



# ASIAN AMERICAN RESOURCE CENTER

## FEBRUARY 2019 EVENTS CALENDAR

Community Room 1 ①

Community Room 8 ⑧

Classrooms ③④⑤⑥

Ballroom ②

Conference Room ①

Library/Computer Lab ①

Great Lawn ①

All events listed are free and open to the public unless otherwise noted

### 1 FRIDAY

- 9:45 POLLYANNA THEATER CREATIVE DRAMA CLASS ④
- 11:00 TAX PREP ③

### 2 SATURDAY

- 9:00 TOASTMASTERS AREA J65 SPEECH CONTEST ⑧
- 10:00 AUSTIN JAPANESE MINYO GROUP ①
- 9:30 TRUC VIET VSL CLASS ①⑥
- 10:00 TAX PREP ③
- 1:00 CHANG SEN XUE LONGEVITOLGY ①

### 4 MONDAY

- 10:30 RICE: QIGONG ②
- 11:00 TAX PREP ③
- 11:30 RICE: SENIOR LUNCH ⑧
- 12:00 DIVINE SPARKS ALLIES GIFT EXCHANGE MEETUP ①

### 5 TUESDAY

- 11:00 RICE: KUNG FU DANCE ②
- 11:30 RICE: SENIOR LUNCH ⑧
- 11:00 TAX PREP ③

### 6 WEDNESDAY

- 10:30 RICE: GENTLE YOGA ②
- 11:30 RICE: SENIOR LUNCH ⑧
- 1:00 TAX PREP ③
- 5:30 AUSTIN ENERGY REGIONAL SCIENCE FESTIVAL ②
- 5:45 ACC ESL CLASS ④⑤⑥
- 6:30 AUSTIN PM TOASTMASTERS ⑧

### 7 THURSDAY

- 10:30 RICE: TAI CHI ②
- 11:00 TAX PREP ③
- 11:30 RICE: SENIOR LUNCH ⑧
- 5:30 AUSTIN ENERGY REGIONAL SCIENCE FESTIVAL ②
- 5:45 ACC ESL CLASS ④⑤⑥
- 6:00 PIONEER CROSSING EAST HOA ⑧

### 8 FRIDAY

- 11:00 TAX PREP ③
- 9:45 POLYANNA THEATER: CREATIVE DRAMA CLASS ④

### 9 SATURDAY

- 9:30 TRUC VIET VSL CLASS ①⑥
- 10:00 TAX PREP ③
- 12:00 DIVINE SPARKS ALLIES GIFT EXCHANGE MEETUP ①
- 4:00 ART OF LIVING MIND AND MEDITATION ①
- 5:30 AUSTIN MOONFLOWER PAG CHINESE NY CELEBRATION ②

### 11 MONDAY

- 9:30 HEALTH SCREENING ⑧
- 10:30 RICE: QIGONG ②
- 11:00 TAX PREP ③
- 11:30 RICE: SENIOR LUNCH ⑧

### 12 TUESDAY

- 11:00 RICE: KUNG FU DANCE ②
- 11:00 TAX PREP ③
- 11:30 RICE: SENIOR LUNCH ⑧

### 13 WEDNESDAY

- 10:30 RICE: GENTLE YOGA ②
- 11:30 RICE: SENIOR LUNCH ⑧
- 1:00 TAX PREP ③
- 1:30 GAACC CONNECT FORUM ②③
- 5:45 ACC ESL CLASS ④⑤⑥

### 14 THURSDAY

- 10:30 RICE: TAI CHI ②
- 11:00 TAX PREP ③
- 11:30 RICE: SENIOR LUNCH ⑧
- 5:45 ACC ESL CLASS ④⑤⑥

### 15 FRIDAY

- 9:45 POLYANNA THEATER: CREATIVE DRAMA CLASS ④
- 10:00 LITTLE SEEDLINGS STORYTIME: CHINA ⑧
- 11:00 TAX PREP ③
- 7:30 LOUD & PROUD AAPI OPEN MIC ②

### 16 SATURDAY

- 9:30 TRUC VIET VSL CLASS ①⑥
- 10:00 AUSTIN JAPANESE MINYO GROUP ⑧
- 10:30 KAGAMIDAIKO AUSTIN JAPANESE DRUMMING WORKSHOP ①
- 10:00 TAX PREP ③
- 1:00 CHANG SEN XUE LONGEVITOLGY ①

### 18 MONDAY

CITY HOLIDAY: PRESIDENT'S DAY AARC CLOSED

### 19 TUESDAY

- 11:00 RICE: KUNG FU DANCE ②
- 11:00 TAX PREP ③
- 11:30 RICE: SENIOR LUNCH ⑧

### 20 WEDNESDAY

- 10:30 HEARTFULLNESS MEDITATION ②
- 1:00 TAX PREP ③
- 5:45 ACC ESL CLASS ④⑤⑥
- 6:30 AUSTIN PM TOASTMASTERS ⑧

### 21 THURSDAY

- 10:30 RICE: TAI CHI ②
- 11:00 TAX PREP ③
- 11:30 RICE: SENIOR LUNCH ⑧
- 5:45 ACC ESL CLASS ④⑤⑥

### 22 FRIDAY

- 9:45 POLYANNA THEATER: CREATIVE DRAMA CLASS ④
- 11:00 TAX PREP ③

### 23 SATURDAY

- 9:30 TRUC VIET CLASS ①⑥
- 10:30 FAMILY HASYA LAUGHTER YOGA ②
- 10:00 TAX PREP ③
- 12:00 TEXAS HANDMAIDS MEET UP ⑧
- 2:00 CHINESE OPERA CLUB OF AUSTIN ①

### 25 MONDAY

- 10:30 RICE: QIGONG ②
- 11:00 TAX PREP ③
- 11:30 RICE: SENIOR LUNCH ⑧

### 26 TUESDAY

- 11:00 RICE: KUNG FU DANCE ②
- 11:30 RICE: SENIOR LUNCH ⑧
- 11:00 TAX PREP ③

### 27 WEDNESDAY

- 10:30 RICE: GENTLE YOGA ②
- 11:30 RICE: SENIOR LUNCH ⑧
- 1:00 TAX PREP ③
- 6:30 CALL HER GANDA FILM SCREENING ②
- 5:45 ACC ESL CLASS ④⑤⑥

### 28 THURSDAY

- 10:30 RICE: TAI CHI ②
- 11:00 TAX PREP ③
- 11:30 RICE: SENIOR LUNCH ⑧
- 5:45 ACC ESL CLASS ④⑤⑥



The City of Austin is proud to comply with the American Disabilities Act. If you require special assistance for participation in our programs or use of our facilities, please call 512-974-3914

8401 Cameron Road  
Austin, Texas 78754  
512-974-1700



## FEBRUARY 2019 EVENT DETAILS

**Friday, February 1, 8, 15, 22 | Polyanna Theater: Creative Drama Class & Create a Play Class.** Creative Drama Class (age 5-7|9:45-11am) & Create a Play Class (age 8-11|11:15-1pm) For more information and registration, please visit [polyannatheatrecompany.org](http://polyannatheatrecompany.org). Classroom 4

**Saturday, February 2, 9, 16, 23, 9:30-11:30 AM | Truc Viet Vietnamese as a Second Language Classes.** Truc Viet offers popular basic conversational and grammar lessons for everyday usage at home and around town. The focus will be on speaking and listening. Reading and writing will also be covered. For its spring session, Truc Viet is now offering three levels: introductory, elementary, and intermediate. Tuition is \$80 and includes a book and accompanying CD, in addition to course handouts. For more information and registration, please visit [trucviet.org/vsl](http://trucviet.org/vsl). Conference Room, Classroom 6

**Saturday, February 2, 9:30am-12pm | Area J65 Speech Contest.** The best speakers from from Area J65 will be competing in a tall tales and international speech competition. The event is free and open to the public. Light snacks and refreshments will be provided. Winners of this contest will progress on to compete in a Division competition. Toastmasters International is a world leader in communication and leadership development. FREE. Classroom 8

**Saturday, February 2, 16, 10:00-11:00 AM | Austin Japanese Minyo: Beginners Japanese Folk Dance Class.** Learn traditional Japanese folk dances led by Suzuko "Suzie" Claywell. Visit [facebook.com/austinminyo](http://facebook.com/austinminyo) for more information. FREE. (2/2/19, Classroom 1) (2/16/19, Classroom 8)

**Saturday, February 2, 16, 1-5 PM | Chang Sen Xue Longevity Association Presents: Longevity.** Longevity practice improves our body's healing ability through channeling and adjusting energy flow in the body. The practice is offered, free of charge, to those who are interested in maintaining health without medical intervention. Visit [longevity.org](http://longevity.org) for more details. FREE. Classroom 1

**Monday, February 4, 9, 12-1:30 PM | Divine Spark Allies Gift Exchange Meetup.** This event is a meetup for those who wish to exchange their gift or talent with others. It will be a brown bag lunch meeting held to share our gift/talent offerings to the world and to request an exchange. Our intention is to invite all who are interested in connecting with other divine sparks and have fun in learning about each other's gifts & talents, and if we choose, to express our needs & desires also. FREE. Classroom 1

**Wednesday, February 6, 20, 6:30-8:30 PM | Austin PM Toastmasters.** Improve your public speaking and leadership skills. Please RSVP to [vpm@apmtoastmasters.org](mailto:vpm@apmtoastmasters.org). FREE. Classroom 8

**Wednesday, February 6-7, 5:30-7 PM | Austin Energy Regional Science Festival Judge Orientation.** This is an orientation for the judges of the Austin Energy Regional Science Festival which is a competition for students from 23 school districts and 12 counties who are advancing from their local schools and is among the largest of the 13 regional science fairs held in Texas. More than 3,500 third - twelfth grade students and their families attend each year. The festival offers a public viewing of the science projects, educational booths and scientific demonstrations for the kids. It is a valuable way to support our community by investing in our most important resource, our future. FREE. Ballroom.

**Thursday, February 7, 6-8 PM | Pioneer Crossing East Homeowners Association Meeting.** Pioneer Crossing East Homeowners Association Board Meeting to discuss topics pertaining to the neighborhood. FREE. Classroom 8

**Saturday February 9, 4-5 PM | Art of Living Foundation of Mind and Meditation.** In this 1-hour session you will learn simple yet powerful breathing techniques, experience guided meditation, learn about different sources of energy and the tendencies of your mind - all of which will dissolve your stress and leave you with a smile! No prior experience is necessary, all are welcome to attend. FREE. Classroom 1

The Calendar of Events provides a listing of events scheduled at the AARC. Only AARC sponsored events, confirmed rental events and public reservations are listed on the event calendar. Every attempt is made to provide accurate listings, but we cannot guarantee accuracy, service or quality of the listings presented due to unforeseen changes. While we strive to be up to date, the information provided may not always be the most recent information.

The AARC is a public facility with free community rooms available for non-commercial usage and also includes spaces for rental including the AARC Ballroom, Classrooms, Conference Room and Foyer available for public and private functions. To confirm availability of space for a rental booking, please contact Bianca Galvan, Event Coordinator, at 512-974-1696 or [bianca.galvan@austintexas.gov](mailto:bianca.galvan@austintexas.gov).

**Saturday, February 9, 5:30 - 9:00 PM | Chinese New Year Celebration Presented by Austin Moonflower Performing Arts Group.** Celebrate Chinese New Year with modern and traditional Chinese music, dance, Peking Opera, gongfu, qipao fashion show, and more. Performances and lottery drawings begin at 7pm. Chinese food samples and free photo booth open at 5:30pm. Organized by Austin Moonflower Performing Arts Group and presented in collaboration with the City of Austin's Asian American Resource Center. For tickets visit [form.jotform.com/90017132715144](http://form.jotform.com/90017132715144). \$10. Ballroom

**Wednesday, February 13, 1:30-5 PM | Connect Forum for Small Business.** Are you a small business? Attend this certification workshop conducted by Sol Ybarra, Small Business Development Coordinator for Austin Community College (ACC) District. She will go over ACC's Small Business Development Program small and local businesses. After the workshop there is a round-table networking session with public agencies and prime contracting businesses looking for Asian American, women, veteran and other minority enterprises to contract with. For more information and to register please visit [austinasianchamber.org/events/details/connect-forum-for-small-business-4182](http://austinasianchamber.org/events/details/connect-forum-for-small-business-4182)

**Friday, February 15, 7:30-9 PM | Loud & Proud: AAPI Open Mic.** Hot Pot Comedy and Y'all We Asian, local Asian American improvisation groups, hosts Loud and Proud Open Mic Night, a quarterly series bringing talent across Austin on stage at the AARC! Come out and share your written work, music, and performances! Performance sign up here: <https://goo.gl/forms/VIeQZDyXWDeElao2>. RSVP recommended but not required at: [aarcatx.eventbrite.com](http://aarcatx.eventbrite.com). FREE. Ballroom

**Friday, February 15, 10-12 PM | Little Seedlings Storytime: China.** Explore with us through the magic of storytelling. Each storytelling session is followed by an interactive activity! To RSVP, visit [aarcatx.eventbrite.com](http://aarcatx.eventbrite.com). FREE. Classroom 8

**Saturday, February 16, 10:30-11 AM | Kagamidaiko Austin: Japanese Drumming Workshop.** Come try Japanese Drumming! This is a one day teen to adult workshop for beginners or intermediate players who would like to experience or review the basics of Japanese drumming. Please wear sport shoes (flat rubber soled) and loose clothing, no jewelry. Limited Spaces email to RSVP [kagamidaiko@hotmail.com](mailto:kagamidaiko@hotmail.com). FREE. Classroom 1

**Saturday, February 23, 10:30-11:30 PM | Family Hasya Laughter Yoga.** Hasya (Laughter) Yoga is a practice of prolonging voluntary laughter with eye contact, jokes, and playfulness between participants. Join instructor Simone Monique Barnes to laugh-out-loud and build connection with your loved ones! FREE. Ballroom

**Saturday, February 23, 12-2 PM | Texas Handmaids Meet Up Work Session.** Join us to learn how you can help advance the cause of reproductive justice in our community. FREE. Classroom 8

**Saturday, February 23, 2-5 PM | Chinese Opera Club of Austin.** The Chinese Opera Club of Austin is dedicated to an effort of introducing and presenting to the public the Peking Opera as an unique part of Chinese culture and tradition. The club is where the amateurs and fans of Chinese Opera from Austin gather to study, practice, perform and entertain. The club has an open-door policy, anyone who is interested is welcome to join. Contact Frank Yang at [fyanggm@gmail.com](mailto:fyanggm@gmail.com) for more details. FREE. Classroom 8

**Wednesday, February 27, 6:30-9 PM | "Call Her Ganda" Film Screening.** Free screening of PJ Raval's feature documentary "Call Her Ganda" followed by Q&A and panel discussion with members from the film team along with local and visiting community members representing Malaya, International Coalition for Human Rights in the Philippines, and a local transgender rights group. For more information please visit [callherganda.com](http://callherganda.com). FREE. Ballroom

**Saturday, January 26 through April 25, different times | Free Tax Prep & Filing.** Foundation Communities' free tax prep and filing clinic returns to the AARC and five other sites throughout Austin and Round Rock for tax season. The clinic is open to anyone who earns under \$55,000. Walk-ins are welcome, but appointments for can be made online or by calling 211. For more information, including a checklist of what to bring, please visit [foundcom.org](http://foundcom.org). Hours at the AARC are as follows: Mondays, Tuesdays and Fridays, 11 AM-4 PM; Wednesday, 1-8 PM; Thursdays, 11 AM-8 PM; and Saturdays, 10 AM-4 PM. FREE. Classroom 3

### RICE (ONGOING)

Mon.-Thurs., 9:30-11:30 AM | **Senior Tea & Coffee.** Community Room 8  
Mon.-Thurs., 11:30 AM-12:30 PM | **Senior Lunch Social.** Community Room 8  
Mon., February 4, 11, 25, 10:30-11:30 AM | **Qigong w/ Dong Po Huang.** Ballroom  
Tues., February 5, 12, 19, 26, 10:30-11:30 AM | **Kung Fu Dance w/ Long Feng.** Ballroom  
Wed., February 6, 13, 27, 10:30-11:30 AM | **Gentle Yoga.** Ballroom  
Thurs., February 7, 21, 10:30 AM-12 PM | **Ip Sun Tai Chi w/ Vince Cobalis.** Ballroom  
Thurs., February 14, 28, 10-11 AM | **Tai Chi w/ Frank Lee.** Ballroom  
Thurs, February 14, 28, 11AM-12 PM | **Active Fitness w/ Rosina Lee.** Ballroom  
Weds., February 20, 9:30-11:30 AM | **Heartfulness Meditation** Ballroom