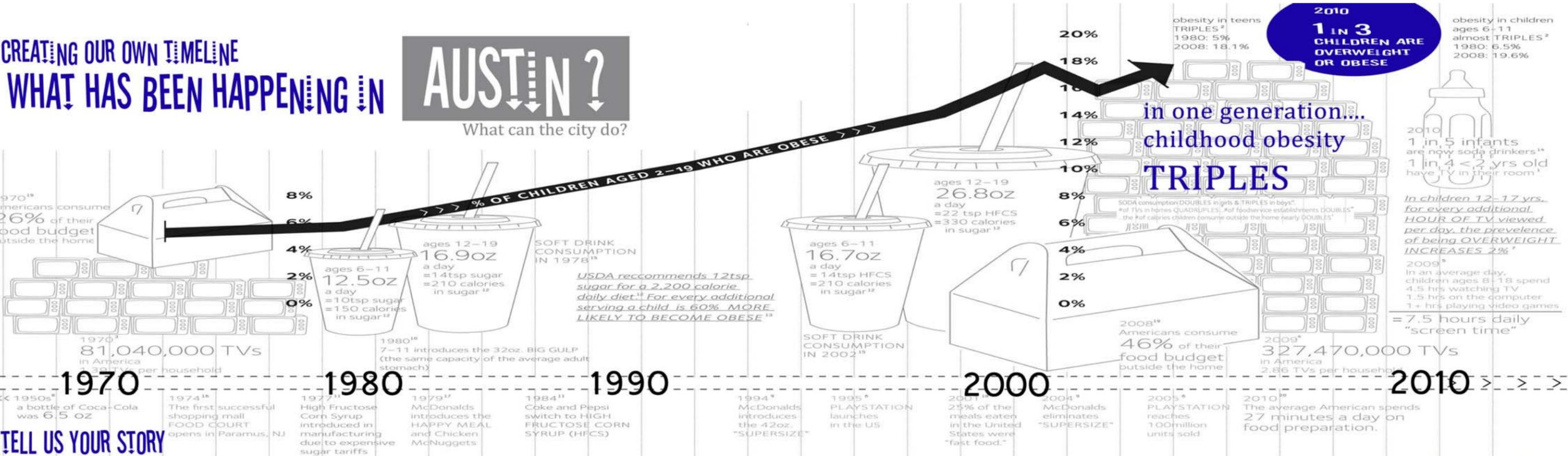


CREATING OUR OWN TIMELINE WHAT HAS BEEN HAPPENING IN

AUSTIN?

What can the city do?



TELL US YOUR STORY



Can we help?
Many say fat chance. But, different roles played by different individuals early on in a child's life can play significant roles in shaping the child's health.

Parents & Caregivers
Get outside and eat together as a family
33% watched TV 3 or more hours per day on average.
25% used computers 3 or more hours per day on average.

Schools
Providing healthy food in schools can increase scores
Stay active
67% did not attend PE classes when they were in school.

Media & Food Companies
Stop advertising
More than half of television advertisements directed at children promote food and beverages such as candy, fast food, snack foods, soft drinks and sweetened breakfast cereals.

What can the city do? Childhood Obesity Forum

TAKE ACTION

REVERSE THE CURVE

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