



# SOUTH AUSTIN SENIOR ACTIVITY CENTER

3911 Manchaca Road Austin, TX, 78704

512-978-2400 Monday-Friday 8a-5p

[www.austintexas.gov/department/south-austin-senior-activity-center](http://www.austintexas.gov/department/south-austin-senior-activity-center)

 Austin Parks and Recreation Department - Seniors



# October 2017



The City of Austin is proud to comply with the Americans with Disabilities Act. If you require assistance for participation in our programs or use of our facilities, please call (512) 974-3914.

## 2018 Registration Begins November 1st!!!

### 2017 PARD Waivers and South Austin Senior Activity Center Advisory Board Registration

ALL participants must have a completed 2017 waiver on file to participate in ALL classes, trips, drop-in, work out room use etc. at South Austin Senior Activity Center.

*Stop by the SASAC Reception Desk to complete the form TODAY!!!*

## NEW Daily Check-in Procedure

### Starting January 3, 2017 SASAC will use a new automated check-in procedure

ALL participants will be asked to scan in daily on the computer. To ensure you are ready, please complete a 2017 waiver and have your picture taken and a card printed for your account.

*Stop by the SASAC Reception Desk to complete the process TODAY!!!*

The South Austin Senior Activity Center (SASAC) is located at 3911 Manchaca Road, just north of Ben White Blvd. SASAC's hours are Monday through Friday from 8a to 5p, with special evening and weekend rentals. Some of the many services we provide include: gardening, games, arts and crafts, health and fitness, group socials, excursions, organizational meetings and private rentals. Friendly staff and volunteers are happy to answer any questions and to guide interested parties through the registration process. A calendar year donation (January-December) of \$10 is appreciated, and an additional \$10 is required if you would like a newsletter mailed to your home. Donations go to the SASAC Advisory Board, directly enhancing the center's offerings. A SASAC volunteer is available at the front desk to collect donations and newsletter payment Monday through Friday from 9a to 1p, or you may register and pay by mail. We thank you for your support and look forward to seeing you here soon.

[austintexas.gov/department/south-austin-senior-activity-center](http://austintexas.gov/department/south-austin-senior-activity-center)

## UPCOMING EVENTS



### Club 5k is back!

Thursdays, 8:30-9:45 am Begins October 12th  
Come get in shape as we prep for completing a 5k!  
Transpiration to the walking trail will be provided.

**Cost: Free**



### Pumpkin Decorating Contest

Friday, October 26th 12p

Join us to decorate your very own pumpkin.  
The decorated pumpkins will be on display for everyone to enjoy! Winners announced on October 31st  
**Register at the Front Desk**  
Limited Space!



### Donations Needed: Men's Neckties

SASAC is collecting men's neckties for a special project!  
Please consider donating any gently used neckties.

**See Lynette Lara for mote details**



### Stepping On

October 26 to December 14 2 - 4pm

Are you **60 and older, and currently live at home or independently**, who want to prevent yourself from falling? During this 7 week course staff from Dell Seton Medical Center at the University of Texas will teach simple and fun strength and balance exercises. They will talk with pharmacy, vision, and community safety experts regarding how those things affect their risk of falling. Also simple things you can do around your home to make your home environment safer.

## PUBLIC MEETINGS

### SASAC ADVISORY BOARD MEETING

Wednesday, October 11th 12-1p

### SOUTH AUSTIN AARP #2426

Wednesday, October 18th 1 - 4p

### NATIONAL ACTIVE/ RETIRED FEDERAL EMPLOYEES

Thursday, October 19th 9-12:30p

### Birthday Celebration

Thursday, October 26, 2017  
12pm

Join us for cake and ice cream to celebrate all friend's September birthdays!!!

### AARP Smart Driver Thursday, November 30th 12:30 - 4:30p

This class is designed for the mature driver & it **will not dismiss traffic violations.**

\* For insurance discount only \*  
**Fee:** \$15 for AARP Members  
\$20 for non-AARP Members  
**Sign up in advance at the front desk.**

**Payment due on the day of class:**

**CASH OR CHECKS ONLY  
payable to AARP**

## COMMUNITY GARDEN OF EATIN'

Join our group on Mondays to help with our Summer garden maintenance and harvesting. Whether you have a green thumb to lend, or want to develop one, stop by our community garden.

**Every Monday at 9a**



## CARD GAMES

**Free Play Bridge**  
Mondays, Wednesdays & Fridays  
11:30a - 1p  
**FREE**

**Progressive Bridge**  
Mondays, Wednesdays & Fridays  
1 - 3p  
**FREE**

**Advanced Free Play**  
Monday 11a - 2p & Thursdays 9 - 11:30a  
This group focuses on:

- Competitive Bidding
- Chicago Style Scoring
- Duplicate Practice
- Peer Coaching

**FREE**



**Gentle Duplicate Bridge**  
Tuesdays 12:30 - 3:30p  
Led by Larry Davis,  
Contract Instructor  
**\$5.00**

**Friday Morning Free Play**  
Fridays 9 - 11am  
\*Beginner's welcome\*  
**FREE**

**Hand and Foot Canasta**

October 14th and 28th  
12-4p  
A challenging game that's good for the brain.  
Friendly social group willing to teach you how to play.  
**FREE**

**Pinochle**  
Tuesdays & Thursdays 8a - 2p  
**FREE**

# FITNESS

## BE SURE TO CHECK OUT OUR TREADMILLS, RECUMBENT BIKES, WEIGHT SYSTEM AND ELLIPTICAL TRAINERS

IF YOU NEED ASSISTANCE USING THE  
EQUIPMENT, SASAC STAFF IS AVAILABLE  
TO ANSWER QUESTIONS.

*You should consult your physician  
or other health care professional  
before starting any fitness program  
to determine if it is  
right for you and your needs.*

### YOGA

**Mondays, Wednesdays  
and Fridays 9 - 10a**

Increase your strength and balance  
while gaining flexibility. Feel better  
physically & spiritually.

**Contact Instructor:**

**Charlie Pivert**

**Fee: \$10 drop-in class  
\$25 for 3 classes**

### SENIORCIZE

**Wednesdays 10:30 - 11a**

Join Kade for a workout geared  
towards adults 50 and older.

Seniorcize is a great way to stay  
active and get back into shape.

**Instructor: Kade Green**

**FREE**

### SENIOR HEALTH AND FITNESS

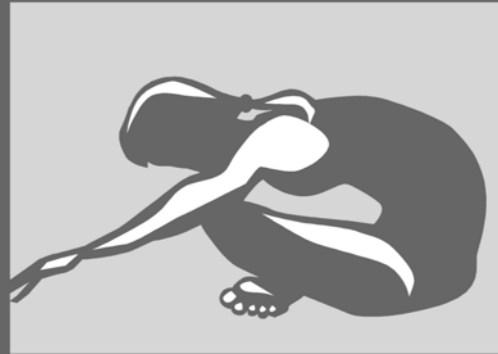
**Tuesdays 9 - 10a**

**Thursdays 8:30 - 9:30a**

Total body cardiovascular workout  
taught in a FUN class format.

Four sets of activities  
(15 minutes each).

**Instructed by video tape  
FREE**



### T'AI CHI

**Tuesdays 10-11a**

**Fridays 10:15-11:15a**

**Tuesdays, September 19 - October 24**

**Fridays, September 22 - October 27**

T'ai Chi has many proven health benefits  
for seniors, from increased balance and  
bone strength, to greater strength and  
flexibility. T'ai Chi is also very safe and  
practiced slowly; it is zero impact.

**Instructor: Kade Green, Sifu**

**Fee: 6 Sessions Tuesdays OR Fridays only**

Residents: \$30

Non-Residents: \$36

**12 Sessions Tuesdays AND Fridays**

Residents: \$50

Non-Residents: \$62

**Drop in - per class**

Resident: \$5

Non Resident: \$6

# FITNESS

### BEGINNER LINE DANCE

**Mondays 1-2p**

Socialize & learn the basic  
steps to fun line dances.

**Instructor: Joan Cox  
(512)288-4135**

**FREE**

### ADVANCED BEGINNER LINE DANCE

**Mondays 2 - 3:30p**

Scout your boots for a healthy body  
and mind. Have fun, make friends,  
and learn a variety of dances.

**Instructor: Joan Cox  
(512)288-4135**

**FREE**

### Stretch and Strength

**Thursdays 1:30 - 2:30pm**

Join Patti Gagne as she teaches  
you how to balance the body's  
strength and flexibility.

**Instructor: Patti Gagne  
FREE**

### Austin Rockin' Line Dancers Thursdays

**9:30 - 11a**

Rocking Chairettes is a line dance  
group that performs at various  
locations around Austin and has  
been honored with several awards.

**Instructor: Sonja Hemmes  
(512)531-9122**

**FREE**



### ZUMBA GOLD VIDEO FOR BEGINNERS

**Mondays 10:15-11:15a**

Improve your muscle strength,  
coordination, posture and mobility.  
Come on out and shake it! This is a  
drop in class. **FREE**

### ZUMBA

**Fridays 1:30- 2:30 pm**

Improve your muscle strength,  
coordination, posture and mobility.  
Come on out and shake it! This is a  
drop in class. **FREE**



**Follow us on Facebook at:**

**Austin Parks and Recreation  
Department - Seniors**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b> Yoga 9-10 Spanish 9-10:30 <b>Garden Meeting 9-10</b> Chess Play 10-12 Zumba 10:15-11:15 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3</p>	<p><b>3</b> Pinochle 8-2 Sr. Health &amp; Fitness 9-10 Knitting 9-11 <b>*Tai Chi 10-11</b> Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3</p>	<p><b>4</b> Yoga 9-10 Ceramics 9-11 Seniorcize 10:30-11 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Painters 1-3:30</p>	<p><b>5</b> Pinochle 8-2 Oil Painting 8-4 Advanced Bridge 9-11:30 Sr. Health &amp; Fitness 8:30-9:30 Austin Rockin' Line Dancers 9:30-11 Honey Bee Quilter 9-2 Stretch and Strength 1:30-2:30</p>	<p><b>6</b> Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 <b>*Tai Chi 10:15-11:15*</b> Free Play Bridge 11:30-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 1:30-2:30</p>
<p><b>9</b> Yoga 9-10 Spanish 9-10:30 <b>Garden Meeting 9-10</b> Chess Play 10-12 Zumba 10:15-11:15 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. Line Dance 2-3:30</p>	<p><b>10</b> Pinochle 8-2 Sr. Health &amp; Fitness 9-10 Knitting 9-11 <b>*Tai Chi 10-11</b> Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3</p>	<p><b>11</b> Yoga 9-10 Ceramics 9-11 Seniorcize 10:30-11 Let's Sing 12:15-1:30 Bingo 1-3 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Painters 1-3:30</p>	<p><b>12</b> Pinochle 8-2 Oil Painting 8-4 Advanced Bridge 9-11:30 Sr. Health &amp; Fitness 8:30-9:30 Austin Rockin' Line Dancers Hand and Foot Canasta 12-4 Stretch and Strength 1:30-2:30</p>	<p><b>13</b> Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 <b>*Tai Chi 10:15-11:15*</b> Free Play Bridge 11:30-1 Bingo 1-3 Progressive Bridge 1-3 <b>Card Making 1pm</b> Zumba 1:30-2:30</p>
<p><b>16</b> Yoga 9-10 Spanish 9-10:30 <b>Garden Meeting 9-10</b> Chess Play 10-12 Zumba 10:15-11:15 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. Line Dance 2-3:30</p>	<p><b>17</b> Pinochle 8-2 Sr. Health &amp; Fitness 9-10 Knitting 9-11 Card Making 9-10 <b>*Tai Chi 10-11</b> Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3</p>	<p><b>18</b> Yoga 9-10 Ceramics 9-11 <b>Technology Class 9-11</b> Seniorcize 10:30-11 Free Play Bridge 11:30-1 Progressive Bridge 1-3 <b>AARP 1-4</b> Painters 1-3:30</p>	<p><b>19</b> Pinochle 8-2 Oil Painting 8-4 Sr. Health &amp; Fitness 8:30-9:30 Advanced Bridge 9-11:30 <b>NARFE 9:30-12:30</b> Austin Rockin' Line Dancers 9:30-11 Honey Bee Quilter 9-2 Stretch and Strength 1:30-2:30</p>	<p><b>20</b> Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 <b>*Tai Chi 10:15-11:15*</b> Free Play Bridge 11:30-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 1:30-2:30</p>
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<p><b>30</b> Yoga 9-10 Spanish 9-10:30 <b>Garden Meeting 9-10</b> Chess Play 10-12 Zumba 10:15-11:15 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. Line Dance 2-3:30</p>	<p><b>31</b> Pinochle 8-2 Sr. Health &amp; Fitness 9-10 Knitting 9-11 <b>*Tai Chi 10-11*</b> Mexican Train 12:15-3:15 Mahjong 1:15- 3 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3</p>			

# October 2017



# TRIPS

**LOTTERY REGISTRATION DUE: Friday, October 6th**  
**LOTTERY RESULTS AVAILABLE: Monday, October 9th**  
**REGISTRATION FEES DUE: Friday, October 15th**

You may sign up one other person in addition to yourself by calling or by stopping by the center. You may contact the center anytime after Monday, October 9th at 12pm to find out if you were selected for a trip. Staff will call you ONLY if you were selected for a trip. All trips are subject to change due to weather, PARD director approval, or registration numbers.



**Gruene Stroll (Gruene, Texas)**  
**Tuesday, October 17th**

Come take a stroll of the beautiful town of Gruene, Texas with SASAC. On this trip you will see many historic sites, shops, and eat at fine places.

**Departure Time: 9a**  
**Returning Time: 4p**  
**Fee: Resident : \$5**  
**Non-Resident: \$6**  
**Additional Expenses: Purchase of Lunch**  
**Activity Level: Moderate**

**Seniorfest (Austin, Texas)**  
**Thursday, October 19th**

Ready to party with 50+ programming?! We are excited to announce our annual celebration bringing all activity centers and recreation centers with 50+ programming together for a celebration called Senior Fest. There will be games, prizes, and delicious food for free!

**Departure Time: 10a**  
**Returning Time: 2p**  
**Fee: Free - Lunch included**  
**Activity Level: Low**



# TRIPS

**Wimberley Glass Works (Wimberley, Texas)**  
**Wednesday, October 25th**



SASAC is headed to Wimberley Glass Works to learn about glass making. Learn from professionals and see what fine products that are made there.

**Departure Time: 9a**  
**Returning Time: 3p**  
**Fee: Resident : \$8**  
**Non-Resident: \$9**  
**Additional Expenses: Purchase of Lunch**  
**Activity Level: Moderate**

**Rangers Hiking / Birding (Austin, Texas)**  
**Tuesday, October 31st**



Join us on another adventure through our wonderful City of Austin with our helpful Park Rangers. On this adventure we will learn about our native birds while we hike. Through Mayfield Preserve.

**Departure Time: 9a**  
**Returning Time: 2p**  
**Fee: Free**  
**Additional Expenses: Purchase of Lunch**  
**Activity Level: High - Uneveled walking**

**George Bush Library (College Station Texas)**  
**Tuesday, November 7th**



We are traveling to College Station to tour the George Bush's Presidential Library where we will learn in-depth who our 41st president was. Also, there are other interesting exhibit available at the library like the Legacy of Ranching and Leonardo da Vinci's Machines in Motion.

**Departure Time: 7:30a**  
**Returning Time: 5p**  
**Fee: Resident : \$16**  
**Non-Resident: \$18**  
**Additional Expenses: Purchase of Lunch**  
**Activity Level: Low**

## VISUAL, LITERARY & PERFORMING ARTS



### **Honey Bee Quilters** Thursday, Oct. 5th & 19 9a - 2p

The Honey Bees invite anyone interested in quilting to join their monthly meetings.

Contact: Amelia Greene  
(512) 282-5507

### **Knitting & Crocheting** Tuesdays 9 - 11a

Bring what you are working on. Share ideas, skills and learn. Participants are willing to teach beginners wanting to learn!

### **Writing the Stories of Your Life**

Next Session: Oct. 25th - December 6th  
9:45-11:15a

Your memories are your real family treasures! Have fun learning techniques for retrieving, writing and polishing your memories, so that you can assemble them into your life story.

**Contact instructor in advance for information & availability.**

Fee: \$48 (6 sessions)

Contract Instructor: Rosalind Bond (512) 441-3014  
No Class November 22nd

### **Let's Sing-a-Long** Wednesday Oct. 11th, & 25th 12:15 - 1:30p

Bring your instrument and your singing voice. Celebrate the gift of song!

### **Oil Painters** Thursdays 8a - 4p

Come in and share your creativity with other painters!

### **Wednesday Painters** Wednesdays 1 - 3:30p

If you use pastels, oils, acrylics, etc., bring your supplies and enjoy the fun.

### **Ceramics Circle** Wednesdays 9 - 11a

Bring your ceramic project and join other ceramics enthusiasts as you work.

### **Halloween Card Making** Friday, October 13 1:00pm

Come join us as we create a holiday card

## RECREATION AND GAMES

### **Bingo** 1-3p

Wednesdays, October. 11th, & 25th **AND** Fridays  
\*25¢ per card - 8 card limit\*

### **Chess Club**

**Mondays and Fridays 10a-12p**  
New players and all levels welcome!

### **Mahjong**

**Tuesdays 1:15-3p**  
Join in on the classic game!

### **Mexican Train Dominoes**

**Tuesdays 12:15-3:15p**

### **Ping Pong**

If you are interested in playing at a different time, please call ahead for room availability and to assure staff is available to set up the table.

**Tuesdays 12:30-3p**

### **Recreation Room**

Complete with treadmills, recumbent bikes, elliptical machines, a weight system and pool tables. If you need assistance with using the exercise equipment, please let a staff member know. Available for daily use unless posted.

## AND MORE

### **BIBLE STUDY**

**Mondays 1-3p**

Join us for reflection and study with Rev. David Dukes. All are welcome.

**FREE**

### **TECHNOLOGY CLASS**

**Wednesday, October 18th**  
9-11a

Having trouble operating your computer, tablet, or smart phone? Have a general curiosity about current technology? We are here to help you connect.

Please bring your equipment with you for us to assist you.

**FREE**

### **INTRODUCTION TO SPANISH CONVERSATION**

**Mondays 9-10:30a**

Want to know more about the Spanish language? This program will introduce to you the alphabet and basic phrases. Bring: notebook, pen/pencil, and a

Spanish dictionary (optional).

**FREE**

**Volunteer Instructors:**  
**Domingo Herrera**

# LUNCH MENU

Meet new friends while eating a hot, nutritious lunch every day at SASAC. A \$1 donation for those over 60 is greatly appreciated to offset the cost of staff, meal-related expenses, dietary supplies, and delivery.

## CONGREGATE MEAL REGISTRATION REQUIRED

Meal tickets are distributed on a **FIRST COME-FIRST SERVE** basis beginning at **9:30a** each morning.

*Tickets distributed equal the number of meals ordered for that day.*

Lunch is served daily **11:30a-12p** with milk and water.

For ineligible guests **OVER 60** (not registered) and guest **UNDER 60**, the cost of the meal is **\$5.39**.

Due to the unavailability of certain items, substitutions are occasionally made.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Turkey Cannelloni Casse- role Brussels Sprouts Squash Medley Whole Wheat Breadstick Fresh Fruit	3 Beef Chili with Beans Confetti Brown Rice Spinach Cornbread Marble Pudding	4 Honey Baked Chicken Country Corn Diced Beets Wheat Bread Fresh Fruit	5 Cuban Shredded Pork Confetti Coleslaw Baked Beans Hamburger Bun Apple Raisin Compote	6 Chicken Marsala Cheesy Garlic Polenta Country Tomatoes Wheat Bread Fruited Lime Gelatin
9 <i>Closed for Holiday</i>	10 Judith's Turkey Sausage Mixed Beans Okra and Tomatoes Wheat Bread Fresh Fruit	11 John Yocum's Lemon Pepper Fish Macaroni and Cheese Green Beans with Onions Wheat Bread Butterscotch Pudding	12 Dan Prueett's Burger Lettuce and Tomato Cheesy Parslied Potatoes Hamburger Bun Hot Spiced Peaches Mustard and Ketchup	13 Cheesy Penne ✓ Herbed Green Peas Italian Vegetables Whole Wheat Breadstick Fresh Fruit
16 Ron Lantz's Meatloaf with Brown Gravy Whipped Potatoes with Skins Mixed Vegetables Wheat Bread Fresh Fruit	17 Turkey Pot Pie Stewed Tomatoes Herbed Green Beans Wheat Bread Chocolate Pudding	18 Ham Salad Kidney Bean Salad Marinated Vegetables Saltine Crackers Fresh Fruit	19 Beef Ziti Broccoli Carrots Amandine Whole Wheat Bread- stick Fruited Cherry Gelatin	20 Pork Carnitas Seasoned Black Beans Spanish Brown Rice Wheat Tortilla Fresh Fruit Taco Sauce
23 BBQ Chicken Whole Kernel Corn Herbed Green Beans Wheat Bread Fresh Fruit	24 Cheeseburger Macaroni Cauliflower Sliced Carrots Whole Wheat Breadstick Fresh Fruit	25 Turkey and Dumplings Green Peas Collard Greens Dinner Roll Strawberry Swirl Pudding	26 Enchilada Chicken Pinto Beans Zucchini and Tomatoes Wheat Bread Fruited Lemon Gelatin	27 Beef Stew Brown Rice Diced Beets Cornbread Fresh Fruit Margarine
30 Swiss Steak Penne Noodles Catalina Vegetables Wheat Bread Fresh Fruit	31 Sausage with Onions and Peppers Ranch Beans Mixed Greens Hot Dog Bun Cinnamon Swirl Pudding			*Due to unavailability of certain items, appropriate substitutions may need to be made.  **Milk is served every meal.



## Austin City Council Mayor and City Council

Steve Adler, Mayor  
Kathie Tovo, Mayor Pro Tem, District 9  
Ora Houston, District 1  
Delia Garza, District 2  
Sabino "Pio" Renteria, District 3  
Gregorio "Greg" Casar, District 4  
Ann Kitchen, District 5  
Don Zimmerman, District 6  
Leslie Pool, District 7  
Ellen Troxclair, District 8  
Sheri Gallo, District 10

## Austin Parks and Recreation

Sara L. Hensley, CPRP, Director  
Kimberly A. McNeeley, CPRP, Assistant Director  
Aliana Kallivoka Interim Assistant Director  
Angela Means, Interim Assistant Director  
Lucas Massie, Division Manager  
David Crabb, Seniors Program Manager

## SASAC Advisory Board 2016

Shirley Masterson, President  
Willie Williams, Vice President  
Joan Cox, Secretary  
Kitti Greenough, Treasurer  
Elaine Benton  
Iola Canady  
Carolyn Drake  
Raisa Edelman  
Margaret Hughes  
Margie Mendez



## City Manager

Elaine Hart, Interim City Manager  
Ray Baray, Chief of Staff  
Rey Arellano, Assistant City Manager  
Sue Edwards, Assistant City Manager  
Robert Goode, Assistant City Manager  
Bert Lumbreras, Assistant City Manager  
Mark Washington, Acting Assistant City Manager

## Parks Board

Jane Rivera, Chair  
Richard DePalma, Vice Chair  
Alison Alter, Board Member  
Michael Casias, Board Member  
Rick Cofer, Board Member  
Tom Donovan, Board Member  
Alesha Larkins, Board Member  
Francoise Luca, Board Member  
Alex Schmitz, Board Member  
Mark Vane, Board Member  
Pat Wimberly, Board Member

## SASAC Staff

Kelly Maltzberger, Recreation Program Supervisor  
Maria Reyes, Recreation Program Coordinator  
Lynnette Lara, Recreation Programs Specialist  
West Baxter, MSRLS, Recreation Programs Specialist  
Joe Asevedo, Building and Grounds Assistant

**MISSION** The purpose of the Parks and Recreation Department is to provide, protect and preserve a park system that promotes quality recreational, cultural and outdoor experiences for the Austin community.

### REC PRINCIPLES: RECREATIONAL, ENVIRONMENTAL, CULTURAL

The Austin Parks and Recreation Department uses a professional, systematic and studied approach in determining the programs and services we offer our community. This strategy is reflected in our Recreational, Environmental, and Cultural Program Principles. These principles are used in determining programs and services:

- Provide programs and services that help fulfill the organizational mission, vision, goals and objectives adopted by the Austin City Council and the Austin Parks and Recreation Department.
- Provide programs that follow all applicable laws, ordinances, resolutions and standard operating procedures.
- Develop programs that have a stated purpose, goals and objectives which specify benefits and outcomes that the program will offer participants and the community.
- Offer accessible, affordable recreational, environmental and cultural program opportunities in a safe environment for all ages, abilities, interests and socio-economic levels, highlighting Austin's diversity.
- Encourage and respond to community input in program planning, development and evaluation.
- Programs will balance community needs with financial viability providing an overall financially sound recreation program to the Austin community.