



# COMMUNITY RECREATION CENTERS

**CAMPS ■ EDUCATION ■ FITNESS ■ SPECIAL EVENTS ■ SPORTS**

**YOUTH & TEENS**

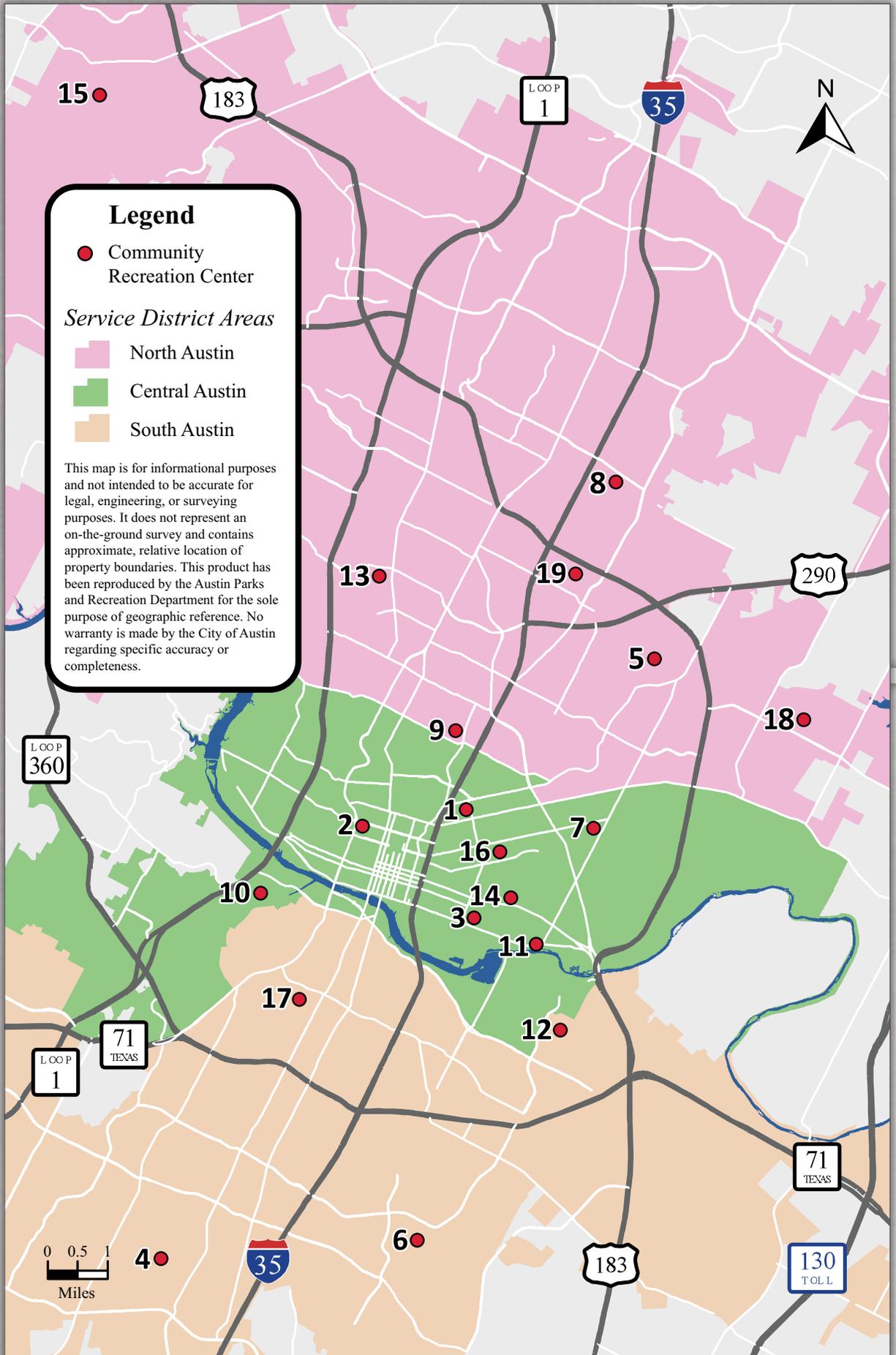
**ADULTS**

**50+ / SENIORS**



**SPRING / SUMMER 2014**





# CONTENTS

Map & Table of Contents	2-3
Youth Out of School Time	4-6
Youth Summer Programs	7-8
Youth Sports	9 -11
Youth Enrichment	12-13
Teen Programs	14-15
Family Programs	16-17
Adaptive Sports & Programs	18-19
Adult Sports	20-22
Adult Enrichment	23-26
50+/Senior Enrichment	27-28
Special Events	29-30
Registration	31-33

# CENTERS

## 1 Alamo Recreation Center

2100 Alamo St.  
512-974-5680

## 2 Austin Recreation Center

1301 Shoal Creek Blvd.  
512-476-5662

## 3 Oswaldo A.B. Cantu/Pan-American Recreation Center

2100 E. 3rd St.  
512-476-9193

## 4 Dittmar Recreation Center

1009 Dittmar Rd.  
512-974-6090

## 5 Dottie Jordan Recreation Center

2803 Loyola Ln.  
512-926-3491

## 6 Dove Springs Recreation Center

5801 Ainez Dr.  
512-447-5875

## 7 Givens Recreation Center

3811 E. 12th  
512-928-1982

## 8 Gustavo "Gus" L. Garcia Recreation Center

1201 E. Rundberg Ln.  
512-339-0016

## 9 Hancock Recreation Center

811 E. 41st St.  
512-453-7765

## 10 McBeth Recreation Center

2401-A Columbus Dr.  
512-974-9011

## 11 Metz Recreation Center

2407 Canterbury  
512-478-8716

## 12 Montopolis Recreation Center

1200 Montopolis Dr.  
512-385-5931

## 13 Northwest Recreation Center

2913 Northland Dr.  
512-974-6972

## 14 Parque Zaragoza Recreation Center

2608 Gonzales St.  
512-472-7142

## 15 Pickfair Community Center

10904 Pickfair Dr.  
512-401-8119

## 16 Rosewood Recreation Center

1182 N Pleasant Valley Rd.  
512-472-6838

## 17 South Austin Recreation Center

1100 Cumberland Rd.  
512-444-6601

## 18 Turner Roberts Recreation Center

7201 Colony Loop Dr.  
512-926-6013

## 19 Virginia L. Brown Recreation Center

7500 Blessing Ave.  
512-974-7865

# YOUTH OUT OF SCHOOL TIME

## “Stay for Play” After School Program

The After School Program is designed to foster youth development through active play and enrichment activities. The after school program offers a variety of supervised activities including arts and crafts, science projects, nutrition lessons, sports, educational games, field trips and other enrichment activities. Specific time is allotted for homework and snacks.

**The program schedule will follow the AISD school calendar.**

**Ages:** 5 - 12 years old

**Time:** 2:45pm - 6:00pm

## McBeth Recreation Center After School Explorers

The McBeth After School Explorers will allow time for homework (if needed), provide a healthy snack, and encourage children to participate in active play and enrichment activities in a friendly and safe environment.

This program caters to children and young adults with special needs. For more information please contact McBeth Recreation Center 512-974-9011.

**The program schedule will follow the AISD school calendar.**

**Ages:** 6 - 22 years old

**Time:** 2:45pm - 6:00pm

After School transportation is provided for the following schools:

Recreation Centers	Pick Up Locations
Dittmar	Casey, Cowan, Williams, and Kocurek
Dove Springs	Palm, Perez, and Widen
Givens	Sims, Norman, and Ortega
Gus Garcia	Barrington Elementary, Graham Elementary, Harmony Elementary, and Hart Elementary
Hancock	Lee and Maplewood
McBeth*	Ann Richards Middle, Barton Hills Elementary, O. Henry Middle, Small Middle and Zilker Elementary
Metz	Metz, Sanchez, and UT
Montopolis	Allison and Baty
Northwest	Gullett, Brentwood, and Lamar
Pan Am	UT and Zavala
Parque Zaragoza	Brooke, Govalle, UT, and Blackshear
Pickfair	Spicewood and PALS
Rosewood	Cambell and Maplewood
South Austin	Zilker and Galindo
Turner Roberts	Volma Overton, Barbara Jordan
Virginia L. Brown	Pickle Elementary

\* For information about AISD Special Needs Route Service, please visit [www.austinisd.org/transportation/special-needs](http://www.austinisd.org/transportation/special-needs)



# AFTER SCHOOL CLUBS



## Lego Club at Northwest Recreation Center

The Lego Club will help your child express his/her creativity and imagination through the art of building Legos. This class will encourage hands on learning and promote team building while learning math and science.

**Class will not meet on AISD or City of Austin holidays.**

**Dates:** January 18th - May 31st

**Days:** Friday

**Time:** 5:00pm - 6:00pm

**Fee:** \$25/month

## Cooking Club at Northwest Recreation Center

The Cooking Club will provide participants with basic cooking skills that inspire self-sufficiency and self-confidence.

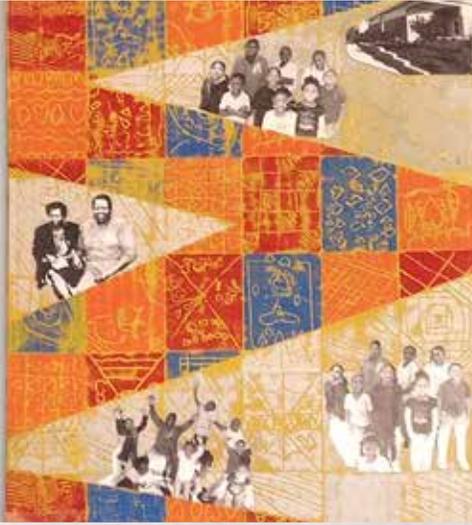
**Class will not meet on AISD or City of Austin holidays.**

**Dates:** January 29th - March 26th

**Days:** Monday

**Time:** 5:00pm - 6:00pm

**Fee:** \$30/month



## Homework Help at Pan Am Recreation Center

Every Thursday evening during the Spring 2014 semester, Pan Am Recreation Center will be offering homework help from 6:00pm to 7:30pm. The Pan Am staff will help your child complete any unfinished homework from that week so students can be ready to turn in their homework by Friday. This program is specifically intended for elementary aged students but is open to middle school students as well.

**Dates:** January 10th - May 23rd

**Days:** Thursday

**Time:** 6:00pm - 7:30pm

**Fee:** FREE



## Spilled Milk Social Club (SMSC)

Spilled Milk Social Club After School Program is a kid's creative collective based in Austin, TX. Running in conjunction with AISD's 2012-13 school year, SMSC will operate as an after school program whose mission is to promote confidence, independence, and higher level thinking skills through the integration of creativity into all facets of daily life. SMSC will offer pick-up from Lee, Brykerwoods, and Pease Elementary Schools, though families from ANY school are welcome to make alternate transportation arrangements.

**For more information, please call 512-317-6408 or email [info@spilledmilksocialclub.com](mailto:info@spilledmilksocialclub.com).**

**Website:**

[www.spilledmilksocialclub.com](http://www.spilledmilksocialclub.com)

**Dates:** January 5th - June 5th

**Days:** Monday - Friday

**Fee:** \$225/month

# OUT OF SCHOOL TIME CAMPS

## “Stay for Play” C-Day Program

No school today? Don't sit at home with nothing exciting to do. Join us for a fun day filled with learning and exploration. This program is offered on non-City of Austin holidays that are teacher work days. The center will provide an all day camp for participants that includes sports, games, enrichment activities and more.

Participants are required to bring a non-refrigerated/non-microwaveable lunch and two snacks daily.

This is not a drop-in program; there must be a minimum of 8 participants registered in order to conduct this program.

**Please contact a recreation center for dates and pricing information.**

**Ages:** 5 - 12 years old



## “Stay for Play” Spring Break Camp

Why spend your spring break bored at home when you can have a week of fun and adventure with the staff of the Austin Parks and Recreation Department? This camp offers developmental and creative opportunities for children to explore the world around them using a mix of sports, science, art, group projects, games, field trips, and more!

Each child is required to bring a non-refrigerator/non-microwaveable lunch and two snacks daily.

This is not a drop-in program; there must be a minimum of 8 participants registered in order to conduct this program.

**Please contact a recreation center for field trip and pricing information.**

**Ages:** 5 - 12 years old

**Dates:** March 10th - March 14th

**Time:** 7:30am - 6:00pm

## Integrated Arts Dance and Gymnastics Camp at Northwest Recreation Center

This stimulating camp includes explorations in visual arts, drama, music, dance, and gymnastics. Students will discover how the fine arts have similarities in the elements of design, and increase their skill development in various movement vocabularies of jazz, tap, ballet, tumbling, balance beam, and rhythmic gymnastics.

**A \$25 deposit is required at the time of registration. Please call 512-323-6013 or email [questions@danceassociates.com](mailto:questions@danceassociates.com) to register.**

**Website:**  
[www.danceassociatesaustin.com](http://www.danceassociatesaustin.com)

**Session 1:** July 15th - July 19th

**Session 2:** July 22nd - July 26th

**Days:** Monday thru Friday

**Time:** 12:30pm - 3:30pm

**Fee:** \$188/session



# SUMMER CAMP



The Community Recreation Centers are dedicated to offering children 5-12 years old an unforgettable summer experience filled with a wide variety of sports, arts and crafts, water and enrichment activities. We provide wholesome, interesting, and exciting opportunities for your child to grow in a character-building environment. Focusing on youth development, our trained staff will guide your child through participation in a variety of activities, such as arts and crafts, games, sports and more!

**Register today! \$20.00 deposit due for each session. Space is limited.**

## NOW PLAYING...

Why spend your summer sitting in front of the television? Instead, be inspired by it! Join us for 10 weeks of fun inspired by your favorite networks and shows at a Recreation Center near you. We are going from TV to reality.

### **Week 1: Sports** 6/16-6/20

Get team spirit and gear up for the City Wide Olympic Day. Name your team, create your jerseys and prepare to play with your citywide neighbors.

### **Week 2: Cartoons** 6/23-6/27

Has anyone every told you "you're quite the character"? Or have you ever wanted to create your own world? This week is inspired by the Cartoon Network, Nickelodeon, and Disney Channel. Two dimensional art projects, flip books and short films will be your creative outlets.

### **Week 3: Discover Your World** 6/30-7/3

Activities based on your favorite adventurers and explorers on the Discovery Channel and National Geographic. We will get outside, bust myths and find things hiding in plain sight.

### **Week 4: Sci-Fi & Mystery** 7/7-7/11

Mystical Creatures, hidden treasures and things in space. Why let the characters on the Sci-Fi Network have all the fun? Join us this week to help us solve mysteries, find treasures, and create monsters.

### **Week 5: Food Fun** 7/14-7/18

I bet you've been told "Don't play with your food". But the Food Network takes everyday people and the daily chore of cooking and makes it exciting. This week will learn the science behind foods, experiment with flavors and play games that will change the way you look at your food.

### **Week 6: Flashback** 7/21-7/25

A week inspired by the History Channel and TV Land will take you back in time. We will visit the days of the 50's, 60's, 70's and 80's.

### **Week 7: Media** 7/28-8/1

Weather channel, news outlets and the twitter-verse feed us information throughout our day. Be a part of the media where we use our press badges, photography skills and best anchorman personas to spread the news.



### **Week 8: Entertainment** 8/4-8/8

Red carpets aren't just for the people on E! and Bravo. You've got talent too! Spend the week preparing for your red carpet appearance at the citywide talent show.

### **Week 9: Travel & Outdoor Adventure** 8/11-8/15

Where in the world do you want to go? Spend the week filling up your virtual passport as we explore destinations around our globe and within our own city.

### **Week 10: Games! Games! Games!** 8/18-8/22

What could you accomplish if you only had a minute to win it? How can your team stack up to others? Join us this week for Games! Games! Games! inspired by the Game Show Network to find out.

# SUMMER DROP-IN PROGRAM

**Boredom Busters is a FREE summer drop-in program!**

Boredom Busters recreation staff will provide a variety of activities for children during the summer. This is a great opportunity for your child to participate in a fun and safe environment where they can explore and be creative. Activities will include arts and crafts, cooking, drama, games, natural exploration and special events.

There is no obligation to attend every day and parents are responsible for their child's transportation to and from the program. This is not a childcare service. Space is limited and is a first come, first serve basis.

**Lunch is included!**

**Ages:** 5 - 14 years old

**Dates:** June 16th - August 22nd

**Days:** Monday - Friday

**Fee:** FREE

North Locations	Gus Garcia	12:00pm - 4:00pm
	Virginia Brown	12:00pm - 4:00pm
Central Locations	Pan Am	12:00pm - 4:00pm
	Turner Roberts	12:00pm - 4:00pm
South Locations	Dove Springs	10:00am - 2:00pm
	Montopolis	10:00am - 2:00pm



# Boredom Busters

*Unplug, Step Out, Drop In*

# YOUTH SPORTS



The Community Recreation Centers are proud to offer a variety of co-ed youth sports. Our leagues are structured to be a safe recreational league aimed at beginner to intermediate players. This is a non-competitive league with volunteer coaches. T-shirt, league play, and an end of season award are included. All league games are played in 1 of 3 zones.

**Ages:** 5 - 13 years old

**Game Days:** Saturday

**Listing of recreation centers by zone:**

North Zone	Central Zone	South Zone
Dottie Jordan	Givens	Dittmar
Gus Garcia	Metz	Dove Springs
Hancock	Pan Am	Montopolis
Northwest	Parque Zaragoza	South Austin
Virginia L. Brown	Rosewood	
	Turner Roberts	



## Co-Ed Summer Basketball League

This program offers participants the opportunity to develop fundamentals and skills of basketball with an emphasis on attaining maximum potential through respect and enjoyment of the sport. This is a non-competitive 6 week league focused on youth 5 to 12 years old with volunteer coaches. Games are played on Saturday at various sites.

**League play begins Saturday, June 28th. Please contact a recreation center to register.**

**Fee:** \$20

## Co-Ed Summer Volleyball League

This program offers participants the opportunity to develop the fundamentals and skills of volleyball. Emphasis is on attaining maximum potential through respect and enjoyment of the sport. This is a non-competitive 6 week league focused on youth 9 to 12 years old with volunteer coaches. Games are played on Saturday at various sites.

**League play begins Saturday, July 7th. Please contact a recreation center to register.**

**Fee:** \$20

## Co-Ed Tee Ball, Coach Pitch & Girl's Softball

Want your child to learn about baseball or softball? Register for the these leagues so they can learn the fundamentals of baseball or softball. These non-competitive leagues are a great opportunity for youth to fine tune their skills and make some new friends.

**Please contact a recreation center for more information.**

**Fee:** \$20

## Pan Am Youth Boxing

The Pan-American Recreation Center offers a boxing program to youth and teens ages 8 to 18 years old. This program is designed to teach participants the basics of boxing and encourages participants to compete in local, regional, and national competitions. This program is sponsored by the Police Activities League.

**For more information please contact Pan Am or Coach Zach Martinez at 512-476-9193.**

**Location:** Pan Am

**Ages:** 8 -18 years old

**Register:** January 7th - May 30th

**Days:** Monday - Thursday

**Time:** 6:00pm - 8:00pm

**Fee:** FREE

## Montopolis Little Dribblers

This co-ed basketball league is structured to be a safe recreational league for beginner to intermediate players. This is a non-competitive league that encourages good sportsmanship, developing strong playing skills, and promoting friendly relationships among the players, coaches, referees and parents.

This league is for youth ages 3 to 5 years old. Practices are held on Tuesday and games are played on Thursday.

**Location:** Montopolis

**Dates:** June 28th - August 2nd

**Days:** Tuesday & Thursday

**Time:** 6:00pm - 7:00pm

**Fee:** \$20

## Soccer Shots Mini

Soccer Shots Mini is a high-energy program introducing children to fundamental principles of soccer, such as using your feet, dribbling, and the basic rules of the game. Through fun games, songs, and positive reinforcement, children will begin to experience the joy of playing soccer and being active.

**Location:** Northwest

**Ages:** 2 - 3 years old

**Days:** Saturday

**Times:** 9:25am – 9:55am

10:45am – 11:15am

## Soccer Shots Classic

For nearly 15 years, Soccer Shots has been introducing soccer exclusively to children ages 3 to 5 years old. Using creative and imaginative games, weekly sessions focus on basic soccer skills like dribbling, passing, and shooting. We also highlight a positive character trait each session such as respect, teamwork, and appreciation. Soccer Shots will expose your child to the fun of soccer and provide the foundation needed to get started in the sport.

**Location:** Northwest

**Ages:** 3 - 5 years old

**Days:** Saturday

**Time:** 10:00am – 10:40am



## Kid Fit - Tiny Tot Tennis

Basic tennis for young children will be taught in a fun cooperative environment. We teach racket path, proper footwork, and tennis language in a kid friendly manner. All equipment is provided. Classes are 30 minutes with the class size limited to four children in 7 or 8 week sessions.

**For registration and fees, please call 512-632-0672 or email [kidfit.tennis@yahoo.com](mailto:kidfit.tennis@yahoo.com).**

**Location:** Northwest

**Website:** [www.kidfit-tennis.com](http://www.kidfit-tennis.com)

## South Austin Volleyball Clinic

This clinic offers participants the opportunity to develop fundamental volleyball skills, as well as enhance their social and motor skills. This clinic is focused on developing youth ages 9 to 14 years old. This will be a great warm-up for the Summer Volleyball League.

**Location:** South Austin

**Ages:** 9 - 14 years old

**Dates:** June 3rd, 10th & 17th

**Days:** Thursday

**Time:** 6:00pm - 7:30pm

**Fee:** FREE

## Metz Tennis

This league is structured to be a safe recreational league for beginner to intermediate players. This is a non-competitive league that encourages good sportsmanship, developing strong playing skills, and promoting friendly relationships among the players, coaches, referees and parents. This league is focused on youth ages 5 to 16 years old.

**Please contact Metz Recreation Center for more information.**

## Austin Society of Karate

Karate will give students a working knowledge of martial arts while building self-confidence, physical condition, and self-discipline. A black GI uniform is required (may be purchased from the instructor or elsewhere). Optional costs include tournaments, equipment, and belt tests. No refunds will be issued after the third scheduled class.

**For more information, please call 512-415-6118.**

**Location:** Dittmar

**Ages:** 5 - 12 years old

**Dates:** Ongoing

**Days:** Thursday

**Time:** 6:30pm - 7:30pm

**Location:** Northwest

**Ages:** 5 - 12 years old

**Dates:** Ongoing

**Days:** Thursday

**Time:** 6:30pm - 7:30pm

**Location:** South Austin

**Ages:** 5 - 12 years old

**Dates:** Ongoing

**Days:** Tuesday

**Time:** 6:30pm - 7:30pm

## American Karate

This class teaches American Karate with an emphasis on self defense, conditioning, and sparring. A uniform (GI) is required and may be purchased from the instructor on the first day of class, or it may be purchased from an outside source. There will be additional costs to participants for belt testing, equipment, and tournament, which are required for advancement. New students are not permitted after the 3rd week of class without instructor approval.

**Location:** Dove Springs

**Ages:** 5 - 18 years old

**Dates:** Ongoing

**Days:** Tuesday & Thursday

**Time:** 5:30pm - 6:30pm

**Fee:** FREE

**Location:** Montopolis

**Ages:** 6 - 18 years old

**Dates:** June 28th - August 2nd

**Days:** Monday & Wednesday

**Time:** 6:00pm - 7:00pm

**Fee:** \$20



# YOUTH ENRICHMENT

## Garden of Language

We offer fun foreign language immersion classes for children from birth to age five. We believe that children in that age range learn through play. Because of that, we have created a curriculum centered around children playing and having fun. We know that young children soak up language like little sponges, so we immerse them in the foreign language while they play.

### Spanish Immersion Class

**Location:** Northwest

**Ages:** 0 - 5 years old

**Dates:** March 27th - May 29th

**Days:** Thursday

**Time:** 10:30am - 11:30am

### Mandarin Immersion Class

**Location:** Northwest

**Ages:** 0 - 5 years old

**Dates:** March 24th - June 2nd

**Days:** Monday

**Time:** 10:30am - 11:30am

### Mandarin Immersion Class

**Location:** Northwest

**Ages:** 0 - 5 years old

**Dates:** March 25th - May 27th

**Days:** Tuesday

**Time:** 9:30am - 10:30am

### Hindi Immersion Class

**Location:** Northwest

**Ages:** 0 - 5 years old

**Dates:** March 25th - May 27th

**Days:** Tuesday

**Time:** 10:30am - 11:30am



## Zumbini

Designed to let you and your little ones 0 to 3 years old wiggle, sing and learn together, the Zumbini program is where the science of child development meets the magic of Zumba. Participants will receive a class song book and musical CD.

**Location:** Northwest

**Ages:** 0 - 3 years old

**Days:** Saturday

**Time:** 9:30am - 10:15am

**Website:** [www.tazrai.zumba.com](http://www.tazrai.zumba.com)

## Preschool Playtime

This "parent/guardian and me" program provides a time to socialize with friends and sharpen fine and gross motor skills. There will also be opportunities for hands-on activities to improve creativity and develop a positive self image. This class is designed for toddlers age 1½ to 5 years old and their caregiver.

**Location:** Northwest

**Dates:** June 7th - August 30th

**Days:** Friday

**Time:** 10:30am - 12:00pm

**Fee:** \$10 pass card fee that is good for 4 visits

## Tot-Smarts

It's a FACT: A 3 year old child's brain is twice as active as an adult brain. With challenging logic activities and imaginative art exploration, Tot-Smarts provides toddlers a fun, energetic environment to stimulate both the left and right sides of the brain!

**Location:** Northwest

**Ages:** 1½ - 3 years old

**Dates:** January 6th - May 26th

**Days:** Monday

**Time:** 10:00am - 10:50am & 11:10am - 12:00pm

## Tiny Tots

Designed to foster youth development, Tiny Tots is a preschool enrichment program where children ages 3 to 5 years old enjoy a half day of socialization and recreation on Monday and Wednesday. Join the fun with games, stories, crafts, and more!

**Location:** Hancock

**Days:** Monday & Wednesday

**Time:** 9:00am - 1:00pm

**Fee:**

March \$50

April \$70

May \$50



## Girl Scouts

Are you interested in learning a sport, sampling the arts, preparing for a career, or rafting down a river? Do you dream of publishing stories online, traveling to exotic locales, or speaking on behalf of girls in your area? In Girl Scouting you can do it all! Come in today and join this great group of scouts. It's never too late to join in the fun. Youth in kindergarten through 5th grade are welcome.

**Location:** Metz

**Days:** Wednesday

**Time:** 6:15pm - 7:15pm

**Fee:** FREE

## Ballet Folklorico

Stomp your feet, clap your hands, click your castanets and get ready to learn the fiery and passionate moves of Mexican Folkloric dance. Dancers with minimal experience as well as advanced dancers will find spots just right for them in this wide array of dance classes focusing on the rich heritage of Mexican Folkloric dance. Performances for all occasions!

**Location:** Dittmar

**Instructor:** Ms. Elsa Y Nelligan

**Contact:** 512-443-7155 or  
bfm\_austintx@yahoo.com

**Days:** Monday & Wednesday

**Time:** 6:30pm - 7:30pm

**Location:** Pan Am

**Days:** Wednesday

**Time:** 6:00pm - 7:00pm

**Days:** Saturday

**Time:** 10:00am - 1:00pm

## Dance Associates

**Dance:** Multi-activity class that develops fine and gross motor skills through finger play, dance basics of ballet, tap, and jazz. There will also be tumbling and creative movement with props.

**Gymnastics:** Students progress through warm-up exercises, strength and flexibility skills, loco motor and coordination skills, dance basics, creative movement, tumbling, balance beam and rhythmic gymnastics skills.

**Acrobatic Artistry:** This class adds an artistic dimension to gymnasts' athletic abilities.

**For registration and fees please call 512-323-6013.**

**Website:**

[www.danceassociatesaustin.com](http://www.danceassociatesaustin.com)

## Me and My Pal Fishing

Come and experience a different adventure every Saturday. Metz Staff will take you and your child to different fishing locations around Austin to find the biggest catch. Ages 5 and older are welcome with an adult. Please call 512-478-8716 to reserve a spot.

**First 12 people welcome. Metz will provide staff, poles, bait, and a GREAT time.**

**Location:** Metz

**Dates:** July 12th - August 9th

**Days:** Saturday

**Time:** 10:30am - 12:00pm

**Fee:** FREE



# TEEN PROGRAMS

## Neighborhood Teen Program (NTP)

The Parks and Recreation Department is proud to offer this FREE program to Austin teens. This program focuses on character development, leadership, service learning, career exploration and college readiness, while participating in fun field trips and activities.

Please contact a recreation center for more information and a schedule of events.

**Ages:** 12 - 18 years old

## Dittmar Teen Leadership After School

Teens participate in homework time, community service, volunteer projects and regularly scheduled free time.

Transportation from Bedichek, Baley, Paredes, and Covington Middle Schools.

**Ages:** 6-8th grades

**Time:** 3:30pm - 6:00pm

## Northwest Teen After School

Designed to foster adolescent development our after school program offers a variety of activities including arts and crafts, science projects, cooking activities, sports, games and other fun enrichment activities.

Transportation is provided from Lamar Middle School.

**Location:** Northwest

**Dates:** January 7th - June 4th

**Days:** Monday - Friday

**Time:** 3:30pm - 6:00pm

## Totally Cool Totally Art (TCTA)

Totally Cool, Totally Art offers free community-based art education for teenagers who may not otherwise have such opportunities. TCTA promotes a philosophy centered on the benefits of arts education for teens and is much more than just an arts and crafts program. TCTA is teaching mediums this year such as culinary, fresh threads, short film, painting, and architecture.

**Ages:** 12 - 18 years old

**Time:** 6:00pm - 8:00pm

**Fee:** FREE

TCTA is held at the following recreation centers:

Monday & Wednesday	Tuesday & Thursday
Metz	Northwest
Pan Am	Hancock
Dittmar	Dove Springs
South Austin	Alamo
Montopolis	Rosewood
Givens	Virginia L. Brown
Zaragoza	Dottie Jordan
Turner Roberts	Gus Garcia

## Northwest Teen Club

Come hang out with teens just like you! This program for teens encourages academic success, community involvement and friendship building. Teen Club offers opportunities for teens to share their experiences and gain some new ones. Teens will enjoy themselves playing games, watching movies, cooking, visiting cultural events, community service projects and going on field trips all over Austin!

**Location:** Northwest

**Ages:** 7-9th grades

**Dates:** January - April 2014

**Days:** 1st & 3rd Friday of month

**Time:** 6:00pm - 9:30pm

**Fee:** FREE



## Boxing

The Pan-American Recreation Center offers a boxing program to youth and teens ages 8 - 18 years old. This program is designed to teach participants the basics of the sport of boxing and encourages participants to compete in local, regional, and national competitions. This program is sponsored by the Police Activities League.

**For more information please contact Pan Am or Coach Zach Martinez at 512-476-9193.**

**Location:** Pan Am

**Ages:** 8 - 18 years old

**Dates:** January 7th - May 30th

**Days:** Monday - Thursday

**Time:** 6:00pm - 8:00pm

**Fee:** FREE

## 3 vs 3 Basketball Tournament

This youth basketball tournament is designed for teens to brush up on their skills before school is back in action. Grab a few of your friends and join in as we see who's the best of the best in Dittmar's Gym.

### Competition:

11 - 12 year Girls

11 - 12 year Boys

13 - 14 year Girls

13 - 14 year Boys

15 - 16 year Girls

15 - 16 year Boys

**Location:** Dittmar

**Date:** August 23rd

**Time:** 8:00am - 6:00pm

**Fee:** \$5/person

## Indoor Futsal

Have fun playing this free indoor variant of soccer in an organized setting. Take on other teams in five-on-five bouts. Watch the fast-paced action as players sprint across the gym to score. All high school-aged young men and women are free to join, with or without experience. Be sure to bring athletic clothing and indoor shoes. Cleats are not-permitted. Balls and goals will be provided.

**Location:** Gus Garcia

**Ages:** 14 - 18 years old

**Dates:** Ongoing

**Days:** Tuesday

**Time:** 6:00pm - 9:00pm

**Fee:** FREE



# SUMMER

## Teen Summer Camp

The Community Recreation Centers are dedicated to offering teens ages 13 to 16 years old an unforgettable summer experience filled with a wide variety of sports activities, arts & crafts, water activities, and enrichment opportunities. We provide wholesome, interesting, and exciting activities in a character-building environment. This is no traditional summer camp; choose from our 10 weekly sessions!

Pre-registration is required and there must be a minimum of 8 registered participants by May 20th to conduct a program week.

**Register today! \$20.00 deposit due for each session. Space is limited.**

**Locations:** Dittmar, Hancock, McBeth, Northwest, South Austin

## Dottie Jordan Teen Summer Camp

Dottie Jordan Recreation Center is offering a FREE drop-in summer program to teens ages 12 to 17 years old. Activities include rock climbing, kayaking, swimming, field trips and more!

**Dates:** June 6th - August 22nd

**Days:** Monday - Friday  
Wednesdays are Teen Challenge days!

**Time:** 9:00pm - 5:00pm

**Fee:** FREE



# FAMILY PROGRAMS

## Austin Barn Dancing

Community-style "Contra Dancing" captures the feeling of the town hall social dance. The group dance Contras, Squares, and circle mixers to live traditional music. All dancers are taught as they go.

**For more information call Dale Rempert at 512-453-4225.**

**Location:** Hancock

**Ages:** Intergenerational

**Dates:** Ongoing

**Days:** Wednesday

**Time:** 7:30pm - 10:00pm

**Fee:** FREE

## Austin International Folk Dance

Everyone is welcome to come experience international folk dancing (line and couples dancing). Beginners and those with two left feet will be able to join the fun. We are "kid" friendly and our dancers come from all walks of life. Newcomers teaching from 7:30pm to 8:00pm.

**For more information call Bill Ogilvie at 512-481-9362.**

**Website:** [www.aifd.com](http://www.aifd.com)

**Location:** Hancock

**Ages:** Intergenerational

**Dates:** Ongoing

**Days:** Saturday

**Time:** 7:00pm - 11:00pm

**Fee:** FREE

## Breakdancing

Stomp your feet, clap your hands, spin on the floor and get ready to learn some moves from former B-Boy City Jesse. Dancers with minimal experience as well as advanced dancers will find spots just right for them in this wide array of dance classes focusing on pop and hip hop breakdancing. Participants may perform at certain South Austin Recreation Center special events.

**Location:** South Austin

**Ages:** 18+ years old

**Dates:** Ongoing

**Days:** Tuesday

**Time:** 6:00pm - 8:00pm

**Fee:** FREE

## Guitar Class

This is a guitar class for beginners. It will also be a great help to those that have already started playing. You may use an acoustic or an electric (without amp) guitar. The only other necessary supplies will be a pick, spiral notebook or binder with paper and a pencil. Having a tuner will help but is not completely necessary.

**Sign up by calling 512-470-6908 or email [joshg220@gmail.com](mailto:joshg220@gmail.com).**

**Ages:** 8+ years old

**Dates:** Ongoing

**Fee:** \$60

**Location:** Dittmar

**Days:** Monday

**Time:** 7:45pm - 8:45pm

**Location:** Northwest

**Days:** Tuesday

**Time:** 7:45pm - 8:45pm

## Crocheting

This program will teach you the basics of crochet - picking the right yarn and hooks for your projects, basic stitches and how to put them all together to create a square motif. You'll finish with the skills to create wonderful items and the courage to express your individual style with nothing but yarn and a crochet hook. Students must furnish all their needed supplies. All youth under 15 must be accompanied by an adult.

**Location:** Metz

**Ages:** 7+ years old

**Dates:** Ongoing

**Days:** Monday & Wednesday

**Time:** 1:30pm - 2:30pm

**Fee:** FREE

## Quilting

New to quilting? Needing to polish your skills? This class is for you! It is an introduction to quilting basics from rotary cutting and accurate piecing to quick finishing techniques. Learn to make simple blankets and pass the memory on. Student must furnish all their needed supplies. All youth under 15 must be accompanied by an adult.

**Location:** Metz

**Ages:** 12+ years old

**Dates:** Ongoing

**Days:** Tuesday & Thursday

**Time:** 1:30pm - 2:30pm

**Fee:** FREE

## Biking for Fitness

Come ride the trails of Austin with other friends and families of Metz Recreation Center. Don't have a bike or helmet? No problem! Metz staff are happy to provide riding gear at NO cost.

**Location:** Metz

**Ages:** 12+ years old

**Dates:** Ongoing

**Days:** Friday

**Time:** 6:30pm - 7:30pm

**Fee:** FREE

## Fitness Room

Our fitness rooms are safe user-friendly facilities and great places to get away from the masses at other commercial gyms. So come in and start getting in shape today!

Self instructed facility. Call your recreation center for hours of operation.

**Ages:** 16+ years old (participants under 18 must be accompanied by a parent or guardian with a membership)

**Fee:** \$15/month



## Zumba

FuzeMove Fitness started with the concept that music and movement are fun and healthy, promoting weight loss and restructuring of the body. In addition, it's recreational and social; bringing people together. With body happiness, mind and spirit are happy and one is able and capable of achieving health and wellness. Group fitness is a great way to have fun and stay motivated on your path to wellness.

**Website:** [www.fuzemove.com](http://www.fuzemove.com)

**Location:** Northwest

**Ages:** 13+ years old

**Dates:** Ongoing

**Days:** Saturday

**Time:** 10:30am - 11:30am

**Fee:** \$5/1-class; \$30/8-class pass

## Holistic Yoga

We make healing possible by helping you find your inner light and healing energy. By working with you every step of the way, we are able to meet all of your healing needs and those of your family and friends who chooses to join us.

**Website:** [www.holistichealingandyoga.com](http://www.holistichealingandyoga.com)

**Location:** Northwest

**Ages:** 13+ years old

**Dates:** January 6th - May 26th

**Days:** Monday & Friday

**Time:** 10:30am - 11:30am

## Yoga

Yoga is not merely a set of physical exercises, it is a science of holistic living. Our Yoga class has been designed to benefit people of all ages, including children and seniors, at many different levels. It will certainly help you to lose harmful extra weight, manage and reduce stress, build stamina, increase focus, age gracefully and become more flexible in body and life. Jogi Bhagat (RYT), the instructor, has attended various Yoga courses and retreats in Europe, Asia and America during the last 29 years. This has prepared him to work with people of all ages, sizes and with different ailments. For more details about the Instructor and his teaching style please visit our website.

**Website:** [www.medicinalyoga.com](http://www.medicinalyoga.com)

**Location:** Dittmar

**Ages:** 8+ years old

**Dates:** Ongoing

**Days:** Tuesday

**Time:** 6:15pm - 7:30pm

**Fee:**

\$100	10-classes valid 20-weeks
\$85	10-weeks
\$55	5-weeks
\$13	Drop-in

# ADAPTIVE SPORTS

McBeth Recreation Center's adaptive sports programs teach skill development, team work and foster self efficacy. Competition is offered through Special Olympics Texas.

**Ages:** adaptive sports programs are designed for participants 12+ years old

**Fee:** \$15/sport

## Basketball

Dates	Days	Time	Location
November 27th - May 20th	Tuesday	10:00am - 11:30am	South Austin
November 27th - May 20th	Friday	5:30pm - 7:00pm	Dittmar

## Cycling

Dates	Days	Time	Location
February 24th - April 21st	Saturday	10:00am - 11:00am	McBeth

## Tennis

Dates	Days	Time	Location
February 26th - April 23rd	Wednesday	5:30pm - 6:30pm	McBeth

## Golf

Dates	Days	Time	Location
June 24th - September 16th	Monday	1:00pm - 3:00pm	McBeth

## Bocce

Dates	Days	Time	Location
June 23rd - September 22nd	Monday	10:00am - 11:00am	McBeth
June 23rd - September 22nd	Tuesday	10:00am - 11:00am	McBeth

## Softball

Dates	Days	Time	Location
May 5th - October 25th	Practice: Monday	5:45pm - 7:15pm	McBeth
May 5th - October 25th	Game: Tuesday	5:45pm - 7:15pm	McBeth

## Swim Team Aquatics

Dates	Days	Time	Location
June 24th - October 23rd	Tuesday	5:30pm - 6:30pm	McBeth
June 24th - October 23rd	Wednesday	5:30pm - 6:30pm	McBeth
June 24th - October 23rd	Thursday	5:30pm - 6:30pm	McBeth

McBeth Recreation Center's adaptive programs are designed for participants with intellectual disabilities and friends.

# ADAPTIVE PROGRAMS

## Adult Monthly Dances

Adult monthly dance to promote appropriate social interaction, creative expression and physical activity.

**Dates:** Ongoing

**Days:** 3rd Saturday of month

**Time:** 7:00pm - 9:00pm

**Fee:** \$2/person

## Art in the Park

Art in the Park is an opportunity for people of all ages to express creativity through music and hands on projects. Individuals, groups and schools are welcome.

**Please register in advance.**

**Location:** Mexican American Cultural Center at 600 River Street

**Dates:** April 4th

**Time:** 9:00am - 1:00pm

**Fee:** FREE

## Friendship Café

Learn cooking skills and kitchen safety, while socializing with friends and talking about nutrition.

**Dates:** Ongoing

**Days:** Wednesday

**Time:** 6:30pm - 8:00pm

**Fee:** \$4/person

## Variety Night

Friends come join us for fun and games, crafts, birthday/bingo and more!

**Dates:** Ongoing

**Days:** Monday

**Time:** 6:30pm - 8:00pm

**Fee:** \$2/person

## Good Neighbor Adventure Club (GNAC)

The GNAC is a Monday to Friday program for adults 22-80 years old. There is a maximum of 30 participants with staffing at a 1:8 ratio. Each day of enrollment, participants will be engaged in physical, cognitive, creative, and social activities that promote positive interaction and fitness.

**Dates:** Ongoing

**Days:** Monday - Friday

**Time:** 9:00am - 2:30pm

**Fee:** \$15/day paid monthly

## Helping Hands

Join McBeth's Helping Hands Club and give back to the wonderful City of Austin. We will be volunteering at various organizations around the city every Friday of the month. Our goals are to work hard, acquire community service hours, give back to our community and, of course, have fun! The participants will potentially be working with food banks, animal shelters, recycle programs and elderly groups.

**Dates:** February 7th - April 25th

**Days:** Friday

**Time:** 9:00am - 12:00pm

**Fee:** \$5/month

## Modern Dance

Create, express, and collaborate in this modern dance class taught by dance education specialist, Michele Owens.

**Dates:** Ongoing until April 23rd

**Days:** Wednesday

**Time:** 11:15am - 12:00pm

**Fee:** FREE

## Outdoor Adventure Club

Participants will learn about the environment and explore nature by geocaching, learning about camping, nature and developing outdoor skills.

**Dates:** March 27th - May 15th

**Days:** Thursday

**Time:** 3:30pm - 5:00pm

**Fee:** \$15/session

## Recreational Bowling

Enjoy a Friday afternoon of bowling and fun with friends out in the community. Great exercise!

**Please register in advance. You must mail or deliver the \$5/mo. registration fee and enrollment form to McBeth Recreation Center.**

**Dates:** Ongoing

**Days:** Friday

**Time:** 4:00pm - 6:00pm

**Fee:** \$5/month

## Rock the Boat

Be introduced to kayaking and canoeing on beautiful Lady Bird Lake. The program will be available to 10 people per session. So sign up early! Pre-registration is required. Registration is available at McBeth Recreation Center only.

**Always check with your doctor before beginning any new exercise. Wear warm clothes; it can be windy on the water.**

**Dates:** March 18th - April 29th

**Days:** Tuesday

**Time:** 1:00pm - 2:30pm

**Fee:** FREE

# ADULT SPORTS

## Metz Kickball League

Fun was the name of the game that we played in our youth. Today with 60-hour-plus work weeks, recess consists of gulping down coffee and dreaming of returning to the playground. We invite you to get back in the game. Teams must provide matching shirts with numbers.

**Please call Metz Recreation Center for registration information.**

### Co-Ed High

Get your team ready and play in this fun but competitive league.

**Fee:** \$225/team

### Co-Ed Low

This is a cool comfortable league where everyone has a blast.

**Fee:** \$225/team

### Women's High

Get your team ready and play in this fun but competitive league.

**Fee:** \$225/team

### Women's Low

This is a cool comfortable league where everyone has a blast.

**Fee:** \$225/team

## Co-Ed Kickball League

Adult Kickball is back and better than ever! Grab your buddies to take part in what used to be a fun playground activity that's now a league for adults!

**Location:** South Austin

**League Play Begins:** March 18th

**Days:** Monday, Tuesday & Friday

**Time:** 7:00am - 10:00am

**Fee:** \$255/team



## Austin Recreation Center Volleyball League

**Spring - 6's** (10 weeks & play off)

**Register:** March 19th - March 21st

**League Play:** April 14th - June 30th

**No Games:** May 26th

**Co-Ed BB Post Season**

**Tournament:** April 5th

**Summer I - 4's** (5 weeks & play off)

**Register:** June 11th - June 13th

**League Play:** July 7th - August 4th

**Summer II - 4's** (5 weeks & play off)

**Register:** July 23rd - July 25th

**League Play:** August 18th - September 29th

**No Games:** September 1st

## Bike Polo

Come and join the fun in this community organized game where everyone has fun. Come as a team or by yourself and we will place you on a team. No experience is necessary and any type of bike will do. Extra mallets and bikes will be on site if needed.

**Location:** Metz

**Dates:** March 5th - March 29th

**Days:** Tuesday & Thursday

**Time:** 6:30pm - 9:00pm

**Fee:** FREE

## Capoeira

Capoeira is a Brazilian martial art that combines elements of dance and music. This ongoing class provides a great workout.

**Location:** Pan Am

**Dates:** Ongoing

**Days:** Monday, Tuesday & Thursday

**Time:** 7:00pm - 9:00pm

**Days:** Saturday

**Time:** 1:00pm - 4:00pm

**Fee:** \$35/month

## Core Class

Have you always wanted flat abs? Here is your chance. We will give you a fun workout your body will not believe. Bring a mat and set of 4lb weights for beginners and 8-10lb weights for intermediate.

**Location:** Metz

**Dates:** Ongoing

**Days:** Tuesday & Thursday

**Time:** 6:00pm - 7:00pm

**Fee:** FREE

## Fit Club

The Team Beachbody Fit Club wants you to come work out to popular beach-body programs like P90X and TurboFire. All fitness levels are welcome.

**For registration information please call 512-584-9535 or email [coachsuzannemiller@gmail.com](mailto:coachsuzannemiller@gmail.com).**

**Location:** Northwest

**Dates:** Ongoing

**Days:** Wednesday

**Time:** 7:00pm - 8:00pm

**Fee:** FREE

## Fit n Fun Aerobics

A fun dance aerobic class of moderate intensity and moderate impact choreographed for beginners as well as advanced participants.

**Location:** Hancock

**Dates:** Ongoing

**Days:** Tuesday & Thursday

**Time:** 6:00pm - 7:00pm

**Days:** Saturday

**Time:** 9:00am - 10:15am

**Fee:** FREE

## Weight and Boot Camp

If you're 18 and over willing to learn new exercises and routines then this is the class for you. Willing to work hard for that new lean look? Come join our class where we will be push you to the max and then some. This is a fun group for those who are looking for new and exciting challenges to be physically fit.

**Location:** Dottie Jordan

**Dates:** Ongoing

**Days:** Wednesday

**Time:** 6:00pm - 7:15pm

**Fee:** \$3/class

## Zumba Fitness

Are you ready to party yourself into shape? That's exactly what the Zumba program is all about. It's an exhilarating and effective easy-to-follow Latin-inspired calorie-burning dance fitness party.

**Location:** Gus Garcia

**Dates:** Ongoing

**Days:** Monday & Wednesday

**Time:** 6:00pm

## Zumba at Montopolis Recreation Center

Are you ready to party yourself into shape? That's exactly what the Zumba program is all about. It's an exhilarating effective easy-to-follow Latin-inspired calorie-burning dance fitness party. Classes are taught by volunteer instructors and are FREE.

Days	Class	Time
Monday	Zumba Gold with Linda	11:30am - 12:30pm
	Zumba with Linda	6:00pm - 7:00pm
Tuesday	Zumba with Linda	6:00pm - 7:00pm
Wednesday	Zumbatonic with Freedom	11:30am - 12:30pm
	Zumba with Linda	6:00pm - 7:00pm
Thursday	Zumba with Freedom	11:30am - 12:30pm
Friday	Zumba with Freedom	11:30am - 12:30pm

## Zumba with Mara

Zumba is a Latin-inspired dance fitness party that provides a fun and effective workout while building a supportive community. The class is led through easy to follow dance routines of Latin and international rhythms. All levels, ages and genders are welcome.

**For more information visit [www.maraoatman.zumba.com](http://www.maraoatman.zumba.com).**



## Jazzercise

Jazzercise combines elements of jazz dance, resistance training, pilates, yoga, kickboxing and more to create truly effective programs for people of every age and fitness level. Increase your muscle tone, flexibility, balance, strength and endurance using easy-to-follow movements. Each 60-minute class follows a perceived exertion curve.

**Website:** [www.jazzercise.com](http://www.jazzercise.com)

**Location:** Austin Recreation Center

**For registration and fees please call Kate Henrichson at 512-656-8752 or email [austinjazz@austin.rr.com](mailto:austinjazz@austin.rr.com).**

**Days/Time:**

Tuesday - Thursday	7:45am - 8:45am
Monday, Wednesday, Friday	12:15pm - 1:15pm
Monday - Thursday	5:30pm - 6:30pm
Saturday	9:00am - 10:00am
Saturday	12:30pm - 1:30pm

**Location:** McBeth Recreation Center

**For registration and fees please call 512-799-7879.**

**Days/Time:**

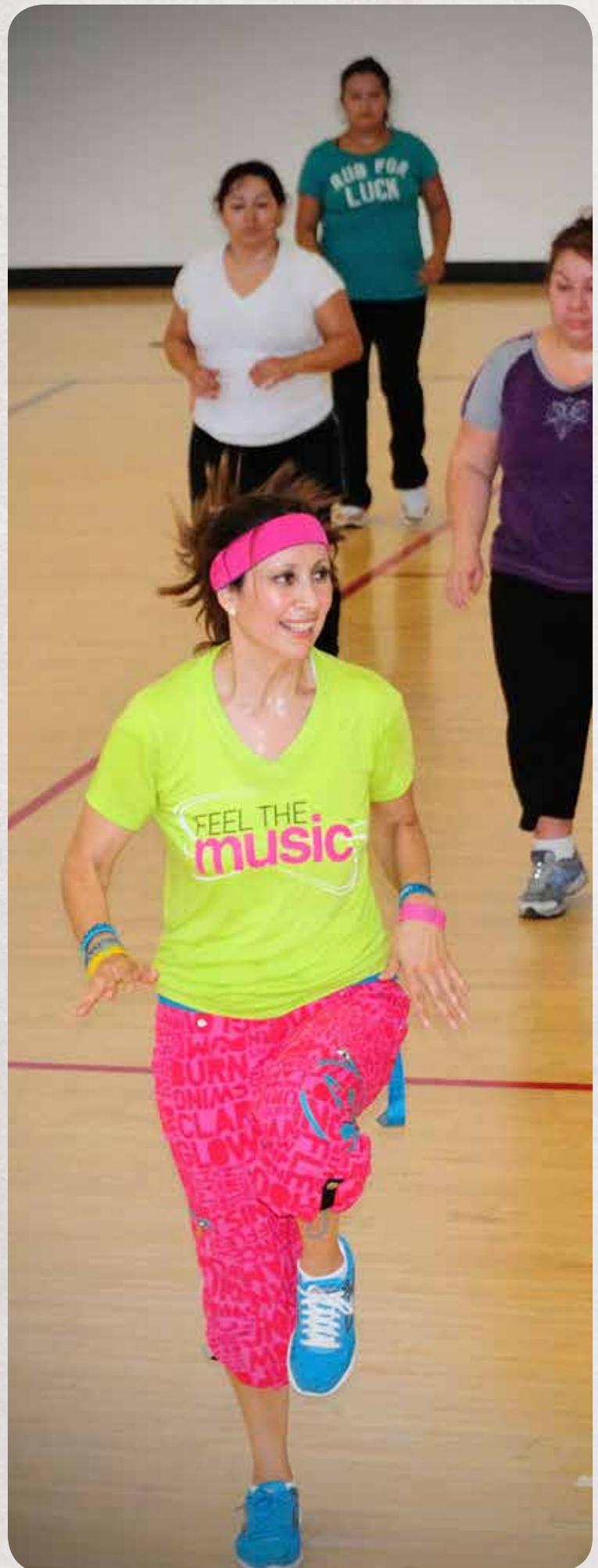
Monday & Wednesday	9:30am - 10:30am
Monday & Wednesday	5:30pm - 6:30pm
Tuesday & Thursday	8:30am - 9:30am
Tuesday & Thursday	6:00pm - 7:00pm
Friday	9:30am - 10:30am
Some Saturday	9:00am - 10:00am

**Location:** Northwest Recreation Center

**For registration and fees please call 512-794-9575 or email [austinjazzinfo@gmail.com](mailto:austinjazzinfo@gmail.com).**

**Days/Time:**

Monday - Friday	9:00am - 10:00am
Monday - Thursday	5:30pm - 6:30pm
Monday - Thursday	6:40pm - 7:40pm
Monday, Wednesday, Friday	4:25pm - 5:25pm
Saturday	8:30am - 9:30am
Saturday	9:35am - 10:35am



# ADULT ENRICHMENT

## Life Drawing Studio

Bring you own supplies and come be creative in this instruction free class. For more information contact Jim at 512-452-5810.

**Location:** Hancock

**Ages:** 18+ years old

**Dates:** Ongoing

**Days:** Saturday

**Time:** 9:00am - 12:00pm

**Fee:** \$2 & fee for the model

## Austin Ballroom Dancers

Beginners and experienced dancers are welcome. Call the Austin Ballroom Dancers Hotline at 512-989 - 3939 or visit the website for current class selections. Each session is five weeks long with several dance styles and levels offered each session.

**Instructors:** Don McCollum & Richard Fowler

**Location:** Hancock

**Ages:** 18+ years old

**Dates:** Ongoing

**Days:** Tuesday, Thursday & Friday

**Time:** 7:30pm - 8:30pm &

8:45pm - 9:45pm

**Fee:**

\$45	Unlimited classes for non-members
\$35	1-class for non-members
\$30	Unlimited classes for ABD members
\$20	1-class for ABD members

## Austin English Country Dance

**Location:** Hancock

**Ages:** 18+ years old

**Dates:** Ongoing

**Days:** Friday (2nd & 4th of month)

**Time:** 7:30pm - 10:00pm

**Fee:** FREE

## Austin Scandinavian Dance

Do you enjoy couple dancing? Looking for something different? Interested in new kinds of music? Please join us for dances from Norway and Sweden featuring fun turns, unusual figures, and fabulous music. No partners needed and wear slick soled shoes. For more information contact Stephanie Anderson at 512-454-0598.

**Website:** www.austinscandi.org

**Location:** Hancock

**Ages:** 18+ years old

**Dates:** Ongoing

**Days:** Wednesday

**Time:** 7:30pm - 10:00pm

**Fee:** FREE

## Capitol Solos Round Dancers

An Adult Square Dancing Club. For more information contact Jerry Pate at 512-250-5185.

**Location:** Hancock

**Ages:** 18+ years old

**Dates:** Ongoing

**Days:** Monday

**Time:** 7:30pm - 10:00pm

**Fee:** FREE

## Csardas Hungarian Dance

**Location:** Hancock

**Ages:** 18+ years old

**Dates:** Ongoing

**Days:** Monday

**Time:** 7:30pm - 10:00pm

**Fee:** FREE

## Fine Line Dancing

Join us for a lively morning of line dancing and fitness. Old favorites and new classics are instructed by Nancy Grobleski.

**Location:** Hancock

**Ages:** 18+ years old

**Dates:** Ongoing

**Days:** Monday, Wednesday & Friday

**Time:** 10:00am - 11:30am

**Fee:** FREE

## Hawaiian Dance

Learn the graceful art of ancient and modern hula dances of Hawaii, Aparima Hulas, and Octa of Tahiti. Advanced participants must have all dance implements: puili, uli uli, and ipu. Class is instructed by Carole (Keahi) Stockton.

**Location:** Hancock

**Ages:** 18+ years old

**Dates:** Ongoing

**Days:** Tuesday

**Time:**

Beginners	4:30pm - 5:30pm
Advanced	5:30pm - 7:00pm

**Fee:** \$30/4-classes

## Village International Folk Dance

**Location:** Hancock

**Ages:** 18+ years old

**Dates:** Ongoing

**Days:** Friday (1st, 3rd & 5th)

**Time:** 7:00pm - 10:00pm

**Fee:** FREE

## Austin Philosophy Discussion Group (APDG)

APDG offers many opportunities for discussion of philosophy and philosophical issues. No advance preparation or knowledge is required, just an open mind.

More information can be found at [www.philosophy.meetup.com/31/](http://www.philosophy.meetup.com/31/).

**Location:** Austin

**Ages:** 18+ years old

**Dates:** Ongoing

**Days:** Saturday

**Time:** 11:00am - 1:30pm

**Fee:** FREE

## Central Texas Wood Carvers Association

Whether you are a beginner or expert, come join the Central Texas Wood Carvers Association. The group meets for informal carving sessions that provide carving projects in a relaxed and social setting. Just show up with your tools and project.

**Location:** Hancock

**Ages:** 18+ years old

**Dates:** Ongoing

**Days:** Wednesday

**Time:** 9:00am - 12:00pm

**Fee:** FREE

## Weavers & Spinners Society of Austin

Come enjoy our programs that are presented by members and guest speakers. We socialize, show and tell, and gather with members to weave, spin, knit, or work on other fiber-related projects.

**Location:** Austin

**Ages:** 18+ years old

**Dates:** Ongoing

**Days:** Thursday (2nd & 4th)

**Time:** 6:30pm - 9:00pm

**Fee:** FREE

## Austin Writers League—Poetry

For more information contact Jill Wiggins at 512-441-4720.

**Location:** Hancock

**Ages:** 18+ years old

**Dates:** Ongoing

**Days:** Monday (2nd & 4th)

**Time:** 7:00pm - 10:00pm

**Fee:** FREE

## Austin Writers League—Sci Fi

For more information contact Jill Wiggins at 512-441-4720.

**Location:** Hancock

**Ages:** 18+ years old

**Dates:** Ongoing

**Days:** Monday (2nd & 4th)

**Time:** 7:00pm - 10:00pm

**Fee:** FREE

## Writers Group

Free study group that nurtures local writers. The group critiques 25 pages of a member's manuscript at each meeting. To learn more email [deanna@austin.rr.com](mailto:deanna@austin.rr.com).

**Location:** Austin

**Ages:** 18+ years old

**Dates:** Ongoing

**Days:** Sunday (2nd & 4th)

**Time:** 1:00pm - 3:30pm

**Fee:** FREE

## Scrabble Club

Join Austin Scrabble Club for three rounds of Scrabble games. NASPA tournament rules apply.

**Website:** [www.austinscrabble.org](http://www.austinscrabble.org)

**Location:** Austin

**Ages:** 18+ years old

**Dates:** Ongoing

**Days:** Monday

**Time:** 6:30pm

**Fee:** \$1/night

## Aikido

Aptly called the Art of Peace by its founder Morihei Ueshiba, Aikido is a Martial Art for the present and the future as it incorporates practices and philosophies designed to assist us in our daily lives. It is sometimes difficult, without direct experience to envision how a Martial Art can be more than a somewhat outmoded form of self defense, but the practitioner of Aikido soon learns that the practice performed on the mat easily translates into daily life.

**Website:**

[www.holistichealingandyoga.com](http://www.holistichealingandyoga.com)

**Location:** Northwest

**Dates:** Ongoing

**Days:** Tuesday & Thursday

**Time:** 7:45pm - 8:45pm

## NIA

Nia is an expressive movement practice that not only offers the cardiovascular benefits of traditional fitness classes, but also encourages emotional expression and engagement to nourish the mind, body, and soul. Nia combines movement forms, dance, martial arts and healing arts to enhance coordination, improve flexibility and increase muscular endurance for all fitness levels.

**Location:** Hancock

**Ages:** 18+ years old

**Dates:** Ongoing

**Days/Time:**

Monday	9:30am - 10:30am
	6:00pm - 7:00pm
Saturday	10:30am - 11:30am

**Fee:**

\$10	1-class
\$35	4-classes
\$85	12-classes

## American Karate

American Karate will give students a knowledge of martial arts while creating positive attitudes and confidence. Students also benefit by improving mental focus and self control while learning abduction awareness techniques.

**Location:** Austin

**Ages:** 18+ years old

**Dates:** Ongoing

**Days:** Friday

**Time:** 6:30pm - 9:00pm

**Fee:** \$50

## Austin Society of Karate

Karate will give students a working knowledge of martial arts while building self-confidence, physical condition, and self-discipline. A black GI uniform is required (may be purchased from the instructor or elsewhere). Optional costs include tournaments, equipment, and belt tests.

**For registration and fees please call 512-415-6118.**

**Location:** Dittmar

**Ages:** 18+ years old

**Dates:** Ongoing

**Days:** Thursday

**Time:** 7:30pm - 9:00pm

**Location:** Northwest

**Ages:** 18+ years old

**Dates:** Ongoing

**Days:** Thursday

**Time:** 7:30pm - 8:30pm

## Shotokan Karate

This traditional Japanese martial art helps you develop your aerobic conditioning, improve flexibility, increase concentration, strengthen determination, mental calm and confidence.

**Location:** Austin

**Ages:** 18+ years old

**Dates:** Ongoing

**Days/Time:**

Monday & Wednesday	7:30pm - 8:30pm
	6:00pm - 7:00pm
Sunday	12:30pm - 1:30pm

## Texas T.O.P.S.

Take Off Pounds Sensibly is a weight loss support group. For more information about this group, please contact Elfreide Bergstrom at 512-453-1649.

**Location:** Hancock

**Ages:** 18+ years old

**Dates:** Ongoing

**Days:** Tuesday

**Time:** 5:30pm - 7:00pm

**Fee:** FREE

## Chen-style Tai Chi (Taijquan)

Chen-style Tai Chi (Taijquan) is a free, comprehensive exercise system for developing strength, coordination and flexibility, as well as for reducing stress. The class is open to all ages and skill levels.

**For more information email [arcclass@austinchentaichi.com](mailto:arcclass@austinchentaichi.com) or call 512-462-4689.**

**Location:** Austin

**Ages:** 18+ years old

**Dates:** Ongoing

**Days:** Tuesday

**Time:** 7:30pm - 9:30pm

## Tai Chi

This ancient Chinese martial art is designed to enhance the body, mind and spirit. This exercise promotes health, fitness and longevity. By practicing the sequence of movements, students can develop strength and coordination while reducing stress and increasing mental focus. Tai Chi is beneficial as a supplement to other athletic activities and therapeutic from recovering from physical injuries. This is an excellent exercise for all ages and fitness levels.

**To register call 512-916-8919.**

**Website:** [www.austintaichi.com](http://www.austintaichi.com)

**Location:** Austin

**Ages:** 18+ years old

**Dates:** Ongoing

**Days:** Tuesday

**Time:** 4:00pm - 5:30pm

5:30pm - 6:30pm

6:00pm - 8:30pm

**Fee:** \$10/class

**Location:** Northwest

**Ages:** 18+ years old

**Dates:** Ongoing

**Days:** Tuesday

**Time:** 4:00pm - 5:30pm

5:30pm - 6:30pm

6:00pm - 6:45pm

7:00pm - 8:30pm

**Fee:** \$10/class

## Aroma Yoga

Yoga stretches and tones the muscles, builds strength and stamina, also works on balance and flexibility. The classes include use of essential oils, meditation, breathing exercises, warm ups, core work, and the Yoga poses. Each posture is taught in level one, two or three so that each student can find their own level to feel challenged.

**For registration please call Mamta at 512-589-4910 or email mvyamm@gmail.com. First Class is FREE!**

**Location:** South Austin

**Ages:** 18+ years old

**Dates:** Ongoing

**Days:** Saturday

**Time:** 9:30am - 10:45am

**Fee:** \$10/walk-in; \$80/10-classes

## Chair Yoga

It is wonderful for people with physical limitations to experience relaxation and increased flexibility from Chair Yoga. Many health benefits are seen with regular yoga practice even if you cannot get onto the floor. Suitable for those who have difficulty getting up and down off the floor. For more information contact Everitt Allen at 512-426-9568.

**Location:** Dittmar

**Ages:** 18+ years old

**Dates:** Ongoing

**Days:** Wednesday

**Time:** 1:00pm - 2:00pm

**Fee:** FREE

## Easy Does It Yoga

Yoga provides a good workout, stretches each muscle, and opens each joint in the body. Heart centered breathing and visualization clears stress and brings health to the physical, emotional, mental, and spiritual bodies.

**Website:** www.austintaichi.com

**Location:** Northwest

**Ages:** 18+ years old

**Dates:** Ongoing

**Days:** Thursday

**Time:** 11:15am - 12:15pm

**Fee:** \$10/class

## Sahaja Meditation

Discover peace and joy through self-realization (Kundalini Awakening).

**Location:** Austin

**Ages:** 18+ years old

**Dates:** Ongoing

**Days:** Saturday

**Time:** 10:00am - 12:00pm & 12:00pm - 1:00pm en Español

**Fee:** FREE

## Yoga

Bekir Algan's classes focus on yoga therapy using Asana as active meditation (presence), Pranayama (breath), core knowledge inspired by Yoga Sultras, and Vedanta (essence) drawing from the full spectrum of life. He will inspire your daily life and practice. First class FREE for guests!

**Location:** Austin

**Ages:** 18+ years old

**Dates:** Ongoing

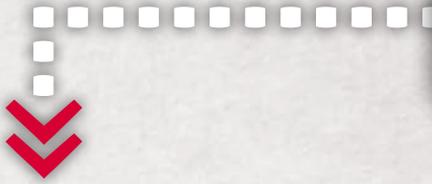
**Days/Time:**

Sunday	1:00pm - 3:30pm
Tuesday & Thursday	12:30pm - 1:30pm 6:00pm - 7:00pm
Tuesday, Thursday & Sunday	5:30pm - 7:00pm

**Fee:**

\$110	Unlimited access/month
\$100	8-classes within 3 months
\$100	Semester for ACC staff & students
\$85	2-classes a week/month
\$16	2-hour class (walk-in)
\$14	1½-hour class (walk-in)
\$10	Walk-in for ACC staff & students





# 50+/SENIOR ENRICHMENT

The Community Recreation Centers are proud to offer a variety of programs and services for adults and seniors 50+ years old.

Maintain an active, healthy and independent lifestyle through recreational and educational programs with 50+/Senior Enrichment. Learn and pursue new interests through countless activities including traveling, fitness, visual and performing arts, outdoor adventures, special events, educational seminars and more!

A nutritious lunch is provided by Meals on Wheels and More Congregate Meal Program.

**Locations:** Alamo, Dove Springs, Gus Garcia, Metz and Virginia Brown Recreation Centers; please contact for registration and fee information

**Ages:** 50+ years old

**Dates:** Ongoing

**Days:** Monday - Friday

**Time:** 9:00am - 11:30am

## Senior Transportation

Senior Transportation offers a means for adults 60+ years old living in the Austin City Limits.

**For additional information about Senior Transportation, please call 512-974-1464.**



## Inspiring an Active & Creative You!

Come discover all we have to offer for an active and creative way of life. For more information about Activity Centers or the Old Bakery and Emporium, please contact a site below.

**Website:** [www.austintexas.gov/seniors](http://www.austintexas.gov/seniors)

**Ages:** 50+ years old

**Locations and contact information:**

Conley—Guerrero Senior Activity Center	808 Nile St. Austin, TX 78702	512-978-2660
Senior Activity Center — Lamar	2874 Shoal Crest Ave. Austin, TX 78705	512-474-5921
South Austin Senior Activity Center	3911 Manchaca Rd. Austin, TX 78704	512-448-0787
Old Bakery and Emporium	1006 Congress Ave. Austin, TX 78701	512-477-5961

## Seniors on the Move

Seniors will have the opportunity to attend cultural, educational, and social events and/or activities.

**Please visit Alamo Recreation Center for a monthly listing of trips, dates, and prices.**

## Alamo Senior Travelers

Seniors will be transported in a City of Austin vehicle to participate in off-site senior events, shopping trips and other enrichment opportunities. While some trips are free, others will have a small entry fee associated with the trip.

**For more information contact Alamo Recreation Center.**

**Ages:** 50+ years old

**Dates:** Ongoing (twice per month)

**Days:** Monday & Friday

**Time:** Varies depending upon trip

**Fee:** Varies depending upon trip; participant must pay prior to travel

## Shopping & Trips

Seniors registered in our program can enjoy shopping at different shopping trips followed by enjoying a delicious lunch while talking with friends and staff.

**Space is limited so be sure to register the Monday of a field trip week at noon!**

**Location:** Metz

**Dates:** Ongoing

**Days:** Wednesday

**Fee:** FREE transportation; participants must purchase own goods and lunch



## Alamo Senior Domino Club

Seniors will participate in Domino Club on a daily basis and will come together for fellowship as they count their dominos and call their points. With membership we will have 4 tournaments for bragging rights of Alamo. Tournament fee is free for members and \$5 for non-members.

**Ages:** 50+ years old

**Dates:** Ongoing

**Days:** Monday - Friday

**Time:** 2:00pm - 6:00pm

**Fee:** \$5/quarter

## Art Class

Come and immerse yourself in a fun learning experience by taking this class. Put down lines and color in this fun activity. No prior experience in the world of art is needed.

**Location:** Gus Garcia

**Ages:** 50+ years old

**Dates:** Ongoing until May 31st

**Days:** Monday & Wednesday

**Time:** 12:00pm - 2:00pm

**Fee:** FREE

## Chair Exercise

Have fun and socialize as this morning activity keeps the body healthy, moving, and in shape. No previous experience needed. 1-5lb dumbbells are provided on site for any workout needs.

**Location:** Gus Garcia

**Ages:** 50+ years old

**Dates:** Ongoing

**Days:** Monday, Tuesday, Thursday & Friday

**Time:** 9:30am - 10:30am

**Fee:** FREE

## EZ Dance

Come join us in the fun of learning great new dance moves. From the electric slide, to latest dance craze. Dance your way into a new year for a healthier life both mentally and physically.

**Location:** Dottie Jordan

**Ages:** 50+ years old

**Dates:** Ongoing

**Days:** Monday

**Time:** 6:00pm - 7:45pm

**Fee:** FREE

## Lady Groovers

Lady's come join us. In dancing and mild exercise, as we dance our way through health from swing to the wobble. No dancing experience needed just a great attitude and wiliness to learn new experiences, and form new friendships.

**Location:** Dottie Jordan

**Ages:** 50+ years old

**Dates:** Ongoing

**Days:** Tuesday

**Time:** 6:00pm - 8:00pm

**Fee:** FREE

## Line Dancing

Join us and get the blood moving in the morning with this exciting form of dance. Feel the rhythm in this fun, community-oriented activity.

**Location:** Gus Garcia

**Ages:** 50+ years old

**Dates:** Ongoing

**Days:** Wednesday

**Time:** 9:30am - 11:30am

**Fee:** FREE

## Senior Volleyball

Come and join the fun in this community organized game where everyone has fun. Come as a team or by yourself and have fun fine tuning your volleyball skills.

**Location:** South Austin

**Ages:** 50+ years old

**Dates:** Ongoing

**Days:** Monday & Wednesday

**Time:** 1:00pm - 3:00pm

**Fee:** FREE

## Tai Chi

Learn the art of Tai Chi and use it to greet the sun as a part of a good morning. Take in the sharp, yet flowing movements and make them a part of a great lifestyle. No experience is required to enjoy this healthy martial art.

**Location:** South Austin

**Ages:** 50+ years old

**Dates:** Ongoing

**Days:** Monday & Wednesday

**Time:** 1:00pm - 3:00pm

**Fee:** FREE

# SPECIAL EVENTS

## Dittmar Search for the Lost Eggs

Join us for an egg rush! Kids will be grouped off by age range and given a count down to collect as many eggs as possible. Eggs with a marked prize paper will win prizes!

**Date:** April 12th

**Time:** 12:00pm sharp!

**Fee:** \$1/child

## Dottie Jordan Easter Egg Hunt

Come and enjoy a fun filled morning playing Easter games with the Easter bunny and ending the morning with an egg hunt for ages 1-12 years old. 1st-3rd place will be giving for each of the 4 age divisions.

**Date:** April 5th

**Time:** 10:00am - 12:00pm

**Fee:** FREE

## Givens Easter Eggstravaganza

Grab your basket and hop on by Givens Recreation Center. You're sure to have an EGGciting time. Don't forget your camera, the Easter Bunny will be available for photos after the EGGstravagant Easter EGG Hunt!

**Ages:** 4 - 10 years old

**Date:** April 19th

**Time:** 10:00am sharp!

**Fee:** FREE

## Gus Garcia Easter Egg Hunt

Join the community in our annual Easter egg hunt, where walking-toddlers to 11 year olds are free to compete in age groups to find hidden delights. Come indoors afterwards for snacks and refreshments. A basket is recommended.

**Date:** April 12th

**Time:** 12:00pm sharp!

**Fee:** FREE

## Hancock Easter Bunny Jam

Bring your friends and family to Hancock Recreation Center and join in on the fun at this year's Family Egg Hunt.

**Date:** April 5th

**Time:** 10:00am - 12:00pm

**Fee:** FREE

## Metz Community Easter Egg Hunt

Come and enjoy a fun filled morning playing Easter games with the Easter bunny and ending the morning with a egg hunt for ages 1-12 years old. 1st-3rd place will be giving for each of the 4 age divisions.

**Date:** April 12th

**Time:** 10:00am - 12:00pm

**Fee:** FREE

## Montopolis Easter Celebration

This special event will feature an egg hunt, arts and crafts, and games. Children will also have the opportunity to find the golden egg that holds a special prize. Funding is provided by a donation from the Travis County Sherriffs Posse organization.

**Ages:** 0 - 12 years old

**Date:** April 5th

**Time:** 10:30am - 12:00pm

**Fee:** FREE

## Pan Am Easter Egg Hunt

Come help us find all of the missing eggs for your chance to win prizes and candy. The Easter Bunny will also be joining us so be sure and bring your camera! This fun, free, family event is intended for children 10 years of age and younger.

**Date:** April 19th

**Time:** 11:00am sharp!

**Fee:** FREE

## South Austin Eggxtreme Family Event

Bring the entire family to enjoy an extremely fun day of egg decorating, face painting, carnival games, and an egg hunt. There will also be local vendors sharing valuable community information, as well as a talent showcase from the recreation center's programs.

**Date:** April 12th

**Time:** 11:00am - 1:00pm

**Fee:** FREE



## Austin Acoustical Cafe

Austin Acoustical Cafe is a live music series featuring notable singer songwriters from Austin and other parts of the world. Presented by the Austin Parks and Recreation Department and The Live Music Capital Foundation, the series operates as a true listening room where the patron connects with the music in a concert fashion rather than having to listen to the distracting noise you find in a bar or restaurant. The concerts are very intimate with small crowds and are enjoyed with homemade desserts, coffee or other non-alcoholic beverages.

**Tickets are \$12 in advance and can be purchased at [www.austinacousticalcafe.com](http://www.austinacousticalcafe.com).**

### Concert Dates/Artists:

April 5th	Buddy Mondlock
May 3rd	TBA
May 17th	TBA

## Dittmar Open House

Come on in! Doors will be open to demonstrate the various programs offered at Dittmar throughout the year. Learn something new while playing games and eating snacks with staff. Dittmar staff and contract employees will be available to answer any questions you might have about our various programs.

**All ages welcome!**

**Date:** April 30th

**Time:** 6:00pm - 8:00pm

**Fee:** FREE

## Metz Pre-Cinco de Mayo Celebration

Everyone is invited to come and listen to some traditional music while children play games. End the evening with a free snack and drink that are provided.

**Date:** May 2nd

**Time:** 5:30pm - 7:30pm

**Fee:** FREE

## Dittmar's Movie in the Park

Dittmar will be showing a family friendly movie in the park as a kick off to summer. Come spend the beginning of your Memorial Day weekend with us at this great family and community event! The movie is free and food vendors will be parked on the field to tickle your tastebuds.

**Date:** May 23rd

**Time:** 8:00pm - 10:00pm

**Fee:** FREE



## Metz Pre-4th of July Celebration

Come and enjoy FREE games, music and food with the whole family.

**Date:** June 27th

**Time:** 5:30pm - 7:30pm

**Fee:** FREE





Follow us:  
[www.facebook.com/austinparksfamilies](http://www.facebook.com/austinparksfamilies)

# REGISTRATION

## General Information

All classes must have a minimum number of participants in order to be conducted. The Parks and Recreation Department reserves the right to cancel, combine, change time, change dates, or make any revisions which may be necessary. You will be notified by telephone of your registration status if the class has been cancelled or revised. One way to deliver quality service is by limiting the class size to provide a good participant/teacher ratio. If a class has reached the maximum limit, names are placed on a waiting list and students are called as openings become available.

## Registration Procedures

Walk-in registrations are accepted on a first come, first served basis. Full payment is required for official registration (unless otherwise indicated). The front desk accepts registration:

Monday - Thursday	1:00pm - 10:00pm
Friday	1:00pm - 5:50pm
Saturday	1:00pm - 5:00pm

## Registration Fees

All class fees are due at registration time. Fees may be paid with cash, money orders, credit cards or checks. A valid driver's license is required when paying by check or credit card. Please make checks payable to the City of Austin. Currently, we accept: American Express, Discover, MasterCard and Visa credit cards.

## Refund/Transfer Policy (unless otherwise indicated)

A full refund will be issued for all programs if cancelled by the Parks and Recreation Department, or due to a personal injury or illness (medical verification will be requested). In the event that you need to withdraw from a class the pro-rated activity fee minus a \$10.00 processing fee will be refunded.

If the receipt amount is less than \$10.00 no refund will be issued. You may receive a credit to your account for programs occurring within 90 days of withdrawal. Once a refund has been requested it will take four to six weeks for processing and a City of Austin check will be mailed to your address. Program attendance is the responsibility of the participants. Credit is not given for classes missed during a session.

**PLEASE NOTE:** If your initial payment was by check, a front and back copy of that canceled check or bank statement must be presented before a refund can be processed.

## City of Austin Ordinance #20130822-121

Standards of Care for Children's Programs Children's programs/activities supervised by the Parks and Recreation Department and requiring enrollment/registration in order to participate are not licensed by the state, but follow local standards of care as adopted. A copy of the ordinance is available and posted at each site.

## Inclusion Support Services

The City of Austin is proud to comply with the Americans with Disabilities Act. Individuals with disabilities are encouraged to participate in the Austin Parks and Recreation programs. You may request special accommodations to facilitate participation and inclusion in these programs. Reasonable modifications and equal access will be provided upon request. Please call 512-974-3914.

## Photo Policy

The Parks and Recreation Department regularly takes photos of participants in our classes, special events and other activities. The photos are for department use and may be used in presentations, brochures, flyers, public service announcements and other media uses. If you do not wish to have pictures taken, please tell the photographer.

## Lost and Found

The City of Austin Parks and Recreation Department is not responsible or liable for the loss, theft or damage of any personal belongings. Items found at the center will be placed in lost and found for up to one week.

**A. Youth Waiver (please fully complete waiver with a pen):**

**Participant Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **Gender:**  Male  Female  
**Birthdate:** \_\_\_\_\_

**B. Completion required by all participants. Primary and Secondary must reside at same Household address. If not, complete box D**

**Household Mailing Address:** \_\_\_\_\_ **Zip:** \_\_\_\_\_  
**Household Home Phone:** \_\_\_\_\_  
**Household Primary Name:** \_\_\_\_\_ **Gender:**  Male  Female **Email:** \_\_\_\_\_  
**Birthdate:** \_\_\_\_\_ **Provider:** \_\_\_\_\_ **Primary Work Phone:** \_\_\_\_\_  
**Household Secondary Name:** \_\_\_\_\_ **Gender:**  Male  Female **Email:** \_\_\_\_\_  
**Birthdate:** \_\_\_\_\_ **Gender:**  Male  Female **Email:** \_\_\_\_\_  
**Secondary Cell Phone:** \_\_\_\_\_ **Provider:** \_\_\_\_\_ **Secondary Work Phone:** \_\_\_\_\_

**C. Completion required by all participants. List any Emergency Contacts other than Household members listed above.**

Emergency Contact Name:	Relation:	Home Phone:	Work Phone:	Cell Phone:	Allowed to Pick Up?
					<input type="checkbox"/> Yes <input type="checkbox"/> No
					<input type="checkbox"/> Yes <input type="checkbox"/> No
					<input type="checkbox"/> Yes <input type="checkbox"/> No
					<input type="checkbox"/> Yes <input type="checkbox"/> No
					<input type="checkbox"/> Yes <input type="checkbox"/> No

**D. Only complete this box if a Youth Participant resides within two separate Households.**

**Household Mailing Address:** \_\_\_\_\_ **Zip:** \_\_\_\_\_  
**Household Home Phone:** \_\_\_\_\_  
**Household Primary Name:** \_\_\_\_\_ **Gender:**  Male  Female **Email:** \_\_\_\_\_  
**Birthdate:** \_\_\_\_\_ **Provider:** \_\_\_\_\_ **Primary Work Phone:** \_\_\_\_\_  
**Household Secondary Name:** \_\_\_\_\_ **Gender:**  Male  Female **Email:** \_\_\_\_\_  
**Birthdate:** \_\_\_\_\_ **Gender:**  Male  Female **Email:** \_\_\_\_\_  
**Secondary Cell Phone:** \_\_\_\_\_ **Provider:** \_\_\_\_\_ **Secondary Work Phone:** \_\_\_\_\_



**Program Registration and Waiver Form**  
 Austin Parks and Recreation Department  
 200 S. Lamar  
 Austin, Texas 78704  
 Phone: 512-974-6700 Fax: 512-974-6711

**E. Completion required by all participants.**

**Medical Care Information**

- Any known allergies to food/drugs, insect stings, poison ivy/other plants, etc.? {Yes \_\_\_\_\_} {No \_\_\_\_\_} Please Specify: \_\_\_\_\_
- Any known existing illnesses? {Yes \_\_\_\_\_} {No \_\_\_\_\_} Please Specify: \_\_\_\_\_
- Please list any physical condition that could restrict activities or have a need requiring special care in order to participate in program/activity.

**4. For Youth & Children Only:** Does Participant require prescription medication during program hours? Program must exceed 1 hour: {Yes \_\_\_\_\_} {No \_\_\_\_\_} if yes, please complete a Medication Authorization form.

**Personal Information Privacy Policy**

We collect personally identifiable information, like names, postal addresses, email addresses, etc., when voluntarily submitted by our visitors. The information you provide is used to fulfill your specific request. This information is only used to fulfill your specific request, unless you give us permission to use it in another manner, for example to add you to one of our mailing lists. {email opt out? \_\_\_\_\_}

**Image Release Waiver**

I hereby consent to allow usage of photographs and video taken during this program and at our sites for publicity purposes in printed materials, and on our website. Photographs remain the property of the City of Austin Parks and Recreation Department. If you do not want to allow photos or videos, then please initial. {opt out? \_\_\_\_\_}

**Accessibility Accommodation Request**

The City of Austin is proud to comply with the Americans with Disabilities Act so that ALL individuals can enjoy and benefit from our recreation and leisure services. If you require assistance or a modification for participation in our programs or use of our facilities, please call 512-974-3914 to consult with an Inclusion Coordinator at least two weeks prior to an event, activity or registration deadline. Do you require accommodations? {Yes \_\_\_\_\_} {No \_\_\_\_\_} {Optional}

**Standards of Care Notification**

Children's programs/activities supervised by Parks and Recreation Department and requiring enrollment/registration in order to participate are not licensed by the state, but follow standards of care adopted in the City of Austin Ordinance No. 20120426-123. A copy is available and posted at each site.

**Release of Liability**

In consideration of participant being allowed to participate in the registered class(es) or program(s), the undersigned hereby releases the City, its employees and agents, from any action, claim or demand for personal injury or property loss arising from or due to any negligent act or omission of the City, its agents or employees. This release shall have no effect with regard to damages caused by the City's gross negligence. In the event the City or a volunteer provides transportation for the registered participant, this waiver and release shall extend to and release the City employee driver from any and all liability. Permission is given for any emergency medical treatment, operation or anesthesia which might become necessary. I agree to be responsible for the expense of medical treatment or service.

Please Print Name: \_\_\_\_\_  
 Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**A. Adult Registration Information (please print and fully complete in blue or black ink)**

**Program Registration and Waiver Form**  
 Austin Parks and Recreation Department



200 S. Lamar  
 Austin, Texas 78704  
 Phone: 512-974-6700

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Provider: \_\_\_\_\_

Birthdate: \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender:  Male  Female Email Address: \_\_\_\_\_

**B. Please list at least two Emergency Contacts that reside in a household other than your own.**

Emergency Contact Name:	Relation:	Home Phone:	Work Phone:	Cell Phone:

**C. Medical and Release**

**Medical Care Information**

1. Any known allergies to food/drugs, insect stings, poison ivy/other plants, etc.? **{Yes \_\_\_\_\_} {No \_\_\_\_\_}** Please specify: \_\_\_\_\_
2. Any known existing illnesses? **{Yes \_\_\_\_\_} {No \_\_\_\_\_}** Please specify: \_\_\_\_\_
3. Please list any physical condition that could restrict activities or have a need requiring special care in order to participate in program/activity: \_\_\_\_\_

**Personal Information Privacy Policy**

We collect personally identifiable information, like names, postal addresses, email addresses, etc., when voluntarily submitted by our visitors. The information you provide is used to fulfill your specific request. This information is only used to fulfill your specific request, unless you give us permission to use it in another manner, for example to add you to one of our mailing lists. **{email opt out? \_\_\_\_\_}**

**Image Release Waiver**

I hereby consent to allow usage of photographs and video taken during this program and at our sites for publicity purposes in printed materials, and on our website. Photographs remain the property of the City of Austin Parks and Recreation Department. If you do not want to allow photos or videos, then please initial **{opt out? \_\_\_\_\_}**

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**Release of Liability**

In consideration of participant being allowed to participate in the registered class(es) or program(s), the undersigned hereby releases the City, its employees and agents, from any action, claim or demand for personal injury or property loss arising from or due to any negligent act or omission of the City, its agents or employees. This release shall have no effect with regard to damages caused by the City's gross negligence. In the event the City or a volunteer provides transportation for the registered participant, this waiver and release shall extend to and release the City employee/driver from any and all liability. Permission is given for any emergency medical treatment, operation or anesthesia which might become necessary. I agree to be responsible for the expense of medical treatment or service.

Please Print Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Mayor and City Council Members

Lee Leffingwell, Mayor  
Sheryl Cole, Mayor Pro Tem  
Chris Riley, Place 1  
Mike Martinez, Place 2  
Kathie Tovo, Place 3  
Laura Morrison, Place 4  
Bill Spelman, Place 5

## City Managers Office

Marc Ott, City Manager  
Michael McDonald, Deputy City Manager  
Rey Arellano, Assistant City Manager  
Sue Edwards, Assistant City Manager  
Robert Goode, Assistant City Manager  
Bert Lumbreras, Assistant City Manager  
Anthony Snipes, Assistant City Manager

## Parks and Recreation Department

Sara L. Hensley, CPRP, Director  
Kimberly A. McNealey, CPRP, Assistant Director  
Cora D. Wright, Assistant Director

## Parks and Recreation Board

Jane Rivera, Chair  
Jeff Francell, Vice Chair  
William Abell, Board Member  
Susana Almanza, Board Member  
Dale Glover, Board Member  
Lynn Osgood, Board Member  
Susan Roth, Board Member

## Austin Parks and Recreation Department Mission Statement

The purpose of the Austin Parks and Recreation Department is to provide, protect, and preserve a park system that promotes quality recreational, cultural and outdoor experiences for the Austin Community.

[www.austintexas.gov/parks](http://www.austintexas.gov/parks)



The City of Austin is proud to comply with the Americans with Disabilities Act. If you require assistance for participation in our programs or use of our facilities, please call 512-974-3914.