

KEEPING CHILDREN ENGAGED AND SAFE DURING ONLINE LEARNING

Children Under Age 2

Austin PBS follows the American Academy of Pediatrics guidelines, which say that children younger than 2 cannot learn from a screen. Young children above age 2 learn best from screens through small amounts of time. And they learn better when using technology with people they know.

Beware of Screen Zombies!

What is a screen zombie? A child who is so focused on a screen that they don't see you or hear you if you call their name. If this happens it is time for your child to take a break from the screen. Your child might say no or have a meltdown. Each time you help them step away from the screen it will get easier for your child.



Take Breaks

Regular breaks from screens are important for everyone! Adults can become screen zombies too!

We All Learn Differently



We all learn in our own way! Sometimes a school-aged child may not learn something new just by hearing about it. Using many different resources may help your child learn better. Find an online resource that will help your child learn in a way they will understand.

Find Appropriate Content

Younger children usually have the same screen habits of older children in their home. You can check out reviews of websites, apps, and other online content at commonsensemedia.org. This resource will let you know if a website or app is right for the age of your child.

Apps are Safer

Using apps is usually safer than allowing a child to surf the internet. Phones and tablets can be set up to hide internet browsers from younger children.

PBSKids is a safe place to find things for children ages 2-8 to watch and learn.

Control Access



Most computers, smartphones, and tablets have safety settings. You can use these settings to make sure that what your child is watching is safe for his or her age.

Austin



SUCCESS BY 6
AUSTIN/TRAVIS COALITION

PBSKids.org

Educational videos, interactive games, and hands-on activities

PBS Apps

For apps for all mobile devices, visit <https://pbskids.org/apps>

PBS Parents

Find tools for families on how to use PBS programming with children and ideas of activities at <https://www.pbs.org/parents/>

PBS Learning Media

Explore a massive free database of all things PBS for teachers (PK-12), but available to everyone in the US, at <https://pbslearningmedia.org>

Austin PBS Learning at Home Resources

Learning at home tools available in both English and Spanish can be found at <https://austinpbs.org/resources> or <https://austinpbs.org/recursos>

Austin PBS At-Home Learning

Take a look at all of the PBS shows and tools to support at-home learning for children prekindergarten through high school at <https://austinpbs.org/athome>

OTHER RESOURCES

Bright by Text

Text SmartATX to 274448 to receive free text messages that help families with current information, opportunities, and resources appropriate for children prenatal to 5 years old.

Common Sense Media

Media reviews, advice, and tools for families can be found at <https://www.commonsensemedia.org>