



SOUTH AUSTIN SENIOR ACTIVITY CENTER

3911 Manchaca Road Austin, TX, 78704

512-978-2400

Monday/Thursday/Friday 8:00am - 5:00pm

Tuesday 8:00am - 9:00pm

Wednesday 8:00am - 10:00pm

www.austintexas.gov/department/south-austin-senior-activity-center

Austin Parks and Recreation Department - Seniors



AUGUST 2019



The City of Austin is proud to comply with the Americans with Disabilities Act. If you require assistance for participation in our programs or use of our facilities, please call (512) 974-3914.



2019 Registration Begins November 26th!!!

2019 PARD Waivers and South Austin Senior Activity Center Advisory Board Registration

ALL participants must have a completed 2019 waiver on file to participate in ALL classes, trips, drop-in, work out room use etc. at South Austin Senior Activity Center.

Stop by the SASAC Reception Desk to complete the form TODAY!!!

NEW Daily Check-in Procedure

Since January 3, 2017 SASAC has used a new automated check-in procedure

ALL participants will be asked to scan in daily on the computer. To ensure you are ready, please complete a 2019 waiver and have your picture taken and a card printed for your account.

Stop by the SASAC Reception Desk to complete the process TODAY!!!

2019 Evening Hours

SASAC will be open Tuesdays until 9:00pm and Wednesdays until 10:00pm.

Evening Dance Clubs

Waterloo Squares

Tuesday Nights - Square Dancing from 7 – 8:45 pm
Square-dance the night away to a live caller!

Wednesday Night Dance Club

Wednesday Nights - Country & Western Dancing from 7:30 - 9:45pm
Come dance the night away to a live band! **\$5 per person charge**

August 7th - Nite Shift

August 28th - Hired Guns

August 14th - 3 Chord Rodeo

August 21st - Alibi's (Hawaiian Night)

UPCOMING EVENTS

**WE WILL BE
CLOSED
LABOR DAY** **SEPTEMBER
2ND**



Medicare 101

Tuesday, August 13th

9-10am / Free

The Medicare 101 is designed as a "brief explanation of Medicare options and benefits". Tuesday, August from 13th 9-10am

Sponsored by Humana



Pinewood Derby Car Prep

Thursday, August 15th

9-11am / \$6.00

Pinewood Derby Car Prep is a chance to put together your own Derby Car, paint and all the decals! You will also have a chance to race it in the Pinewood Derby on September 26th.



Movie Day: "Deep Water Horizon"

Wednesday, August 14th

1:30p - 3:30p FREE

A dramatization of the disaster in April 2010, when the offshore drilling rig called the Deepwater Horizon exploded, resulting in the worst oil spill in American history. Starring Mark Wahlberg.



EMS Emergency Preparedness

Tuesday, September 17, 2019 from

12:15 – 1:00 pm FREE

EMS Emergency Preparedness presentations include information about the Vial of Life program. The Vial of life is designed to speak for you when you can't speak for yourself. **Sign up at the front desk.**



Ongoing Library Computer Lab

Thursdays, 1:00pm - 2:00pm FREE

Short computer lessons with Q&A at the end. Space is very limited, **please sign-up at the front desk.**

PUBLIC MEETINGS

SASAC ADVISORY BOARD MEETING

Friday, August 9th at 12:00pm

SOUTH AUSTIN AARP #2426

Wednesday, August 21st 1-4 p

NATIONAL ACTIVE/ RETIRED FEDERAL EMPLOYEES

Thursday, August 22nd 9:00-12 p

Birthday Celebration

Thursday, August 29th
12pm

Join us for cake and ice cream to
celebrate all July birthdays!!!

"Be Well, Live Well." Nutrition Classes

The "Be Well, Live Well" is a program on healthy aging. This six week class meets 1 hour a week. Sign up at the front desk.

- August 20th from 9-10am
Lesson 1. Be Independent: Eat Well
- August 27th from 9-10am
Lesson 2. Be Able: Read the Label
- September 3rd from 9-10am
Lesson 3. Be Safe: Eat Safe
- September 10th from 9-10am
Lesson 4. Be Creative: Plan Meals
- September 17th from 9-10am
Lesson 5. Be Fit: Move More

September 24th from 9-10am Lesson

6. This is a make-up class that may or may not be given. In most locations, it tends to take place.

COMMUNITY GARDEN OF EATIN'

Join our group on Mondays to help with our winter garden maintenance and harvesting. Whether you have a green thumb to lend, or want to develop one, stop by our community garden.

Every Monday at 9am

*



CARD GAMES

Free Play Bridge

Mondays, Wednesdays & Fridays

11a - 1p
FREE

Progressive Bridge

Monday, Wednesdays & Fridays

1 - 3p
FREE

Advanced Free Play

Monday 11a - 2p &

Thursdays 9 - 11:30a

This group focuses on:

- Competitive Bidding
- Chicago Style Scoring
- Duplicate Practice
- Peer Coaching

FREE



Gentle Duplicate Bridge

Tuesdays 12:30 - 3:30p

Led by Larry Davis,

Contract Instructor

\$5.00

Friday Morning Free Play

Fridays 9 - 11am

Beginner's welcome

FREE

Hand and Foot Canasta

August 8th, 22nd & 29th 12-4p

A challenging game that's
good for the brain.

Friendly social group
willing to teach
you how to play.

FREE

Pinochle

Tuesdays & Thursdays 8a - 2p

FREE



FITNESS

BE SURE TO CHECK OUT OUR
TREADMILLS, RECUMBENT BIKES,
WEIGHT SYSTEM AND BARS,
EXERCISE BALLS, AND
ELLIPTICAL TRAINERS

IF YOU NEED ASSISTANCE USING THE
EQUIPMENT, SASAC STAFF IS AVAILABLE
TO ANSWER QUESTIONS.

*You should consult your physician
or other health care professional
before starting any fitness program
to determine if it is
right for you and your needs.*

Gym Hours

Mondays 8a-4:45p

Tuesdays 8a-8:45p

Wednesday 8a-9:45p

Thursday 8-4:45p

Friday 8a-4:45p

SUBJECT TO CHANGE

CLOSED EVERY THIRD THURSDAY

YOGA

**Mondays, Wednesdays
and Fridays 9 - 10a**

Increase your strength and balance
while gaining flexibility. Feel better
physically & spiritually.

Contact Instructor:
Charlie Pivert

Fee: \$10 drop-in class
\$25 for 3 classes

SENIOR HEALTH AND FITNESS

Tuesdays 9 - 10a

Thursdays 8:30 - 9:30a

Total body cardiovascular workout
taught in a FUN class format.
Four sets of activities
(15 minutes each).

Instructed by video tape
FREE



T'AI CHI

Tuesdays 10-11a

Fridays 10:15-11:15a

T'ai Chi has many proven health benefits
for seniors, from increased balance and
bone strength, to greater strength and
flexibility. T'ai Chi is also very safe and
practiced slowly; it is zero impact.
Instructor: Kade Green, Sifu

Session 6: August 13th – September 20th

Fee: 6 Sessions Tuesdays OR Fridays only

Residents: \$30

Non-Residents: \$36

12 Sessions Tuesdays AND Fridays

Residents: \$50

Non-Residents: \$62

Drop in - per class

Resident: \$5

Non Resident: \$6

FITNESS

BEGINNER LINE DANCE

Mondays 1-2p

Socialize & learn the basic
steps to fun line dances.

Instructor: Joan Cox

(512)288-4135

FREE

ADVANCED BEGINNER LINE DANCE

Mondays 2 - 3:30p

Thursdays 2:30-3:30p

Scoot your boots for a healthy body
and mind. Have fun, make friends,
and learn a variety of dances.

Instructor: Joan Cox

(512)288-4135

FREE

Stretch and Strength

Thursdays 1:15- 2:15 p

teaches you how to balance
the body's strength and flexibil-
ity.

TBA

FREE

SENIORCIZE

Wednesdays 10:30 - 11a

Join Kade for a workout geared
towards adults 50 and older.

Seniorcize is a great way to stay
active and get back into shape.

Instructor: Kade Green

FREE

Austin Rockin' Line Dancers

Thursdays

9:30 - 11a

Rocking Chairettes is a line dance
group that performs at various
locations around Austin and has
been honored with several awards.

Instructor: Sonja Hemmes

(512)531-9122

FREE



ZUMBA GOLD VIDEO FOR BEGINNERS

Mondays 10:15-11:15a

Improve your muscle strength,
coordination, posture and mobility.
Come on out and shake it! This is a
drop in class. **FREE**

ZUMBA w/ Instructor

Fridays 1:30 – 2:30 pm

Instructor: Jacque Cotrell

Improve your muscle strength,
coordination, posture and mobility.
Come on out and shake it! You must
pre-register **FREE**



Follow us
on Facebook at:

Austin Parks and Recreation
Department - Seniors

AUGUST 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Pinochle 8-2 Oil Painting 8-4 Honey Bee 8-2 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 Austin Rockin' Line Dance 9:30-11 Stretch and Strength 1:15-2:15 Line Dance 2:30-3:30	2 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 1:30-2:30
5 Yoga 9-10 Spanish TBA Garden Meeting 9-10 Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play 11-2 Free Play Bridge 11-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. Line Dance 2-3:30	6 Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting & Crocheting 9-11 *Tai Chi 10-11 Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge 12:30-3:30 Waterloo Squares 7-8:45p	7 Yoga 9-10 Ceramics 9-11 Seniorize 10:30-11 Free Play Bridge 11-1 Progressive Bridge 1-3 Painters 1-3:30 Wednesday Night Dance 7-9:45p	8 Pinochle 8-2 Oil Painting 8-4 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 Canasta 12-4 Austin Rockin' Line Dance 9:30-11 Stretch and Strength 1:15-2:15 Line Dance 2:30-3:30	9 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 1:30-2:30
12 Yoga 9-10 Spanish TBA Garden Meeting 9-10 Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play 11-2p Free Play Bridge 11-1 Progressive Bridge 1-3 Bible Study 1-3 Beg. Line Dance 1-2	13 Pinochle 8-2 Sr. Health & Fitness 9-10 Medicare 101 9-10 Knitting & Crocheting 9-11 *Tai Chi 10-11 Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge 12:30-3:30 Waterloo Squares 7-8:45p	14 Yoga 9-10 Ceramics 9-11 Seniorize 10:30-11 Free Play Bridge 11-1 Let's Sing 12:15-1:30 Bingo 1-3 Progressive Bridge 1-3 Painters 1-3:30 Wednesday Night Dance 7-9:45p	15 Pinochle 8-2 Oil Painting 8-4 Honey Bee 8-2 Pinewood Derby Prep 9-11 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 Austin Rockin' Line Dance 9:30-11 Stretch and Strength 1:15-2:15 Line Dance 2:30-3:30	16 Yoga 9-10 Friday Morning Bridge 9-11 Cardmaking 9-10 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 1:30-2:30
19 Yoga 9-10 Spanish TBA Garden Meeting 9-10 Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play 11-2p Free Play Bridge 11-1 Progressive Bridge 1-3 Bible Study 1-3 Beg. Line Dance 1-2	20 Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting & Crocheting 9-11 Be Independent: Eat Well 9-10 *Tai Chi 10-11 Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge 12:30-3:30 Waterloo Squares 7-8:45p	21 Yoga 9-10 Ceramics 9-11 Technology 9-11 Seniorize 10:30-11 Free Play Bridge 11-1 AARP 1-4 Progressive Bridge 1-3 Painters 1-3:30 Wednesday Night Dance 7-9:45p	22 Pinochle 8-2 Oil Painting 8-4 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 Austin Rockin' Line Dance 9:30-11 NARFE 9-12 Canasta 12-4 Stretch and Strength 1:15-2:15 Line Dance 2:30-3:30	23 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 1:30-2:30
26 Yoga 9-10 Spanish TBA Garden Meeting 9-10 Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play 11-2 Free Play Bridge 11-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. Line Dance 2-3:30	27 Pinochle 8-2 Sr. Health & Fitness 9-10 Be Able: Read The Label 9-10 Knitting & Crocheting 9-11 *Tai Chi 10-11 Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge 12:30-3:30 Waterloo Squares 7-8:45p	28 Yoga 9-10 Ceramics 9-11 Seniorize 10:30-11 Free Play Bridge 11-1 Let's Sing 12:15-1:30 Bingo 1-3 Progressive Bridge 1-3 Painters 1-3:30 Wednesday Night Dance 7-9:45p	29 Pinochle 8-2 Oil Painting 8-4 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 Birthday 12p Canasta 12-4 Austin Rockin' Line Dance 9:30-11 Stretch and Strength 1:15-2:15 Line Dance 2:30-3:30	30 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 1:30-2:30

TRIPS

LOTTERY REGISTRATION DUE: Thursday August, 8th

LOTTERY RESULTS AVAILABLE: Friday August, 9th

REGISTRATION FEES DUE: Friday August, 16th

You may sign up one other person in addition to yourself by calling or by stopping by the center. You may contact the center anytime after Friday, August 9th @ 12pm to find out if you were selected for a trip. Staff will call you ONLY if you were selected for a trip. All trips are subject to change due to weather, PARD director approval, or registration numbers.



Inner Space Cavern (Georgetown, TX) Thursday, August 22th

Have a fun day exploring the underground world and lunch at Fish City Grill along with Lamar SAC!

Departure Time: 8:30am

Returning Time: 2:30pm

Fee: Res. - \$20.00 / Non Res. - \$21.00 + cost of food

Activity Level: High – Inclined walking (1 mile)

This trip cannot accomodate walkers or wheelchairs



Selena Movie at Paramount Theatre (Austin, TX)

Tuesday, August 27th

In this poignant film, Jennifer Lopez, on the cusp of stardom herself, captures the generosity of spirit and raw talent that defined Selena's career.

Departure Time: 6pm

Returning Time: 10pm

Fee: \$15.00

Activity Level: Low



Westgate Bowling Lanes (Austin, TX)

Thursday, September 5th

Come get your bowl on with us as we head to Westgate Lanes for a great time of bowling! We will also be eating at Lebowski's Grill!

Departure Time: 9:30am

Returning Time: 12:00pm

Fee: \$12.00 + the cost of food

Activity Level: Mild

TRIPS



Bringing Seniors Together Fall Festival (Austin, TX)

Thursday, September 12th

Join us for this Fall Festival at Conley-Guerrero! We will have senior information from many different vendors and special speakers focusing on safety.

Departure Time: 9:30am

Returning Time: 1:00pm

Fee: Free

Activity Level: Low



Top Golf (Austin, TX)

Tuesday, September 17th

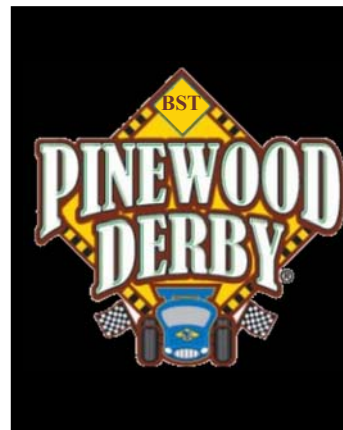
A great time knows no age! Join us as we gather together to swing the clubs and enjoy each other's company at Top Golf! We will be eating at Tarka Indian Kitchen.

Departure Time: 9:00am

Returning Time: 1:00pm

Fee: \$15.00 + the cost of food

Activity Level: High



Pinewood Derby Thursday, September 26th

Join us at Givens Recreation Center for the Bringing Seniors Together Pinewood Derby! Create your own Derby Racer with us and test it on the track!

Departure Time: 8:30am

Returning Time: 11:30am

Fee: Free

Activity Level: Low

VISUAL, LITERARY & PERFORMING ARTS



Honey Bee Quilters **Thursday, August 1st & 15th** **9a - 2p**

The Honey Bees invite anyone interested in quilting to join their monthly meetings.

Contact: Charlotte Mackelvery
(512) 652-8587

Knitting & Crocheting **Tuesdays 9 - 11a**

Bring what you are working on.
Share ideas, skills and learn.
Participants are willing to teach
beginners wanting to learn!

Let's Sing-a-Long **Wednesday, August 14th & 28th** **12:15 - 1:30p**

Bring your instrument and your singing voice. Celebrate the gift of song!

Everyone Paints **Thursdays 8a - 4p** Come in and share your creativity with other painters!

Wednesday Painters **Wednesdays 1 - 3:30p** If you use pastels, oils, acrylics, etc., bring your supplies and enjoy the fun.

Ceramics Circle **Wednesdays 9 - 11a** Bring your ceramic project and join other ceramics enthusiasts as you work.

Card Making **August 16th** **9:00a - 10:00am**

Writing the Stories of Your Life **Next Session: September**

9:45-11:15a

Your memories are your real family treasures! Have fun learning techniques for retrieving, writing and polishing your memories, so that you can assemble them into your life story.

Contact instructor in advance for information & availability.

Fee: \$48 (6 sessions)

Contract Instructor: Rosalind Bond (512) 441-3014

RECREATION AND GAMES

Bingo Wednesdays, August 14th & 28th **AND** Every Friday **1-3p** *25¢ per card - 8 card limit*

Chess Club

Mondays and Fridays 10a-12p
New players and all levels welcome!

Mahjong

Tuesdays 1:15-3p
Join in on the classic game!

Mexican Train Dominoes

Tuesdays 12:15-3:15p

Ping Pong

m - f 8:30 - 4:45p
If you are interested in playing at a different time, please call ahead for room availability and to assure staff is available to set up the table.

Recreation Room

Complete with treadmills, recumbent bikes, elliptical machines, a weight system and pool tables. If you need assistance with using the exercise equipment, please let a staff member know. Available for daily use unless posted.

AND MORE

BIBLE STUDY

Mondays 1-3p

Join us for reflection and study with Rev. David Dukes. All are welcome.
FREE

TECHNOLOGY CLASS

Wednesday, August 21st

9-11a
(In lobby)

Having trouble operating your computer, tablet, or smart phone?
Have a general curiosity about current technology? We are here to help you connect.
Please bring your equipment with you for us to assist you.

INTRODUCTION TO SPANISH CONVERSATION

Next Session September 9th
Mondays 9-10:30a

Want to know more about the Spanish language? This program will introduce to you the alphabet and basic phrases. Bring: notebook, pen/pencil, and a Spanish dictionary.

FREE

Volunteer Instructors:

Meet new friends while eating a hot, nutritious lunch every day at SASAC. A \$1 donation for those over 60 is greatly appreciated to offset the cost of staff, meal-related expenses, dietary supplies, and delivery.

CONGREGATE MEAL REGISTRATION REQUIRED

Meal tickets are distributed on a **FIRST COME-FIRST SERVE** basis beginning at **9:30a** each morning.

Tickets distributed equal the number of meals ordered for that day.

Lunch is served daily **11:30a-12p** with milk and water.

For ineligible guests **OVER 60** (not registered) and guest **UNDER 60**, the cost of the meal is **\$5.39**.

Due to the unavailability of certain items, substitutions are occasionally made.

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>*Due to unavailability of certain items, appropriate substitutions may need to be made.</p> <p>**Milk is served every meal.</p>			<p>1 Lemongrass Chicken Herbed Basmati Rice Japanese Vegetables Wheat Bread Fruited Cherry Gelatin</p>	<p>2 Spaghetti Torte ✓ Herbed Green Beans Cauliflower Whole Wheat Breadstick Fresh Fruit Margarine</p>
<p>5 Turkey Rice Casserole Stewed Tomatoes Diced Beets Wheat Bread Fresh Fruit</p>	<p>6 Lemon Pepper Chicken Mashed Spiced Yams California Vegetables Wheat Bread Strawberry Swirl Pudding</p>	<p>7 Egg Salad ✓ Pasta Salad Tomato Spoon Relish Wheat Bread (2) Fresh Banana</p>	<p>8 Pork Carnitas Pinto Beans Squash Medley Wheat Tortilla Fruited Lemon Gelatin Taco Sauce</p>	<p>9 10 Grain Pollock Confetti Brown Rice Peas and Carrots Wheat Bread Fresh Fruit</p>
<p>12 Salisbury Beef with Gravy Oven Roasted Potatoes Catalina Vegetables Texas Bread Fresh Fruit</p>	<p>13 Turkey Pastrami Cheesy Garlic Polenta Green Beans with Onions Dinner Roll Oreo Vanilla Pudding</p>	<p>14 Sausage and Red Beans Dirty Brown Rice Mixed Greens Cornbread Fresh Fruit</p>	<p>15 Cheese Omelet ✓ Black Beans Stewed Tomatoes Biscuit Pineapple Tidbits</p>	<p>16 Soy Ginger Chicken Jasmine Rice Asian Cabbage Multi Grain Bread Fresh Fruit</p>
<p>19 Deviled Pork Herbed Green Peas Cauliflower Whole Wheat Breadstick Fresh Fruit</p>	<p>20 Peking Beef Lentils Ginger Carrots Wheat Bread Pineapple Pudding</p>	<p>21 Potato Crusted Fish Mashed Sweet Potatoes Squash Medley Texas Bread Fresh Banana</p>	<p>22 Cranberry Orange Pork Roast Oven Roasted Potatoes Green Beans Wheat Bread Fruited Lime Gelatin</p>	<p>23 Chilaquiles Casserole ✓ Spanish Brown Rice Broccoli Mexican Cornbread Fresh Fruit</p>
<p>26 Creole Meatloaf Whipped Potatoes with Skins Okra and Tomatoes Wheat Bread Fudge Cream Cookie Margarine</p>	<p>27 Diced Caesar Chicken Lemon Herb Pasta Green Beans with Carrots Wheat Pita Bread Lemon Pudding</p>	<p>28 Tim Andrew's BBQ Pork Rib Patty Baked Beans Medley Cabbage Hamburger Bun Fresh Fruit</p>	<p>29 Pimento Cheese Lettuce and Tomato Herbed Potato Salad Wheat Bread (2) Fruited Strawberry Gelatin</p>	<p>30 Dan Pruett's Hamburger Patty Lettuce and Tomato Baked Beans Hamburger Bun Peach Crisp Mustard and Ketchup</p>

Austin City Council Mayor and City Council

Steve Adler, Mayor
Kathie Tovo, Mayor Pro Tem, District 9
Ora Houston, District 1
Delia Garza, District 2
Sabino "Pio" Renteria, District 3
Gregorio "Greg" Casar, District 4
Ann Kitchen, District 5
Don Zimmerman, District 6
Leslie Pool, District 7
Ellen Troxclair, District 8
Sheri Gallo, District 10

Austin Parks and Recreation

Liana Kallivoka, PhD, P.E, Acting Director
Vacant, Assistant Director
Anthony Segrua, Assistant Director
Lucas Massie, Acting Assistant Director
Christa McCrathy Division Manager
David Crabb, Seniors Program Manager

SASAC Advisory Board 2019

Willie Williams, President
Raisa Edelman, Vice President
Joan Cox, Secretary
Kitti Greenough, Treasurer
Elaine Benton
Carolyn Drake
Margaret Hughes
Margie Mendez
Chris Ng



City Manager

Spencer Cronk, City Manager
Ray Baray, Chief of Staff
Rey Arellano, Assistant City Manager
Robert Goode, Assistant City Manager
Sara Hensley, Interim Assistant City Manager
Joe Pantalione, Interim Assistant City Manager
Mark Washington, Acting Assistant City Manager

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Michael Casias, Board Member
Rick Cofer, Board Member
Tom Donovan, Board Member
Romteen Farasat, Board Member
Dawn Lewis, Board Member
Francoise Luca, Board Member
Randy Mann, Board Member
Fred Morgan, Board Member
Mary Katherine Stout, Board Member

SASAC Staff

Kelly Maltsberger, Recreation Program Supervisor
Maria Reyes, Recreation Program Coordinator
Lynnette Lara, Recreation Programs Specialist
Justin I. Perez, Recreation Programs Specialist
Joe Asevedo, Building and Grounds Assistant
Daniel Mendoza, Admin Associate

MISSION Inspire Austin to learn, play, protect and connect by creating diverse programs and experiences in sustainable natural spaces and public places

REC PRINCIPLES: RECREATIONAL, ENVIRONMENTAL, CULTURAL

The Austin Parks and Recreation Department uses a professional, systematic and studied approach in determining the programs and services we offer our community. This strategy is reflected in our Recreational, Environmental, and Cultural Program Principles. These principles are used in determining programs and services:

- Provide programs and services that help fulfill the organizational mission, vision, goals and objectives adopted by the Austin City Council and the Austin Parks and Recreation Department.
- Provide programs that follow all applicable laws, ordinances, resolutions and standard operating procedures.
- Develop programs that have a stated purpose, goals and objectives which specify benefits and outcomes that the program will offer participants and the community.
- Offer accessible, affordable recreational, environmental and cultural program opportunities in a safe environment for all ages, abilities, interests and socio-economic levels, highlighting Austin's diversity.
- Encourage and respond to community input in program planning, development and evaluation.
- Programs will balance community needs with financial viability providing an overall financially sound recreation program to the Austin community.