PREVENT THE SPREAD OF COVID-19

There are simple steps you can take to help flatten the curve, including:

- **Cover your coughs and sneezes** with a bent elbow or tissue
- **Take your temperature**, stay home if your fever is 99.6°F or higher
- **Wash your hands often** with soap and water for 20 seconds
- **Wear a face covering** when around others or at a business
- **Maintain a clean work environment**, sanitize your work station frequently

- **Do not touch your face**
- **Practice social distancing**, keep 6 feet or more between yourself and others
- **Do not shake hands**, use other greetings
- **Wear proper equipment**, like gloves, to protect yourself and others

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