

Free or Low-Cost Physical Activity Classes

Zumba & Low Impact Dance

Organization: We Viva

Phone: (512) 397-4182

Email: info@weviva.org

Website: <http://weviva.org/classes-locations/>

Language: English and Spanish

Comments: Free classes; some bilingual, some childcare provided, locations vary

Zumba, Yoga, Bootcamp, Cycling, Belly Dance

Organization: El Buen Samaritano

Phone: (512)-439.8922

Email:

Website: <http://www.elbuen.org/health/exercise-program/>

Language: English and Spanish

Additional Information: \$30 per month for unlimited bilingual classes

Bus: #333