

Free or Low-Cost Physical Activity Classes

Zumba & Low Impact Dance

Organization: We Viva

Phone: (512) 397-4182

Email: info@weviva.org

Website: <http://weviva.org/locations/>

Language: English and Spanish

Comments: Free classes; some bilingual, some childcare provided, locations vary

Zumba, Yoga, Salsa, Health & Wellness

Organization: El Buen Samaritano

Phone: (512)-439-0700

Website: <https://elbuen.org/prevention/health-education/>

Language: English and Spanish

Bus: #333

Zumba Dance Exercise

Organization: Primero Health

Phone: 512-433-1796

Email: info@primerohealth.org

Website: www.primerohealth.org/calendar-of-events

Language: English and Spanish

Additional Info: All levels, various locations, FREE