



SOUTH AUSTIN SENIOR ACTIVITY CENTER

3911 Manchaca Road Austin, TX, 78704

512-978-2400

Monday/Thursday/Friday 8:00am - 5:00pm

Tuesday 8:00am - 9:00pm

Wednesday 8:00am - 10:00pm

www.austintexas.gov/department/south-austin-senior-activity-center



Austin Parks and Recreation Department - Seniors



April 2018



The City of Austin is proud to comply with the Americans with Disabilities Act. If you require assistance for participation in our programs or use of our facilities, please call

2018 Registration Begins November 1st!!!

2018 PARD Waivers and South Austin Senior Activity Center Advisory Board Registration

ALL participants must have a completed 2018 waiver on file to participate in ALL classes, trips, drop-in, work out room use etc. at South Austin Senior Activity Center.

Stop by the SASAC Reception Desk to complete the form TODAY!!!

NEW Daily Check-in Procedure

Starting January 3, 2017 SASAC will use a new automated check-in procedure

ALL participants will be asked to scan in daily on the computer. To ensure you are ready, please complete a 2018 waiver and have your picture taken and a card printed for your account.

Stop by the SASAC Reception Desk to complete the process TODAY!!!

2018 Evening Hours

SASAC will be open Tuesdays until 9:00pm and Wednesdays until 10:00pm.

Evening Dance Clubs

Waterloo Squares

Tuesday Nights - Square Dancing from 7 – 9 pm
Square-dance the night away to a live caller!

Wednesday Night Dance Club

Wednesday Nights - Country & Western Dancing from 7:30 - 9:45pm
Come dance the night away to a live band! \$5 per person charge

April 4th - Nite Shift

April 11th - 3 Chord Rodeo

April 18th - Stardusters

April 25th - Hired Guns

UPCOMING EVENTS



National Walking Day

Wednesday, April 4th

- Blood pressure checks & cholesterol screenings
- Featuring guest speaker Mark Milligan
- Walk the trail

Free!!! Snacks, Water & Giveaways!
Sign up at front desk for a bus ride



Zumba with Jacque Cotrell

April 13th - July 6th

Fridays 2:30p - 3:30p

Come on out and shake it! Improve your muscle strength, coordination, posture and mobility. Instructor lead course.

PRE-REGISTRATION REQUIRED



Garden of Eatin' Party

Wednesday, May 2nd 10a-12p

Join us as we celebrate Garden of Eatin' 6 year anniversary and our 5 new garden beds with St. Davids Foundation Health's Angels.



Aging is Cool sponsored by Humana

Wednesday, April 18th 10:00 - 11:00am

World renowned south Austin Fitness expert Damien Temperly will be taking you through a series of movements designed to improve both physical and cognitive performance- bring your A Game!



First Tee Golf (12 Sessions)

Tuesday & Thursday April 3rd - May 10th

12:30p - 3p

Want to learn how to play golf? SASAC is providing the opportunity to have a 12 session class with a golf pro at Harvey Pennick Golf Course.

PUBLIC MEETINGS

SASAC ADVISORY BOARD MEETING

Wednesday, April 11th

SOUTH AUSTIN AARP #2426

Wednesday, April 18th

NATIONAL ACTIVE/ RETIRED FEDERAL EMPLOYEES

Thursday, April 19th

Birthday Celebration

Thursday, April 26
12pm

Join us for cake and ice cream to celebrate all friend's April birthdays!!!

AARP Smart Driver

Thursday, April 26th
12:30-4:30p

This class is designed for the mature driver & it **will not dismiss traffic violations.**

* For insurance discount only *

Fee: \$15 for AARP Members
\$20 for non-AARP Members
Sign up in advance at the front desk.

Payment due on the day of class:

CASH OR CHECKS ONLY payable to AARP

COMMUNITY GARDEN OF EATIN'

Join our group on Mondays to help with our Spring garden maintenance and harvesting. Whether you have a green thumb to lend, or want to develop one, stop by our community garden.

Every Monday at 9a / Garden Party Wednesday, May 2nd at 10a-12p



CARD GAMES

Free Play Bridge

Mondays, Wednesdays & Fridays
11:30a - 1p
FREE

Progressive Bridge

Mondays, Wednesdays & Fridays
1 - 3p
FREE

Advanced Free Play

Monday 11a - 2p & Thursdays 9 - 11:30a
This group focuses on:

- Competitive Bidding
- Chicago Style Scoring
- Duplicate Practice
- Peer Coaching

FREE



Gentle Duplicate Bridge

Tuesdays 12:30 - 3:30p
Led by Larry Davis,
Contract Instructor
\$5.00

Friday Morning Free Play

Fridays 9 - 11am

Beginner's welcome
FREE

Hand and Foot Canasta

April 12th, & 26th
12-4p

A challenging game that's good for the brain. Friendly social group willing to teach you how to play.
FREE

Pinochle

Tuesdays & Thursdays 8a - 2p
FREE

FITNESS

BE SURE TO CHECK OUT OUR TREADMILLS, RECUMBENT BIKES, WEIGHT SYSTEM AND ELLIPTICAL TRAINERS

IF YOU NEED ASSISTANCE USING THE
EQUIPMENT, SASAC STAFF IS AVAILABLE
TO ANSWER QUESTIONS.

*You should consult your physician
or other health care professional
before starting any fitness program
to determine if it is
right for you and your needs.*

Gym Hours

Mondays 8a-9a & 3p-4:45p
Tuesdays 8a-12p & 3:30-8:45p
Wednesday 8a-10a, 3-6p 8-9:45p
Thursday 8-9a & 12-4:45p
Friday 8-11:30a & 3-4:45p

YOGA

**Mondays, Wednesdays
and Fridays 9 - 10a**

Increase your strength and balance
while gaining flexibility. Feel better
physically & spiritually.

**Contact Instructor:
Charlie Pivert**

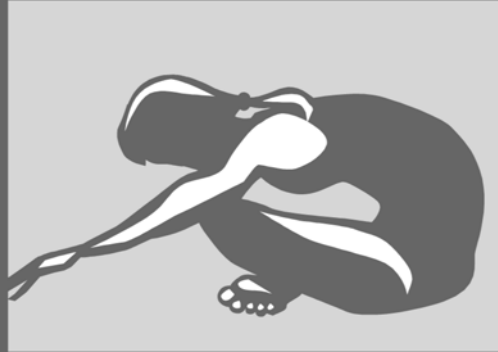
**Fee: \$10 drop-in class
\$25 for 3 classes**

SENIOR HEALTH AND FITNESS

Tuesdays 9 - 10a
Thursdays 8:30 - 9:30a

Total body cardiovascular workout
taught in a FUN class format.
Four sets of activities
(15 minutes each).

Instructed by video tape
FREE



T'AI CHI

Tuesdays 10-11a
Fridays 10:15-11:15a

Tuesdays, Mar 27th - May 1st
Fridays, Mar 30th - May 4th

T'ai Chi has many proven health benefits
for seniors, from increased balance and
bone strength, to greater strength and
flexibility. T'ai Chi is also very safe and
practiced slowly; it is zero impact.

Instructor: Kade Green, Sifu

Fee: 6 Sessions Tuesdays OR Fridays only

Residents: \$30

Non-Residents: \$36

12 Sessions Tuesdays AND Fridays

Residents: \$50

Non-Residents: \$62

Drop in - per class

Resident: \$5

Non Resident: \$6

FITNESS

BEGINNER LINE DANCE

Mondays 1- 2p

Socialize & learn the basic
steps to fun line dances.

**Instructor: Joan Cox
(512)288-4135**

FREE

ADVANCED BEGINNER LINE DANCE

Mondays 2 - 3:30p

Thursdays 2:30-3:30p

Scout your boots for a healthy body
and mind. Have fun, make friends,
and learn a variety of dances.

**Instructor: Joan Cox
(512)288-4135**

FREE

Stretch and Strength

Thursdays 1:15- 2:15 p

Join Patti Gagne as she teaches
you how to balance the body's
strength and flexibility.

**Instructor: Patti Gagne
FREE**

SENIORCIZE

Wednesdays 10:30 - 11a

Join Kade for a workout geared
towards adults 50 and older.

Seniorcize is a great way to stay
active and get back into shape.

**Instructor: Kade Green
FREE**

Austin Rockin' Line Dancers Thursdays

9:30 - 11a

Rocking Chairettes is a line dance
group that performs at various
locations around Austin and has
been honored with several awards.

**Instructor: Sonja Hemmes
(512)531-9122**

FREE



ZUMBA GOLD VIDEO FOR BEGINNERS

Mondays 10:15-11:15a

Improve your muscle strength,
coordination, posture and mobility.
Come on out and shake it! This is a
drop in class. **FREE**

**ZUMBA w/ Instructor
Fridays 2:30 - 3:30 pm**

Instructor: Jacque Cotrell

Improve your muscle strength,
coordination, posture and mobility.
Come on out and shake it! You must
pre-register **FREE**



Follow us on Facebook at:

**Austin Parks and Recreation
Department - Seniors**

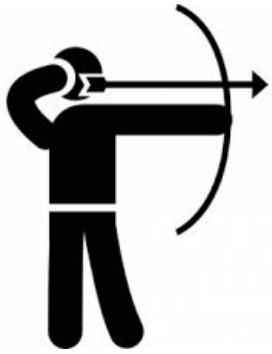
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Yoga 9-10 Spanish 9-10:30 Garden Meeting 9-10 Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play Bridge. 11-2p Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2	3 Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting 9-11 *Tai Chi 10-11 Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3	4 Yoga 9-10 Ceramics 9-11 Seniorcize 10:30-11 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Painters 1-3:30 Wednesday Night Dance 7-10p	5 Pinochle 8-2 Oil Painting 8-4 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 Austin Rockin' Line Dance 9:30-11 Honey Bee Quilters 8-2 Stretch and Strength 1:15- 2:15 Line Dance 2:30-3:30	6 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11:30-1 Bingo 1-3 Progressive Bridge 1-3
9 Yoga 9-10 Spanish 9-10:30 Garden Meeting 9-10 Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play Bridge. 11-2p Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. Line Dance 2-3:30 Tax Aide 8:30-12	10 Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting 9-11 *Tai Chi 10-11 Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3 Waterloo Squares 7-9p Tax Aide 8:30-12	11 Yoga 9-10 Ceramics 9-11 Seniorcize 10:30-11 Free Play Bridge 11:30-1 Let's Sing 12:15-1:30 Progressive Bridge 1-3 Bingo 1-3 Painters 1-3:30 Wednesday Night Dance 7-10p	12 Pinochle 8-2 Oil Painting 8-4 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 Austin Rockin' Line Dance 9:30-11 Hand and Foot Canasta 12-4 Stretch and Strength 1:15-2:15 Line Dance 2:30-3:30	13 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11:30-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 2:30-3:30
16 Yoga 9-10 Spanish 9-10:30 Garden Meeting 9-10 Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play Bridge. 11-2p Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. Line Dance 2-3:30 Tax Aide 8:30-12	17 Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting 9-11 *Tai Chi 10-11 Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3 Waterloo Squares 7-9p Tax Aide 8:30-12	18 Technology 8:30-10:30 Yoga 9-10 Ceramics 9-11 Aging is Cool 10-11 Seniorcize 10:30-11 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Painters 1-3:30 AARP 1-4 Wednesday Night Dance 7-10p	19 Pinochle 8-2 Oil Painting 8-4 Honey Bee Quilters 8-4 Sr. Health & Fitness 8:30-9:30 Advanced Bridge 9-11:30 Austin Rockin' Line Dance 9:30-11 NARFE 9:30-12:30 Stretch and Strength 1:15-2:15 Line Dance 2:30-3:30 NARFE 9-12	20 Yoga 9-10 Friday Morning Bridge 9-11 Card Making 9-10 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11:30-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 2:30-3:30
23 Yoga 9-10 Spanish 9-10:30 Garden Meeting 9-10 Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play Bridge. 11-2p Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. Line Dance 2-3:30	24 Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting 9-11 *Tai Chi 10-11* Mexican Train 12:15-3:15 Mahjong 1:15- 3 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3 Waterloo Squares 7-9p	25 Yoga 9-10 Ceramics 9-11 Seniorcize 10:30-11 Free Play Bridge 11:30-1 Let's Sing 12:15-1:30 Bingo 1-3 Progressive Bridge 1-3 Painters 1-3:30 Wednesday Night Dance 7-10p	26 Pinochle 8-2 Oil Painting 8-4 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 Austin Rockin' Line Dancers Birthdays Party 12:00p Hand and Foot Canasta 12-4 Stretch and Strength 1:15-2:15 Line Dance 2:30-3:30	27 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11:30-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 2:30-3:30
30 Yoga 9-10 Spanish 9-10:30 Garden Meeting 9-10 Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play Bridge. 11-2p Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. Line Dance 2-3:30				

April 2018

TRIPS

LOTTERY REGISTRATION DUE: Friday, April 6th
LOTTERY RESULTS AVAILABLE: Monday, April 9th
REGISTRATION FEES DUE: Friday, April 13th

You may sign up one other person in addition to yourself by calling or by stopping by the center. You may contact the center anytime after Monday, April 9th @ 12pm to find out if you were selected for a trip. Staff will call you **ONLY** if you were selected for a trip. All trips are subject to change due to weather, PARD director approval, or registration numbers.



Learn Archery (Austin, Texas) Monday, April 16th

Join us on our adventure to Camacho Activity Center where you have a chance to learn how to shoot with a bow and arrow. Learn how to be a marksman and have fun improving your skill level.

Departure Time: 9a
Returning Time: 2p
Fee: Free
Additional Expenses: Purchase of Lunch
Activity Level: Moderate - Unleveled Walking



50's Dance Party (Austin, Texas) Thursday, April 19th

Get ready to Rock'n Roll for our 50's party at Turner Roberts Recreation Center.

Departure Time: 9a
Returning Time: 3p
Fee: Free - Includes Lunch
Activity Level: Low

National Walking Day Wednesday, April 4th

- Blood pressure checks & cholesterol screenings
- Featuring guest speaker Mark Milligan
- Walk the trail

Departure Time: 9a
Returning Time: 3p
Fee: Free - Includes Lunch
Activity Level: Low



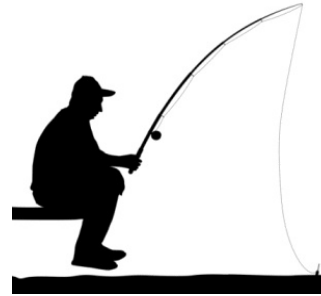
TRIPS



Cine De Ore Trip to the MACC (Austin, Texas) Tuesday, April 24th

Come join us on the trip to the Mexican American Cultural Center to see a free classic movie called *Marcelino, Pan y Vino/ Mircelino*.

Departure Time: 8:30a
Returning Time: 2p
Fee: Free - Includes Lunch
Activity Level: Low



Fishing with the Park Rangers (Austin, Texas) Friday, April 27th

Grab your fishing poles and your fishing license because we are going fishing. If you do not have equipment we will have poles and tackle for you.

Departure Time: 8:30a
Returning Time: 3p
Fee: Free
Extra expense: Requires a fishing license & purchase of Lunch
Activity Level: Moderate - Unleveled Walking



Rummikub Challenge and workshop (Austin, Texas) Friday, May 4th

We are taking a group to Conley-Guerrero Senior Activity Center for a friendly game of Rummikub. This trip is for all level of play and there will be a workshop for beginners.

Departure Time: 9:30a
Returning Time: 2p
Fee: Free
Extra expense: Must bring lunch if you are not set up with Meals on Wheels
Activity Level: Low

VISUAL, LITERARY & PERFORMING ARTS



Honey Bee Quilters Thursday, April 5th & 19th 9a - 2p

The Honey Bees invite anyone interested in quilting to join their monthly meetings.

Contact: Amelia Greene
(512) 282-5507

Knitting & Crocheting Tuesdays 9 - 11a

Bring what you are working on.
Share ideas, skills and learn.
Participants are willing to teach beginners wanting to learn!

Let's Sing-a-Long April 4th & 18th 12:15 - 1:30p

Bring your instrument and your singing voice. Celebrate the gift of song!

Oil Painters Thursdays 8a - 4p

Come in and share your creativity with other painters!

Wednesday Painters Wednesdays 1 - 3:30p

If you use pastels, oils, acrylics, etc., bring your supplies and enjoy the fun.

Ceramics Circle Wednesdays 9 - 11a

Bring your ceramic project and join other ceramics enthusiasts as you work.

Card Making

Friday, April 20th 9-10am
Come join us as we create cards

Writing the Stories of Your Life

Next Session: April 11th – May 16th
9:45-11:15a

Your memories are your real family treasures! Have fun learning techniques for retrieving, writing and polishing your memories, so that you can assemble them into your life story.

Contact instructor in advance for information & availability.

Fee: \$48 (6 sessions)

Contract Instructor: Rosalind Bond (512) 441-3014

RECREATION AND GAMES

Bingo Wednesdays, April 4th, & 18th **AND** Fridays
1-3p *25¢ per card - 8 card limit*

Chess Club

Mondays and Fridays 10a-12p
New players and all levels welcome!

Mahjong

Tuesdays 1:15-3p
Join in on the classic game!

Mexican Train Dominoes

Tuesdays 12:15-3:15p

Ping Pong

Tuesdays 12:30-3p
If you are interested in playing at a different time, please call ahead for room availability and to assure staff is available to set up the table.

Recreation Room

Complete with treadmills, recumbent bikes, elliptical machines, a weight system and pool tables. If you need assistance with using the exercise equipment, please let a staff member know. Available for daily use unless posted.

AND MORE

BIBLE STUDY

Mondays 1-3p

Join us for reflection and study with Rev. David Dukes. All are welcome.

FREE

TECHNOLOGY CLASS

Wednesday, April 18th
8:30a-10:30a

Having trouble operating your computer, tablet, or smart phone? Have a general curiosity about current technology? We are here to help you connect.

Please bring your equipment with you for us to assist you.

FREE

INTRODUCTION TO SPANISH CONVERSATION

Mondays 9-10:30a

Want to know more about the Spanish language? This program will introduce to you the alphabet and basic phrases. Bring: notebook, pen/pencil, and a

Spanish dictionary (optional).

FREE

Volunteer Instructors:
Domingo Herrera

LUNCH MENU

Meet new friends while eating a hot, nutritious lunch every day at SASAC. A \$1 donation for those over 60 is greatly appreciated to offset the cost of staff, meal-related expenses, dietary supplies, and delivery.

CONGREGATE MEAL REGISTRATION REQUIRED

Meal tickets are distributed on a **FIRST COME-FIRST SERVE** basis beginning at **9:30a** each morning.

Tickets distributed equal the number of meals ordered for that day.

Lunch is served daily **11:30a-12p** with milk and water.

For ineligible guests **OVER 60** (not registered) and guest **UNDER 60**, the cost of the meal is **\$5.39**.

Due to the unavailability of certain items, substitutions are occasionally made.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 Beef Ron Lantz's Meatloaf w/ Tomato Gravy Whipped Potatoes Skins Cheesy Spinach Texas Bread Fresh Fruit</p>	<p>3 Chicken Spaghetti Green Beans with Onions Sliced Carrots Wheat Bread Gingerbread Cookie</p>	<p>4 Beef Taco Spanish Brown Rice Fiesta Vegetables Wheat Tortilla Fresh Banana Taco Sauce</p>	<p>5 Turkey Breast with Gravy Mashed Sweet Potatoes Broccoli Dinner Roll Banana Pudding</p>	<p>6 Egg Salad Lettuce and Tomato Potato Salad Wheat Bread Fresh Fruit</p>
<p>9 Tim Andrew's BBQ Pork Rib Patty Baked Beans Mixed Vegetables Hamburger Bun Fresh Fruit</p>	<p>10 Potato Crusted Fish Brown Rice Florentine Herbed Green Beans Wheat Bread Caramel Pudding</p>	<p>11 Mexican Chicken Chili Green Peas Sliced Carrots Dinner Roll Applesauce</p>	<p>12 Glazed Ham Lima Beans Collard Greens Cornbread Fresh Fruit Margarine</p>	<p>13 Charlene's Tuna Pasta Salad Three Bean Salad Tomato Spoon Relish Saltine Crackers Fresh Fruit</p>
<p>16 Beef Spaghetti Casserole Herbed Green Beans Broccoli Whole Wheat Breadstick Fresh Fruit</p>	<p>17 Turkey Taco Pinto Beans Parslied Carrots Wheat Tortilla Lemon Pudding Taco Sauce</p>	<p>18 Turkey Pastrami and Swiss Cheese Pasta Salad Tomato Spoon Relish Wheat Bread (2) Fig Bar</p>	<p>19 Country Fried Steak w/ Gravy Whipped Potatoes w/ Skins Capri Vegetables Wheat Bread Fresh Banana</p>	<p>20 Cheese Ziti Broccoli Dilled Carrots Texas Bread Fresh Fruit</p>
<p>23 Salisbury Beef with Gravy Roasted Sweet Potatoes Broccoli Wheat Bread Fresh Fruit</p>	<p>24 Judith's Smoked Sausage Chuckwagon Corn Cucumber Salad Hot Dog Bun Hot Spiced Pineapple Tidbits Mustard</p>	<p>25 Breaded Fish Macaroni and Cheese Spinach Wheat Bread Marble Pudding</p>	<p>26 Chilaquiles Casserole Spanish Brown Rice Mixed Vegetables Wheat Bread Fresh Fruit</p>	<p>27 Beef Shawarma Lentil Vegetable Pilaf Glazed Beets Wheat Pita Pocket Fresh Fruit</p>
<p>30 Turkey Brown Rice Casserole Herbed Green Beans Ginger Carrots Wheat Bread Fresh Fruit</p>				

Austin City Council Mayor and City Council

Steve Adler, Mayor
Kathie Tovo, Mayor Pro Tem, District 9
Ora Houston, District 1
Delia Garza, District 2
Sabino "Pio" Renteria, District 3
Gregorio "Greg" Casar, District 4
Ann Kitchen, District 5
Don Zimmerman, District 6
Leslie Pool, District 7
Ellen Troxclair, District 8
Sheri Gallo, District 10

Austin Parks and Recreation

Kimberly A. McNeeley, CPRP, Acting Director
Liana Kallivoka, PhD, P.E, Assistant Director
John Nixon, Acting Assistant Director
Iliana Venegas, Acting Assistant Director
Lucas Massie, Division Manager
David Crabb, Seniors Program Manager

SASAC Advisory Board 2017

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Willie Williams, Vice President
Joan Cox, Secretary
Kitti Greenough, Treasurer
Elaine Benton
Iola Canady
Carolyn Drake
Raisa Edelman
Margaret Hughes
Margie Mendez



City Manager

Elaine Hart, Interim City Manager
Ray Baray, Chief of Staff
Rey Arellano, Assistant City Manager
Robert Goode, Assistant City Manager
Sara Hensley, Interim Assistant City Manager
Joe Pantalion, Interim Assistant City Manager
Mark Washington, Acting Assistant City Manager

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Romteen Farasat, Board Member
Dawn Lewis, Board Member
Francoise Luca, Board Member
Randy Mann, Board Member
Fred Morgan, Board Member
Mary Katherine Stout, Board Member

SASAC Staff

Kelly Maltsberger, Recreation Program Supervisor
Maria Reyes, Recreation Program Coordinator
Lynnette Lara, Recreation Programs Specialist
West Baxter, MSRLS, Recreation Programs Specialist
Joe Asevedo, Building and Grounds Assistant

MISSION The purpose of the Parks and Recreation Department is to provide, protect and preserve a park system that promotes quality recreational, cultural and outdoor experiences for the Austin community.

REC PRINCIPLES: RECREATIONAL, ENVIRONMENTAL, CULTURAL

The Austin Parks and Recreation Department uses a professional, systematic and studied approach in determining the programs and services we offer our community. This strategy is reflected in our Recreational, Environmental, and Cultural Program Principles. These principles are used in determining programs and services:

- Provide programs and services that help fulfill the organizational mission, vision, goals and objectives adopted by the Austin City Council and the Austin Parks and Recreation Department.
- Provide programs that follow all applicable laws, ordinances, resolutions and standard operating procedures.
- Develop programs that have a stated purpose, goals and objectives which specify benefits and outcomes that the program will offer participants and the community.
- Offer accessible, affordable recreational, environmental and cultural program opportunities in a safe environment for all ages, abilities, interests and socio-economic levels, highlighting Austin's diversity.
- Encourage and respond to community input in program planning, development and evaluation.
- Programs will balance community needs with financial viability providing an overall financially sound recreation program to the Austin community.