March 2019

SUN	MON	TUE	WED	THU	FRI	SAT
CAPRA ACCREDITED		10:00 am - 11:30 Snk Tech			1	2
3	9:30 Meet & Greet 10:00 St Patrick's day Crafting	9:30 am - 12:00 Coffee With A Cop 5	9:30 Meet & Greet 10:30Chair exercise	9:00 Meet & Greet 9:30 Fit Strong 7	8	9
10	9:30 meet and greet 10:00 David (Gardening) 11):30 Meet and Greet Westgate Bowling BST Meeting 12	9:30 Meet & Greet 10:30Chair exercise 13	9:30 BST METZ RECREATION ST. PATTIES 4	15	16
17	9:00 Meet & Greet 9:30 Cooking for Two (Guam style)	9:00 Meet & Greet 9:30 Bingo/Loteria Dora Saucedo 19	9:30 Meet & Greet 10:30Chair exercise 20	9:00 Meet & Greet 9:30 Fit Strong 21	22	23
24	9:30 Meet and Greet Pure Action 10:00 11:00 25	9:30 Movies Cine De Oro Cesar Chaves 26	9:30 Meet & Greet 10:30Chair exercise Pure Action(L27	9:30 Fit Strong BST 10:30 Asian American	29	30
31					Senior 55 Schedule is	

Dittmar Recreation Center, 1009 W. Dittmar Rd Austin Texas 78745–512-974-6090