



ASIAN AMERICAN RESOURCE CENTER

JANUARY 2019 EVENTS CALENDAR

Community Room 1 ①

Community Room 8 ⑧

Classrooms ③④
⑤⑥

Ballroom ①

Conference Room ①

Library/Computer Lab ①

Great Lawn ①

All events listed are free and open to the public unless otherwise noted

2 WEDNESDAY

- 10:30 RICE: GENTLE YOGA ①
- 10:00 AWESOME ART! ④
- 6:30 AUSTIN PM TOASTMASTERS ⑧

3 THURSDAY

- 10:15 RICE: TAI CHI ①
- 10:00 AWESOME ART! ④

4 FRIDAY

- 10:00 AWESOME ART! ④

5 SATURDAY

- 10:00 AUSTIN JAPANESE MINYO DANCE ⑧
- 1:00 CHANG SEN XUE LONGEVITOLGY ①
- 6:00 NAMO NAMASTE NEPALI CULTURAL MUSIC FESTIVAL ①

7 MONDAY

- 10:30 RICE: QIGONG ①
- 12:30 RICE: SENIOR ART ACTIVITY ⑧

8 TUESDAY

- 9:00 GAACC: BBASICS GOOGLE WORKSHOP ①
- 10:30 RICE: SENIOR ART ACTIVITY ⑧

9 WEDNESDAY

- 10:00 HOMESCHOOL ACTION ①
- 10:30 RICE: GENTLE YOGA ①

10 THURSDAY

- 10:30 RICE: WELLNESS ①
- 6:30 CONSCIOUS TRANSFORMATION ①

12 SATURDAY

- 10:30 AUSTIN TRANSPORTATION DEPT IMAGINE AUSTIN SPEAKER SERIES ①
- 2:00 CHINESE OPERA CLUB OF AUSTIN ①

14 MONDAY

- 10:00 MASTER PLAN SMALL GROUPS: RICE SENIORS ①

15 TUESDAY

- 10:00 MASTER PLAN SMALL GROUPS: RICE SENIORS ①

16 WEDNESDAY

- 10:00 MASTER PLAN SMALL GROUPS: RICE SENIORS ①
- 6:30 AUSTIN PM TOASTMASTERS ⑧

17 THURSDAY

- 10:00 MASTER PLAN SMALL GROUPS: RICE SENIORS ①
- 6:30 MASTER PLAN SMALL GROUPS: ARTISTS AND CREATIVES ⑧

18 FRIDAY

- 9:30 POLLYANNA THEATER CREATIVE DRAMA CLASS ④
- 6:00 LET THE COLORS SPEAK: EXHIBIT RECEPTION ①

19 SATURDAY

- 9:00 NEIGHBORHOODS 1,000 TREE GIVEAWAY ①
- 10:00 AUSTIN JAPANESE MINYO GROUP ⑧
- 1:00 CHANG SEN XUE LONGEVITOLGY ①
- 2:00 MUSLIM SPACE 1 YEAR ANNIVERSARY ①
- 2:00 AUSTIN BRIGHT DANCE TROUPE ⑧

21 MONDAY

CITY HOLIDAY: MLK DAY
AARC CLOSED

22 TUESDAY

- 11:00 RICE: KUNG FU DANCE ①

23 WEDNESDAY

- 10:30 RICE: GENTLE YOGA ①
- 12:30 RICE: SENIOR ART ACTIVITY ⑧

24 THURSDAY

- 10:30 RICE: WELLNESS ①
- 6:30 AIKIDO ①
- 6:30 MASTER PLAN SMALL GROUPS: RENTALS AND RESERVATIONS ⑧

25 FRIDAY

- 9:30 POLLYANNA THEATER CREATIVE DRAMA CLASS ④
- 1:00 MASTER PLAN SMALL GROUPS: COLLABORATORS AND PARTNERS ⑧

26 SATURDAY

- 9:30 TRUC VIET ①
- 10:00 TAX PREP ③
- 12:00 COMMUNITY ADVOCACY & HEALING ⑧
- 2:00 CHINESE OPERA CLUB OF AUSTIN ①
- 6:00 2019 IACT REPUBLIC DAY GALA ①

28 MONDAY

- 10:30 RICE: QIGONG ①
- 10:30 HOLISTIC YOGA ①
- 11:00 TAX PREP ③

29 TUESDAY

- 11:00 RICE: KUNG FU DANCE ①
- 11:00 TAX PREP ③

30 WEDNESDAY

- 10:30 RICE: GENTLE YOGA ①
- 1:00 TAX PREP ③

31 THURSDAY

- 10:30 RICE: WELLNESS ①
- 11:00 TAX PREP ③
- 12:30 RICE: SENIOR ART ACTIVITY ⑧
- 6:00 MASTER PLAN COMMUNITY MEETING #2 ①
- 6:30 AIKIDO ①



The City of Austin is proud to comply with the American Disabilities Act. If you require special assistance for participation in our programs or use of our facilities, please call 512-974-3914

8401 Cameron Road
Austin, Texas 78754
512-974-1700



JANUARY 2019 EVENT DETAILS

January 1-3, 10-1 PM | Awesome Art with Allison Lash. Children will explore artmaking with Arts Educator Allison Lash. Prepare to get messy while experimenting with a variety of art materials and activities. Each day Allison introduces different materials and artmaking techniques. Learn more and register at AwesomeArtAustin.com. Classroom 4

Saturday, January 26 through April 25, different times | Free Tax Prep & Filing. Foundation Communities' free tax prep and filing clinic returns to the AARC and five other sites throughout Austin and Round Rock for tax season. The clinic is open to anyone who earns under \$55,000. Walk-ins are welcome, but appointments for can be made online or by calling 211. For more information, including a checklist of what to bring, please visit foundcom.org. Hours at the AARC are as follows: Mondays, Tuesdays and Fridays, 11 AM-4 PM; Wednesday, 1-8 PM; Thursdays, 11 AM-8 PM; and Saturdays, 10 AM-4 PM. FREE. Classroom 3

Wednesday, January 2 and 16, 6:30-8:30 PM | Austin PM Toastmasters. Improve your public speaking and leadership skills. Please RSVP to vpm@apmtoastmasters.org. FREE. Classroom 8

Saturday, January 5 and 19, 10-11 AM | Austin Japanese Minyo: Beginners Japanese Folk Dance Class. Learn traditional Japanese folk dances led by Suzuko "Suzie" Claywell. Visit facebook.com/austinminyo for more information. FREE. Classroom 8.

Saturday, January 5, 19, 1-5 PM | Chang Sen Xue Longevity Association Presents: Longevity Workshop. Longevity practice improves our body's healing ability through channeling and adjusting energy flow in the body. The practice is offered, free of charge, to those who are interested in maintaining health without medical intervention. Visit longevity.org for more details. FREE. Classroom 1

Saturday, January 5, 6-10:30 PM | Namaste Nepali Cultural Music Festival Namaste Entertainment brings you one of the most awaited music events in upcoming new year 2019 "Samir Acharya and Reshma Sunuwar" Nepalese modern folk singers, musicians and writers of Nepal. Visit eventbrite.com/e/samir-acharya-and-reshma-sunuwar-new-year-2019-tickets-53498183507 to purchase tickets. Ballroom.

Tuesday, January 8, 10-11 AM | GAACC Basic Google Workshop: Using Data to Drive Growth Using Data to Drive Growth presented by Google. FREE. To register, visit austinasianchamber.org. Ballroom

Wednesday, January 9, 10-12 PM | Homeschool Action: Peace and Conflict in Asian America Participating children ages 6-12 will learn in a nonthreatening classroom environment how wars have affected Japanese Americans and refugees from Vietnam and other conflict areas in Asia. Explore their lives through story time, games, and Peace Board craft activity. Call 512-974-1700 or email aarc@austintexas.gov to register. \$3.00 per child. Classroom 1

Thursday, January 9, 10-12 PM | Conscious Transformation Join Jason Schwarz as he teaches a series on the Introduction to the Inner Matrix - A Free 5 Week Mindfulness and Meditation. For more information visit theinnermatrix.com. FREE. Classroom 1

Saturday, January 12, 10:30 AM-12 PM | Austin Transportation Department Imagine Austin Speaker Series: Mobile Justice Please join us as we welcome Dr. Lugo, who will share her work on a building movement called "mobility justice," the practice of accounting for the diverse vulnerabilities that individuals carry with them as they travel through shared public spaces. How can cities, including Austin, use mobility justice to guide future investment in transportation systems? For more information visit austintexas.gov/speakerseries. FREE and open to the public. Ballroom

Saturday, January 12, 26, 2-5 PM | Chinese Opera Club of Austin The Chinese Opera Club of Austin is dedicated to an effort of introducing and presenting to the public the Peking Opera as an unique part of Chinese culture and tradition. The club is where the amateurs and fans of Chinese Opera from Austin gather to study, practice, perform and entertain. The club has an open-door policy, anyone who is interested is welcome to join. Contact Frank Yang at fyanggm@gmail.com for more details. FREE. Classroom 1

January 14-17, 24, 25, 31 | AARC Master Plan Meetings Austin Parks and Recreation will be hosting the community meetings for the Asian American Resource Center Master Plan Update. These meetings will provide community members a project overview, the goals and objectives of the process, and an opportunity to share their vision and

The Calendar of Events provides a listing of events scheduled at the AARC. Only AARC sponsored events, confirmed rental events and public reservations are listed on the event calendar. Every attempt is made to provide accurate listings, but we cannot guarantee accuracy, service or quality of the listings presented due to unforeseen changes. While we strive to be up to date, the information provided may not always be the most recent information.

The AARC is a public facility with free community rooms available for non-commercial usage and also includes spaces for rental including the AARC Ballroom, Classrooms, Conference Room and Foyer available for public and private functions. To confirm availability of space for a rental booking, please contact Bianca Galvan, Event Coordinator, at 512-974-1696 or bianca.galvan@austintexas.gov.

values of the future of the AARC. Learn more at speakupaustin.org/aarcmp-update. FREE.
(RICE Seniors 1/14-17, 10-11:30 AM Classroom 1); (Artists and Creatives 1/17, 6:30-8 PM Classroom 8); (Renters and Community Room Users 1/24, 6:30-8 PM Classroom 8); (Collaborators and Partners 1/25, 1-2:30 PM Classroom 8); (Community Meeting #2, 1/31, 5-9 PM, Ballroom)

Friday, January 18, 25 | Polyanna Theatre: Creative Drama Class & Create a Play Class Creative Drama Class (age 5-7|9:45-11am) & Create a Play Class (age 8-11|11:15-1pm) For more information and registration, please visit polyannatheatrecompany.org. Classroom 4

Friday, January 18, 6-8PM | Let the Colors Speak: Exhibit Reception Artists Rashmi Thakur and Supriya Kharod, both born in India and both proud Austinites now, document their individual journeys through watercolor and acrylic paintings. Drawing inspiration from the two communities they love, the artists seek to depict the colorful traditions, vibrant life, and diverse culture found in each. Hear from the artists and enjoy snacks and refreshments! Free and open to the public. Exhibits On Display: January 14, 2019 to March 30, 2019. FREE. Ballroom

Saturday, January 19, 2-5 PM | Austin Bright Dance Troupe Austin Bright Dance Troupe is a group of people who like to try different styles. Most are around Chinese folk dance, but we also do Latin and jazz styles. All are welcome. RSVP to austinbrightdancetroupe@gmail.com. FREE. Classroom 8

Saturday, January 19, 2-5 PM | Muslim Space 1 Year Anniversary Muslim Space is turning ONE! We hope you can join us to have some fun! We'd like to celebrate with everyone near and dear, all the wonderful accomplishments we've achieved this year. So come one, come all, Don't worry, it'll be halal! We'll have cake, snacks, games, and more! To purchase tickets please visit eventbrite.com/e/happy-1st-birthday-muslim-space-tickets-53277041064. Ballroom.

Saturday, January 26, 12-2:30 PM | Community Advocacy & Healing Project: Rooted in Community Rooted in Community is our monthly experiences where attendees learn about Community Advocacy and Healing Initiatives, healing techniques, advocacy initiatives, and cultivate community through dialogue. FREE. Classroom 8

Saturday, January 19, 9AM-12PM | NeighborWoods 1,000 Tree Giveaway In partnership with the City of Austin, TreeFolks is giving away 1,000 free trees to Austin Residents and Austin Energy customers through our NeighborWoods program. The event is first come first serve and one tree per person with a Photo I.D, Austin Energy Electricity Bill, or Austin Library Card as proof of residency. Trees are subject to availability. Learn more at treefolks.org/event/neighborwoods-1000-tree-giveaway-2. FREE. Great Lawn

Thursday, January 24, 31 6:15-8 PM | Aikido Classes. Aikido embodies the unifying philosophy of yin and yang and opens a path to universal balance. It does not require strength or aggression to be effective. The emphasis in Aikido practice is to develop each person's skills in accordance with their physical abilities and to practice safely in a non-competitive environment. Beginner or advanced, all are welcome, join us for this traditional Japanese martial art that is practiced by more than a million people around the world. For questions, email Seagan at siyokelly@gmail.com or just show up few minutes early. FREE. Classroom 1

Saturday, January 26 through May 4, 9:30-11:30 AM | Vietnamese as a Second Language Class Truc Viet offers popular basic conversational and grammar lessons for everyday usage at home and around town. The focus will be on speaking and listening. Reading and writing will also be covered. For its spring session, Truc Viet is now offering three levels: introductory, elementary, and intermediate. For more information and registration, please visit trucviet.org/vsl. Conference Room

Saturday, January 26 6-10 PM | 2019 IACT Republic Day Gala Join us on Republic Day 2019 for an amazing evening filled with distinguished speakers, great conversation, cultural performances, and dinner. One of this year's themes will be celebrating and honoring the brave South Asians who ran for elected office in the midterms. We look forward to hearing their inspiring experiences! For more information and tickets visit facebook.com/events/827808980722828/. Ballroom

Monday, January 28, 10:30-11:00 AM | Holistic Yoga Class (75min). Holistic Yoga class with Kyung combines breathing and meditation with stretching and joint opening exercises designed to open your meridian channels to release stress, heal the mind, body and spirit and maintain your wellbeing. Many have experienced pain relief, better sleep, weight loss and healing from many symptoms. All levels are welcome. Please bring your own mat, if you have one, otherwise let Kyung know, she can bring one for you. For questions, email Kyung at kyiokelly@gmail.com or just show up few minutes early. It is recommended that breakfast be eaten before 9am for 10:30am class. FREE. Classroom 1

RICE (ONGOING)

Mon.-Thurs., 9:30-11:30 AM | **Senior Tea & Coffee.** Community Room 8
Mon.-Thurs., 11:30 AM-12:30 PM | **Senior Lunch Social.** Community Room 8
Mon., January 7, 21, 28 10:30-11:30 AM | **Qigong w/ Dong Po Huang,** Ballroom
Tues., January 8, 22, 29 10:30-11:30 AM | **Kung Fu Dance w/ Long Feng,** Ballroom
Wed., January 2, 9, 23, 30 10:30-11:30 AM | **Gentle Yoga.** Ballroom
Thurs., January 3 10:15 AM-12 PM | **Ip Sun Tai Chi w/ Vince Cobalis.** Ballroom
Thurs., January 10, 24, 31 10-11 AM | **Tai Chi w/ Frank Lee.** Ballroom
Thurs., January 10, 24, 31 11AM-12 PM | **Active Fitness w/ Rosina Lee.** Ballroom