>15</b> Pinochle 8-2 Oil Painting 8-4 Honey Bee Quilters 8-4 Sr. Health & Fitness 8:30-9:30 Advanced Bridge 9-11:30 Austin Rockin' Line Dancers 9:30-11 <b>NARFE 9:30-12:30</b> Stretch and Strength 1:15-2:15 <b>Line Dance 2:30-3:30</b>	<b>16</b> Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 <b>*Tai Chi 10:15-11:15*</b> Free Play Bridge 11:30-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 1:30-2:30
<b>19</b> <b>CLOSED</b>	<b>20</b> Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting 9-11 <b>*Tai Chi 10-11*</b> Mexican Train 12:15-3:15 Mahjong 1:15– 3 Gentle Dup. Bridge12:30-3:30 Ping Pong 12:30-3 Waterloo Squares 7-9p	<b>21</b> Yoga 9-10 Technology 8:30-10:30a Ceramics 9-11 Seniorcize 10:30-11 Free Play Bridge 11:30-1 <b>AARP 1-4</b> Progressive Bridge 1-3 Painters 1-3:30 Wednesday Night Dance 7-10p	<b>22</b> Pinochle 8-2 Oil Painting 8-4 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 Austin Rockin' Line Dancers Hand and Foot Canasta 12-4 Stretch and Strength 1:15-2:15 <b>Birthday 12</b> <b>Line Dance 2:30-3:30</b>	<b>23</b> Yoga 9-10 Card Making 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 <b>*Tai Chi 10:15-11:15*</b> Free Play Bridge 11:30-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 1:30-2:30
<b>26</b> Yoga 9-10 Spanish 9-10:30 <b>Garden Meeting 10-11</b> Chess Play 10-12 Zumba 10:15-11:15 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. Line Dance 2-3:30	<b>27</b> Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting 9-11 <b>*Tai Chi 10-11*</b> Mexican Train 12:15-3:15 Mahjong 1:15– 3 Gentle Dup. Bridge12:30-3:30 Ping Pong 12:30-3 Waterloo Squares 7-9p	<b>28</b> Yoga 9-10 Ceramics 9-11 Medicare 101 10-11 Seniorcize 10:30-11 Free Play Bridge 11:30-1 Let's Sing 12:15-1:30 Bingo 1-3 Progressive Bridge 1-3 Painters 1-3:30 Wednesday Night Dance 7-10p		

# February 2018

# TRIPS

**LOTTERY REGISTRATION DUE: Friday, February 9th**  
**LOTTERY RESULTS AVAILABLE: Monday, February 12th**  
**REGISTRATION FEES DUE: Friday, February 16th**

You may sign up one other person in addition to yourself by calling or by stopping by the center. You may contact the center anytime after Monday, February 12th @ 12pm to find out if you were selected for a trip. Staff will call you ONLY if you were selected for a trip. All trips are subject to change due to weather, PARD director approval, or registration numbers.



**Health Fair and Heart Walk (Austin, Texas)**  
**Thursday, February 15th**

This year the Health Fair and Heart Walk will be held at Gus Garcia Recreation Center. This event will provide seniors a chance to interact with peers from around the city while learning about their health, enjoying free games, prizes, and free brunch meal.

**Departure Time: 8:30a**  
**Returning Time: 2p**  
**Fee: Free - Free Brunch Meal**  
**Activity Level: Moderate - Optional 1/4 mile Unleveled Walking**

**Comal County Country Music Opry (New Braunfels, Texas)**  
**Tuesday, February 20th**

Ready to go boot scooting or just listen to some good country music? Then this is the trip for you!

**Departure Time: 4p**  
**Returning Time: 11p**  
**Fee: \$5 Residents / \$6 Non-Residents**  
**Additional Expenses: Purchase of Ticket \$5 and Dinner**  
**Activity Level: Moderate**



# TRIPS

**World Dinners Club Pho Dan (Austin, Texas)**  
**Wednesday, February 28th**



This months World Dinners Club we are venturing out to learn and eat delicious Vietnamese food at Dan Pho.

**Departure Time: 10:15a**  
**Returning Time: 2p**  
**Fee: \$3 Residents / \$4 Non-Residents**  
**Extra expense: Purchase of Dinner**  
**Activity Level: Low**

**Biking @ Lady Bird Lake (Austin, Texas)**  
**Monday, March 5th**



It's time to get back in the saddle again! If you enjoy cycling or even if you have not pedaled in years, join us for Camacho Activity Center's adult biking program. We have the bikes and the helmets, all we need is you!

**Departure Time: 8:30a**  
**Returning Time: 2p**  
**Fee: Free**  
**Additional Expenses: Purchase of Lunch**  
**Activity Level: High**

**Sophienburg Museum (New Braunfels, Texas)**  
**Wednesday, March 7th**



Have you always wanted to learn about New Braunfels and the German history? This is the trip for you! At the Sophienburg Museum you will learn the history of the German Culture in this wonderful city. Also, at the end of the tour we will get to eat New Braunfels's famous Strudledoos.

**Departure Time: 8a**  
**Returning Time: 3p**  
**Fee: \$18 Residents / \$19 Non-Residents**  
**Extra expense: Purchase of Lunch**  
**Activity Level: Low**

## VISUAL, LITERARY & PERFORMING ARTS



### Honey Bee Quilters

Thursday, February 1st & 15th  
9a - 2p

The Honey Bees invite anyone interested in quilting to join their monthly meetings.

Contact: Amelia Greene  
(512) 282-5507

### Knitting & Crocheting

Tuesdays 9 - 11a

Bring what you are working on.

Share ideas, skills and learn.

Participants are willing to teach beginners wanting to learn!

### Let's Sing-a-Long

Wednesday,

February 14th & 28th

12:15 - 1:30p

Bring your instrument and your singing voice. Celebrate the gift of song!

### Oil Painters

Thursdays 8a - 4p

Come in and share your creativity with other painters!

### Wednesday Painters

Wednesdays 1 - 3:30p

If you use pastels, oils, acrylics, etc., bring your supplies and enjoy the fun.

### Ceramics Circle

Wednesdays 9 - 11a

Bring your ceramic project and join other ceramics enthusiasts as you work.

### Card Making

Friday, February 23rd 9-10am

Come join us as we create cards

### Writing the Stories of Your Life

Next Session: February 21st – March 28th

9:45-11:15a

Your memories are your real family treasures! Have fun learning techniques for retrieving, writing and polishing your memories, so that you can assemble them into your life story.

**Contact instructor in advance for information & availability.**

Fee: \$48 (6 sessions)

Contract Instructor: Rosalind Bond (512) 441-3014

## RECREATION AND GAMES

**Bingo** Wednesdays, February 14th, & 28th **AND** Fridays  
1-3p \*25¢ per card - 8 card limit\*

### Chess Club

**Mondays and Fridays 10a-12p**  
New players and all levels welcome!

### Mahjong

**Tuesdays 1:15-3p**  
Join in on the classic game!

### Mexican Train Dominoes

**Tuesdays 12:15-3:15p**

### Ping Pong

**Tuesdays 12:30-3p**

If you are interested in playing at a different time, please call ahead for room availability and to assure staff is available to set up the table.

### Recreation Room

Complete with treadmills, recumbent bikes, elliptical machines, a weight system and pool tables. If you need assistance with using the exercise equipment, please let a staff member know. Available for daily use unless posted.

## AND MORE

### BIBLE STUDY

**Mondays 1-3p**

Join us for reflection and study with Rev. David Dukes. All are welcome.

**FREE**

### TECHNOLOGY CLASS

Wednesday, February 21st

8:30a-10:30a

Having trouble operating your computer, tablet, or smart phone?

Have a general curiosity about current technology? We are here to help you connect.

Please bring your equipment with you for us to assist you.

**FREE**

### INTRODUCTION TO SPANISH CONVERSATION

**Mondays 9-10:30a**

Want to know more about the Spanish language? This program will introduce to you the alphabet and basic phrases. Bring: notebook, pen/pencil, and a

Spanish dictionary (optional).

**FREE**

**Volunteer Instructors:**

**Domingo Herrera**

# LUNCH MENU

Meet new friends while eating a hot, nutritious lunch every day at SASAC. A \$1 donation for those over 60 is greatly appreciated to offset the cost of staff, meal-related expenses, dietary supplies, and delivery.

## CONGREGATE MEAL REGISTRATION REQUIRED

Meal tickets are distributed on a **FIRST COME-FIRST SERVE** basis beginning at **9:30a** each morning.

*Tickets distributed equal the number of meals ordered for that day.*

Lunch is served daily **11:30a-12p** with milk and water.

For ineligible guests **OVER 60** (not registered) and guest **UNDER 60**, the cost of the meal is **\$5.39**.

Due to the unavailability of certain items, substitutions are occasionally made.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Dan Pruett's Burger Lettuce and Tomato Cheesy Parslied Potatoes Hamburger Bun Hot Spiced Peaches	2 Cheesy Penne Herbed Green Peas Italian Vegetables Whole Wheat Breadstick Fresh Fruit
5 Ron Lantz's Meatloaf with Brown Gravy Whipped Potatoes with Skins Mixed Vegetables Wheat Bread Fresh Fruit	6 Turkey Pot Pie Stewed Tomatoes Herbed Green Beans Wheat Bread Chocolate Pudding	7 Ham Salad Kidney Bean Salad Marinated Vegetables Saltine Crackers Fresh Fruit	8 Beef Ziti Broccoli Carrots Amandine Whole Wheat Bread- stick Fruited Cherry Gelatin	9 Pork Carnitas Seasoned Black Beans Spanish Brown Rice Wheat Tortilla Fresh Fruit Taco Sauce
12 BBQ Chicken Whole Kernel Corn Herbed Green Beans Wheat Bread Fresh Fruit	13 Cheeseburger Macaroni Cauliflower Sliced Carrots Whole Wheat Breadstick Fresh Fruit	14 <i>Special Meal</i> 10 Grain Pollock Brown Rice Florentine Mixed Vegetables Dinner Roll Strawberry Swirl Pudding Tartar Sauce	15 Enchilada Chicken Pinto Beans Zucchini and Tomatoes Wheat Bread Fruited Lemon Gelatin	16 Bean Chili Brown Rice Diced Beets Cornbread Fresh Fruit Margarine
19 Closed	20 Sausage with Onions and Peppers Ranch Beans Mixed Greens Hot Dog Bun Cinnamon Swirl Pudding	21 Chicken Orzo Frittata Stewed Tomatoes Garden Vegetables Wheat Bread Fresh Fruit	22 Sloppy Joe Coleslaw Oven Roasted Pota- toes Hamburger Bun Hot Spiced Apples	23 Chilaquiles Casserole Cheesy Chile Brown Rice Squash Medley Mexican Cornbread Fresh Fruit
26 Pomodoro Chicken Meatballs Whipped Potatoes with Skins Spring Vegetables Wheat Bread Fresh Fruit	27 Hamburger Mushroom Ragu Brown Rice Green Beans with Toma- toes Whole Wheat Breadstick Fresh Banana	28 Fajita Chicken Lettuce and Tomato Charro Beans Wheat Tortilla Hot Oranges and Pineapple Taco Sauce		



## Austin City Council Mayor and City Council

Steve Adler, Mayor  
Kathie Tovo, Mayor Pro Tem, District 9  
Ora Houston, District 1  
Delia Garza, District 2  
Sabino "Pio" Renteria, District 3  
Gregorio "Greg" Casar, District 4  
Ann Kitchen, District 5  
Don Zimmerman, District 6  
Leslie Pool, District 7  
Ellen Troxclair, District 8  
Sheri Gallo, District 10

## Austin Parks and Recreation

Kimberly A. McNeeley, CPRP, Acting Director  
Liana Kallivoka, PhD, P.E, Assistant Director  
John Nixon, Acting Assistant Director  
Iliana Venegas, Acting Assistant Director  
Lucas Massie, Division Manager  
David Crabb, Seniors Program Manager

## SASAC Advisory Board 2017

Shirley Masterson, President  
Willie Williams, Vice President  
Joan Cox, Secretary  
Kitti Greenough, Treasurer  
Elaine Benton  
Iola Canady  
Carolyn Drake  
Raisa Edelman  
Margaret Hughes  
Margie Mendez



## City Manager

Elaine Hart, Interim City Manager  
Ray Baray, Chief of Staff  
Rey Arellano, Assistant City Manager  
Robert Goode, Assistant City Manager  
Sara Hensley, Interim Assistant City Manager  
Joe Pantalion, Interim Assistant City Manager  
Mark Washington, Acting Assistant City Manager

## Parks Board

Jane Rivera, Chair  
Richard DePalma, Vice Chair  
Michael Casias, Board Member  
Rick Cofer, Board Member  
Tom Donovan, Board Member  
Romteen Farasat, Board Member  
Dawn Lewis, Board Member  
Francoise Luca, Board Member  
Randy Mann, Board Member  
Fred Morgan, Board Member  
Mary Katherine Stout, Board Member

## SASAC Staff

Kelly Maltsberger, Recreation Program Supervisor  
Maria Reyes, Recreation Program Coordinator  
Lynnette Lara, Recreation Programs Specialist  
West Baxter, MSRLS, Recreation Programs Specialist  
Joe Asevedo, Building and Grounds Assistant

**MISSION** The purpose of the Parks and Recreation Department is to provide, protect and preserve a park system that promotes quality recreational, cultural and outdoor experiences for the Austin community.

### REC PRINCIPLES: RECREATIONAL, ENVIRONMENTAL, CULTURAL

The Austin Parks and Recreation Department uses a professional, systematic and studied approach in determining the programs and services we offer our community. This strategy is reflected in our Recreational, Environmental, and Cultural Program Principles. These principles are used in determining programs and services:

- Provide programs and services that help fulfill the organizational mission, vision, goals and objectives adopted by the Austin City Council and the Austin Parks and Recreation Department.
- Provide programs that follow all applicable laws, ordinances, resolutions and standard operating procedures.
- Develop programs that have a stated purpose, goals and objectives which specify benefits and outcomes that the program will offer participants and the community.
- Offer accessible, affordable recreational, environmental and cultural program opportunities in a safe environment for all ages, abilities, interests and socio-economic levels, highlighting Austin's diversity.
- Encourage and respond to community input in program planning, development and evaluation.
- Programs will balance community needs with financial viability providing an overall financially sound recreation program to the Austin community.