

# Community Resources

Because everyone has a right to security and health. Don't go without!



## Utility Assistance

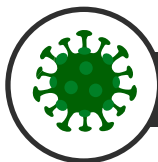
Utility Assistance Programs are available through Austin Energy

Apply at: [austinbillhelp.com](http://austinbillhelp.com) or call **512-765-9721\***



## Rental/Mortgage Assistance

- COA Neighborhood Centers:  
[www.austintexas.gov/department/neighborhood-centers](http://www.austintexas.gov/department/neighborhood-centers) **512-972-5780\***
- Travis County Community Centers:  
[www.traviscounty.gov/health-human-services/community-centers](http://www.traviscounty.gov/health-human-services/community-centers)  
7 different centers  
Call 2-1-1 for locations closest to you



## COVID-19 Testing

- COA Neighborhood Testing (Southeast Branch Library, Little Walnut Creek, & Givens Park) In-home Testing (for individuals with mobility issues)  
[www.AustinTexas.gov/COVID19](http://www.AustinTexas.gov/COVID19) or schedule by phone at **512-972-5560\***
- CommUnity Care Testing Sites  
**512-978-8775\***  
[communitycaretexas.org/coronavirus-updates](http://communitycaretexas.org/coronavirus-updates)



## Food Assistance

There are several food pantries in Austin/Travis County. Call **833-512-CATX** to see which ones are closest to you.

For more information reach out to **2-1-1\*** or [connectatx.org](http://connectatx.org)



## Flu Vaccine

- APH Big Shots and Shots for Tots  
For those without insurance  
[www.austintexas.gov/department/immunizations](http://www.austintexas.gov/department/immunizations) **512-972-5520\***
- Insured individuals can visit CVS, Walgreens, or medical clinic



## Mental/Emotional Health

### Integral Care

Help yourself or someone you know in crisis, get screened for services, or get an appointment for telehealth or face to face services.

[www.integralcare.org](http://www.integralcare.org) **512-472-4357\***

\*These programs serve speakers of many languages in addition to English and Spanish.