

Nutrition Classes

Sustainable Food Center's The Happy Kitchen/*La Cocina Alegre*

Organization: Sustainable Food Center

Contact: Molly Costigan

Phone: (512)-220-1096

Email: molly@sustainablefoodcenter.org

Website: www.sustainablefoodcenter.org

Language: Spanish and English

Additional Information: Classes meet once a week for six weeks, free cooking and nutrition education

CHOICES

Organization: Capital Area Food Bank

Phone: (512) 684-2538

Email: choices@austinfoodbank.org

Website: <http://www.austinfoodbank.org/how-we-help/choices.html>

Language: Spanish and English

Additional Information: Classes are free and available to anyone who qualifies for SNAP

Whole Health for the Whole Family

Organization: El Buen Samaritano

Contact: Amit Motwani

Phone: (512)439-8917

Website: <http://www.elbuen.org/health/nutrition/>

Language: Spanish and English

Additional Information: open to the public

Bus: #333