HELP PREVENT DISEASE

Cover Coughs and Sneezes
with a bent elbow or tissue

Wash Hands Often
with soap and water for 20 seconds

Do NOT Touch Your Face
with unwashed hands

Clean and Disinfect
commonly touched surfaces

Wear a Face Covering
and maintain 6 ft. of distance in public

Stay Home When Sick
and avoid close contact with people who are sick

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